



## Story

### Guide

### What

The Story activity combines reflective thinking with literacy skills and creative expression. The pupil is presented with a situation and uses the program's tools to describe how they would resolve that problem - in a written or drawn format.

### Why

Story connects mindful thinking with healthy practice. By teaching pupils to put themselves into the shoes of another, they learn empathy as well as developing their writing skills.

### When

This activity works anytime however it makes a fun premise to any Long Write task as well as other literacy lessons.

Pupils using this program will be more considerate of their actions and more likely to think before they act.

### Learner Activity

You could use this as an individualised writing prompt for a literacy lesson with each pupil writing their own story.

Alternatively, you can set it as a homework task to further expand their emotional reasoning skills at home.

### Class Activity

Empathy is a big part of wellbeing, and you can use this program to teach appreciation of others' points of view. See how your pupils discuss and learn together with the story exercise as a collaborative endeavour.

