



Lesson Book



MODULE A

Keyboard exercises

MODULE B and MODULE C

Optional Modules only

All lessons are in capital letters and range from F/F to F/2 - some lessons within this section are repeated (see relevant notes)

short vowel sounds: a, e, i, o, u

non-phonetic words: he, my, of, the, to

Punctuation: comma, full stop, question mark awareness and others to monitor progress

MODULE D

Full stop. Introduction of l. Short vowels a,e,i,o,u. Punctuation - question mark and comma. Rhyming words with ap, ag, eg, et, id, it, og, ob, ub, ut. Non-phonetic words - the, to.

MODULE E

Dictation. Rhyming words with - ag, en, it, ot, ut. Non-phonetic words - he, my, of. Short vowel sounds.

MODULE F

Non-phonetic words - go, we, by. Three sets of rhyming vertical pairs. Different middle vowels. S as final sound. B and d words. Punctuation - apostrophe. Initial blends.

MODULE G

Punctuation - comma. Double consonant onsets - fl, sl, sk, cl, tr, cr, gr, dr, bl, ck, ff, ll, ss.

MODULE H

Triple blends. End blend rhymes - ant, and, end, ent, ink, int, ump, ish, est. Short vowel sounds. Punctuation - speech marks. Double consonant onset ch, sh.

MODULE I

Th, wh, ng. Non-phonetic word so. Punctuation - hyphen. Double consonant onset - st, br, sw. End blend rhyme - ing. Long a sound, a with magic e, ai, ay. Long e sound.

MODULE J

Long e sound, ee, ea, and y. Ai, ay, ee and y. Long i sound. Punctuation - dash.

MODULE K

l with magic e, y and igh. Long o with magic e, oa, ow, oo, ew. Long u sound, ui. Homophones – hear/here, heel/heal.

MODULE L

Hard and soft c. Ui and soft c. Hard and soft g. Homophones – weak/week, groan/grown, two/too/to. Syllables. Punctuation - semi-colon. Er, ir, ur.

MODULE M

Homophones – which/witch, bean/been, ate/eight, by/buy, meet /meat, some/sum. Grammar – verbs.

MODULE N

The two ow sounds. Homophones – blue/blew, whole/hole, find/fined, their/there, hare/hair. Grammar - nouns. Wh, air and are.

MODULE O

Oi, oy. Punctuation - colon. Homophones – fare/fair, pair/pear, where/wear, night/knight, tale/tail. Nouns, y to ies. Verbs y to ies or ied. Tricky words - said, talk.

MODULE P

Tricky words - cloud, would, should. Homophones – would/wood, knew/new, their/there, you/ewe/yew, bare/bear, horse/hoarse. Ph.

MODULE Q

Homophones – bored/board, flour/flower, aloud/allowed, hire/higher, hour/our, war/wore, stares/stairs, sighs/size, drawer/draw, fir/fur. Silent letters. Ain.

MODULE R

Homophones – source/sauce, guessed/guest, boarder/border, so/sew, there/their. Question and answer.

MODULE S

Ous, tion. Homophones – court/caught, sighed/side, wore/war, wear/where, check/cheque, right/write, minor/miner, heard/herd.

MODULE T

Tion. The two ch sounds. Homophones – mussels/muscles. Ch as k sound. Silent letters.

MODULE U

Double consonants - ss, cc, rr, nn, rr, ll. Hard and soft c. Tion and ous endings. Or, ui, au, ear and ir sounds. Endings - ar, ary, ain, ense. Sounds - er, igh, ough, ier, ar, ou, ould.

