



Make a face

Guide

🔍 What

Using Make a Face shows pupils how expressions connect to feelings, teaching them empathy and understanding. Faced with one of many situational questions, the learner creates the face they think the character would make.

❓ Why

For pupils with reduced emotional awareness or ASD-type special needs, this activity teaches them to recognise and understand facial demonstrations of emotion.

📅 When

As part of a targeted intervention for emotional awareness, this activity is invaluable as well as making a fantastic starting point for difficult conversations.

👤 Learner Activity

This activity can be used in a 1:1 intervention for pupils with behavioural difficulties, helping them to open up in a non-verbal way.

Some pupils find it hard to vocalise what they are feeling, and this tool can give them a voice. Over time they will learn to express themselves and understand others better with this tool.

👥 Class Activity

A fantastic opening activity to any PSHE lesson, it also works as a prompt for Long Writes.

You can use the situations in the activity as story prompts for literacy lessons, teaching them how to use expressive and descriptive language.