SECTIONS X, Y AND Z –

OPTIONAL SUBJECT SPECIFIC SPELLING EXERCISES

LESSON	STARS	RELEVANT NOTES	CONTENTS
Typing 1	None	Words in <i>Black Italic</i> print are to be listened to only and do not appear on screen keyboard exercise	<i>Please press the caps lock key and then type these letters. Press the enter key at the end of each line.</i> ASDF ASDF ASDF ASDF ;LKJ ;LKJ ;LKJ ;LKJ ASDF ;LKJ ASDF ;LKJ ASDFG ;LKJH ASDFG ;LKJH ASDFR ;LKJU ASDFR ;LKJU ASDFV ;LKJM ASDFV ;LKJM
Typing 22	None	keyboard exercise	<i>Please press the caps lock key and then type these letters. Press the enter key at the end of each line.</i> ASDF ;LKJ ASDF ;LKJ ASDFG ;LKJH ASDFG ;LKJH ASDFT ;LKJY ASDFT ;LKJY ASDFB ;LKJN ASDFB ;LKJN ASDFE ;LKJI ASDFE ;LKJI ASDFC ;LKJ, ASDFC ;LKJ,
Typing 3	None	keyboard exercise	<i>Please press the caps lock key and then type these letters. Press the enter key at the end of each line.</i> ASDF ;LKJ ASDF ;LKJ ASDFG ;LKJH ASDFG ;LKJH ASDFW ;LKJO ASDFW ;LKJO ASDFX ;LKJ. ASDFX ;LKJ. ASDFQ ;LKJP ASDFQ ;LKJP ASDFZ ;LKJ/ ASDFZ ;LKJ/

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Typing 4	None	keyboard exercise	<p><i>Please press the caps lock key and then type these letters. Press the enter key at the end of each line.</i></p> <table border="0"> <tr> <td>ASDFG</td> <td>;LKJH</td> <td>GFDSA</td> <td>HJKL;</td> </tr> <tr> <td>ASDFR</td> <td>;LKJU</td> <td>RFDSA</td> <td>UJKL;</td> </tr> <tr> <td>ASDFV</td> <td>;LKJM</td> <td>VFDSA</td> <td>MJKL;</td> </tr> <tr> <td>ASDFT</td> <td>;LKJY</td> <td>TFDSA</td> <td>YJKL;</td> </tr> <tr> <td>ASDFB</td> <td>;LKJN</td> <td>BFDSA</td> <td>NJKL;</td> </tr> <tr> <td>ASDFE</td> <td>;LKJI</td> <td>EFDSA</td> <td>IJKL;</td> </tr> </table>	ASDFG	;LKJH	GFDSA	HJKL;	ASDFR	;LKJU	RFDSA	UJKL;	ASDFV	;LKJM	VFDSA	MJKL;	ASDFT	;LKJY	TFDSA	YJKL;	ASDFB	;LKJN	BFDSA	NJKL;	ASDFE	;LKJI	EFDSA	IJKL;
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Typing 6	None	keyboard exercise	<p><i>Please type these letters. Press the enter key at the end of each line.</i></p> <table border="0"> <tr> <td>Aeiou</td> <td>uoiea</td> <td>aeiou</td> <td>uoiea</td> </tr> <tr> <td>bcde</td> <td>fghij</td> <td>klmno</td> <td>pqrst</td> </tr> <tr> <td>uvwxy</td> <td>z-abc</td> <td>defgh</td> <td>ijklm</td> </tr> <tr> <td>nopqr</td> <td>stuvw</td> <td>xyz-z</td> <td>yxwvu</td> </tr> <tr> <td>tsrqp</td> <td>onmlk</td> <td>jihgf</td> <td>edcba</td> </tr> <tr> <td>uoiea</td> <td>aeiou</td> <td>uoiea</td> <td>aeiou</td> </tr> </table>	Aeiou	uoiea	aeiou	uoiea	bcde	fghij	klmno	pqrst	uvwxy	z-abc	defgh	ijklm	nopqr	stuvw	xyz-z	yxwvu	tsrqp	onmlk	jihgf	edcba	uoiea	aeiou	uoiea	aeiou
Aeiou	uoiea	aeiou	uoiea																								
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uvwxy	z-abc	defgh	ijklm																								
nopqr	stuvw	xyz-z	yxwvu																								
tsrqp	onmlk	jihgf	edcba																								
uoiea	aeiou	uoiea	aeiou																								

LESSON**STARS****RELEVANT NOTES****CONTENTS**

Typing 7

None

keyboard exercise

Please type these words. Press the enter key at the end of each line.

the quick brown fox
jumps over the lazy dog
the quick brown fox
jumps over the lazy dog
the quick brown fox
jumps over the lazy dog

LESSON	STARS	RELEVANT NOTES	CONTENTS
A1	F / F	Words in <i>Black Italic</i> print are to be listened to only and do not appear on screen	<i>Please press the caps lock key and then type these words.</i> BEN MET A DOG. IT HAD A PUP.
A2	F / F	punctuation - full stop	<i>Please press the caps lock key and then type these words.</i> SAM IS A PET DOG. A RAT BIT HIM.
A3	F / F		<i>Please press the caps lock key and then type these words.</i> SAM CAN HOP. BEN CAN GET A VET.
A4	F / F		HOP UP ON A VAN. SIT IN IT.
A5	F / F		DAD HAS A VAN. A BUS HAS HIT IT.
A6	F / F		TIM AND TOM HAD FUN IN A JET.
A7	F / F		TED AND MEG HAD A BAT IN A BAG.
A8	F / F		DAN LET AN ANT RUN UP HIS LEG.
A9	F / F		A BIG BUG HID ON A WET LOG.
A10	F / F	introduction of I	I GOT A BUG. I HAD HIM IN A TIN BOX.
A11	F / F		MEG CAN GET ON A BIG RED BUS.
A12	F / F		A FOX HAS A TAN CUB IN ITS DEN.
A13	F / F		MUM GOT HOT. MUM HAS A FAN.
A14	F / F		I BET I CAN WIN. I BET I CAN GET A CUP.
A15	F / F		I HAD A HOT POT. IT HAD HAM IN IT.

LESSON	STARS	RELEVANT NOTES	CONTENTS
A16	F / F		PAM GOT IN A TUB. PAM GOT WET.
A17	F / F		TIM FED HIS PET HOG. IT HAD A BUN.
A18	F / F		A JUG IS IN A HUT. GET A JUG.
A19	F / F		DAD SET A CUP AND A MUG ON A BOX.
A20	F / F		MUM HAS A RED RUG. A FAT CAT SAT ON IT.
A21	F / F		BOB GOT A BIT HOT. BOB HAD A NAP.
A22	F / F		TOM HAD A BIG RED POT IN HIS VAN.
A23	F / 1	Words in <i>Black Italic</i> print are to be listened to only and do not appear on screen	<i>Please press the caps lock key and then type these words.</i> BEN MET A DOG. IT HAD A PUP.
A24	F / 1		<i>Please press the caps lock key and then type these words.</i> SAM IS A PET DOG. A RAT BIT HIM.
A25	F / 1		<i>Please press the caps lock key and then type these words.</i> SAM CAN HOP. BEN CAN GET A VET.
A26	F / 1		HOP UP ON A VAN. SIT IN IT.
A27	F / 1		DAD HAS A VAN. A BUS HAS HIT IT.
A28	F / 1		TIM AND TOM HAD FUN IN A JET.
A29	F / 1		TED AND MEG HAD A BAT IN A BAG.
A30	F / 1		DAN LET AN ANT RUN UP HIS LEG.

LESSON	STARS	RELEVANT NOTES	CONTENTS						
A31	F / 1		A BIG BUG HID ON A WET LOG.						
A32	F / 1		I GOT A BUG. I HAD HIM IN A TIN BOX.						
A33	F / 1		MEG CAN GET ON A BIG RED BUS.						
A34	F / 1		A FOX HAS A TAN CUB IN ITS DEN.						
A35	F / 1		MUM GOT HOT. MUM HAS A FAN.						
A36	F / 1		I BET I CAN WIN. I BET I CAN GET A CUP.						
A37	F / 1		I HAD A HOT POT. IT HAD HAM IN IT.						
A38	F / 1		PAM GOT IN A TUB. PAM GOT WET.						
A39	F / 1		TIM FED HIS PET HOG. IT HAD A BUN.						
A40	F / 1		A JUG IS IN A HUT. GET A JUG.						
A41	F / 1		DAD SET A CUP AND A MUG ON A BOX.						
A42	F / 1		MUM HAS A RED RUG. A FAT CAT SAT ON IT.						
A43	F / 1		BOB GOT A BIT HOT. BOB HAD A NAP.						
A44	F / 1		TOM HAD A BIG RED POT IN HIS VAN.						
A45	F / 1	short vowel sound a	<p>The vowel here is a.</p> <table border="0"> <tr> <td>CAT</td> <td>MAN</td> <td>RAP</td> </tr> <tr> <td>SAG</td> <td>PAD</td> <td>DAB</td> </tr> </table>	CAT	MAN	RAP	SAG	PAD	DAB
CAT	MAN	RAP							
SAG	PAD	DAB							

LESSON	STARS	RELEVANT NOTES	CONTENTS		
A46	F / 1	short vowel sound e	<i>The vowel here is e.</i> NET KEG	WEB HEM	PEN RED
A47	F / 1	short vowel sound i	<i>The vowel here is i.</i> NIP BIB	SIT WIN	LID FIG
A48	F / 1	short vowel sound o	<i>The vowel here is o.</i> BOX MOP	NOD FOG	POT TOP

LESSON	STARS	RELEVANT NOTES	CONTENTS
B1	F / 1	short vowel sound u	The vowel here is u. HUT JUG FUN MUD RUB BUS
B2	F / 1	dictation - rhyming 'ag' words with different onset	<i>Listen carefully to the following words: rag, sag, bag</i> <i>Now can you type:</i> RAG SAG BAG <i>Listen carefully to the following words: tag, wag, lag</i> <i>Now can you type:</i> TAG WAG LAG
B3	BLANK	dictation - rhyming 'en' words with different onset	<i>Listen carefully to the following words: len, ten, ben</i> <i>Now can you type:</i> LEN TEN BEN <i>Listen carefully to the following words: hen, fen, men</i> <i>Now can you type:</i> HEN FEN MEN
B4	BLANK	dictation - rhyming 'it' words with different onset	<i>Listen carefully to the following words: it, sit, bit</i> <i>Now can you type:</i> IT SIT BIT <i>Listen carefully to the following words: fit, wit, lit</i> <i>Now can you type:</i> FIT WIT LIT
B5	BLANK	dictation - rhyming 'ot' words with different onset	<i>Listen carefully to the following words: pot, lot, cot</i> <i>Now can you type:</i> POT LOT COT <i>Listen carefully to the following words: got, rot, hot</i> <i>Now can you type:</i>

LESSON	STARS	RELEVANT NOTES	CONTENTS
B6	BLANK	dictation - rhyming 'ut' words with different onset	<p>GOT ROT HOT</p> <p><i>Listen carefully to the following words: nut, hut, cut</i></p> <p><i>Now can you type:</i></p> <p>NUT HUT CUT</p> <p><i>Listen carefully to the following words: but, gut, rut</i></p> <p><i>Now can you type:</i></p> <p>BUT GUT RUT</p>
B7	BLANK	dictation - short vowel sounds	MEG GOT A JUG AND A CUP AND SAT ON A LOG.
B8	F / 1		LEN LET A CAT SIT ON HIS LAP.
B9	F / 1		A TOT HAD A NAP IN HIS COT.
B10	F / 1		A GAS MAN SET OFF IN HIS VAN.
B11	F / 1	punctuation - question mark and comma	CAN I CUT A NUT? YES, I CAN CUT IT.
B12	F / 1		A BIG OX CAN TIP UP A LOG.
B13	F / 1		I HAD HAM AND AN EGG AT SIX.
B14	F / 1		MUM HAS A RED RUG. I HAD A NAP ON IT.
B15	F / 1		MAX HIT HIS LEG AND BIT HIS LIP.
B16	F / 1		MAX CAN RUB HIS LEG AND DAB HIS CUT LIP.
B17	F / 1		A PUP GOT A BOX AND SAT ON IT.
B18	F / 1	non-phonetic word THE	A BIG BUG HID ON THE WET LOG.
B19	F / 1		RON DUG THE BIG PIT. RON GOT HOT.

LESSON	STARS	RELEVANT NOTES	CONTENTS
B20	F / 1		SAL CAN GET A PIN AND FIX THE RIP IN THE RUG.
B21	F / 1	non-phonetic word TO	I CAN ASK JAN TO GET THE HAT.
B22	F / 1		SAM IS IN THE MUD. ASK DAD TO DIP HIM IN THE TUB.
B23	F / 1		THE PET HAS GOT WET. DAD IS HOT AND WET.
B24	F / 1		DOT GOT ON THE WEB TO GET A MAP.
B25	F / 1	non-phonetic word HE	ASK SID IF HE HAS A PEN TO JOT ON THE PAD.
B26	F / 1		THE SUN IS HOT ON ZEB AND HE HAS A NAP.
B27	F / 1	non-phonetic word MY	I HAD MY KIT AND A MAP IN MY BAG.
B28	F / 1		MY CAT HAS A BAD CUT. THE VET HAS TO JAB HIM.
B29	F / 1		MEG AND PIP RAN TO GET A DIP. MEG IS NOT WET YET.
B30	F / 1	non-phonetic word OF	THE ANT SAT ON THE RIM OF MY MUG. HE HAD A SIP.
B31	F / 1		THE FOG HID THE TOP OF THE JET.
B32	BLANK	dictation - rhyming 'ap' words with different onset dictation - rhyming 'ag' words with different onset	<i>Listen carefully to the following words: lap, sap, rap</i> <i>Now can you type:</i> LAP SAP RAP <i>Listen carefully to the following words: lag, sag, rag</i> <i>Now can you type:</i> LAG SAG RAG

LESSON	STARS	RELEVANT NOTES	CONTENTS
B33	BLANK	dictation - rhyming 'ed' words with different onset	<i>Listen carefully to the following words: bed, led, fed</i> <i>Now can you type:</i> BED LED FED
		dictation - rhyming 'en' words with different onset	<i>Listen carefully to the following words: ben, len, fen</i> <i>Now can you type:</i> BEN LEN FEN
B34	BLANK	dictation - rhyming 'id' words with different onset	<i>Listen carefully to the following words: bid, lid, hid</i> <i>Now can you type:</i> BID LID HID
		dictation - rhyming 'it' words with different onset	<i>Listen carefully to the following words: bit, lit, hit</i> <i>Now can you type:</i> BIT LIT HIT
B35	BLANK	dictation - rhyming 'og' words with different onset	<i>Listen carefully to the following words: hog, log, cog</i> <i>Now can you type:</i> HOG LOG COG
		dictation - rhyming 'ob' words with different onset	<i>Listen carefully to the following words: hob, lob, cob</i> <i>Now can you type:</i> HOB LOB COB
B36	BLANK	dictation - rhyming 'ub' words with different onset	<i>Listen carefully to the following words: rub, hub, cub</i> <i>Now can you type:</i> RUB HUB CUB
		dictation - rhyming 'ut' words with different onset	<i>Listen carefully to the following words: rut, hut, cut</i> <i>Now can you type:</i> RUT HUT CUT

LESSON	STARS	RELEVANT NOTES	CONTENTS						
B37	BLANK	dictation - short vowel sounds	ZEB IS HOT. HE CAN RUN AND GET A DIP.						
B38	F /2	short vowel sound a	<p><i>The vowel here is a.</i></p> <table border="0"> <tr> <td>CAT</td> <td>MAN</td> <td>RAP</td> </tr> <tr> <td>SAG</td> <td>PAD</td> <td>DAB</td> </tr> </table>	CAT	MAN	RAP	SAG	PAD	DAB
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SAG	PAD	DAB							
B39	F /2	short vowel sound e	<p><i>The vowel here is e.</i></p> <table border="0"> <tr> <td>NET</td> <td>WEB</td> <td>PEN</td> </tr> <tr> <td>KEG</td> <td>HEM</td> <td>RED</td> </tr> </table>	NET	WEB	PEN	KEG	HEM	RED
NET	WEB	PEN							
KEG	HEM	RED							
B40	F /2	short vowel sound i	<p><i>The vowel here is i.</i></p> <table border="0"> <tr> <td>NIP</td> <td>SIT</td> <td>LID</td> </tr> <tr> <td>BIB</td> <td>WIN</td> <td>FIG</td> </tr> </table>	NIP	SIT	LID	BIB	WIN	FIG
NIP	SIT	LID							
BIB	WIN	FIG							
B41	F /2	short vowel sound o	<p><i>The vowel here is o.</i></p> <table border="0"> <tr> <td>BOX</td> <td>NOD</td> <td>POT</td> </tr> <tr> <td>MOP</td> <td>FOG</td> <td>TOP</td> </tr> </table>	BOX	NOD	POT	MOP	FOG	TOP
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MUD	RUB	BUS							
B43	BLANK	dictation - rhyming 'ag' words with different onset	<p><i>Listen carefully to the following words: rag, sag, bag</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>RAG</td> <td>SAG</td> <td>BAG</td> </tr> </table> <p><i>Listen carefully to the following words: tag, wag, lag</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>TAG</td> <td>WAG</td> <td>LAG</td> </tr> </table>	RAG	SAG	BAG	TAG	WAG	LAG
RAG	SAG	BAG							
TAG	WAG	LAG							

LESSON	STARS	RELEVANT NOTES	CONTENTS
B44	BLANK	dictation - rhyming 'en' words with different onset	<p><i>Listen carefully to the following words: len, ten, ben</i> <i>Now can you type:</i> LEN TEN BEN</p> <p><i>Listen carefully to the following words: hen, fen, men</i> <i>Now can you type:</i> HEN FEN MEN</p>
B45	BLANK	dictation - rhyming 'it' words with different onset	<p><i>Listen carefully to the following words: it, sit, bit</i> <i>Now can you type:</i> IT SIT BIT</p> <p><i>Listen carefully to the following words: fit, wit, lit</i> <i>Now can you type:</i> FIT WIT LIT</p>
B46	BLANK	dictation - rhyming 'ot' words with different onset	<p><i>Listen carefully to the following words: pot, lot, cot</i> <i>Now can you type:</i> POT LOT COT</p> <p><i>Listen carefully to the following words: got, rot, hot</i> <i>Now can you type:</i> GOT ROT HOT</p>
B47	BLANK	dictation - rhyming 'ut' words with different onset	<p><i>Listen carefully to the following words: nut, hut, cut</i> <i>Now can you type:</i> NUT HUT CUT</p> <p><i>Listen carefully to the following words: but, gut, rut</i> <i>Now can you type:</i> BUT GUT RUT</p>
B48	BLANK	dictation - short vowel sounds	MEG GOT A JUG AND A CUP AND SAT ON A LOG.

LESSON	STARS	RELEVANT NOTES	CONTENTS
C1	F / 2		LEN LET A CAT SIT ON HIS LAP.
C2	F / 2		A TOT HAD A NAP IN HIS COT.
C3	F / 2		A GAS MAN SET OFF IN HIS VAN.
C4	F / 2		CAN I CUT A NUT? YES, I CAN CUT IT.
C5	F / 2		A BIG OX CAN TIP UP A LOG.
C6	F / 2		I HAD HAM AND AN EGG AT SIX.
C7	F / 2		MUM HAS A RED RUG. I HAD A NAP ON IT.
C8	F / 2		MAX HIT HIS LEG AND BIT HIS LIP.
C9	F / 2		MAX CAN RUB HIS LEG AND DAB HIS CUT LIP.
C10	F / 2		A PUP GOT A BOX AND SAT ON IT.
C11	F / 2		A BIG BUG HID ON THE WET LOG.
C12	F / 2		RON DUG THE BIG PIT. RON GOT HOT.
C13	F / 2		SAL CAN GET A PIN AND FIX THE RIP IN THE RUG.
C14	F / 2		I CAN ASK JAN TO GET THE HAT.
C15	F / 2		SAM IS IN THE MUD. ASK DAD TO DIP HIM IN THE TUB.
C16	F / 2		THE PET HAS GOT WET. DAD IS HOT AND WET.
C17	F / 2		DOT GOT ON THE WEB TO GET A MAP.
C18	F / 2		ASK SID IF HE HAS A PEN TO JOT ON THE PAD.

LESSON	STARS	RELEVANT NOTES	CONTENTS
C19	F / 2		THE SUN IS HOT ON ZEB AND HE HAS A NAP.
C20	F / 2		I HAD MY KIT AND A MAP IN MY BAG.
C21	F / 2		MY CAT HAS A BAD CUT. THE VET HAS TO JAB HIM.
C22	F / 2		MEG AND PIP RAN TO GET A DIP. MEG IS NOT WET YET.
C23	F / 2		THE ANT SAT ON THE RIM OF MY MUG. HE HAD A SIP.
C24	F / 2		THE FOG HID THE TOP OF THE JET.
C25	BLANK	dictation - rhyming 'ap' words with different onset	<p><i>Listen carefully to the following words: lap, sap, rap</i> <i>Now can you type:</i> LAP SAP RAP</p> <p><i>Listen carefully to the following words: lag, sag, rag</i> <i>Now can you type:</i> LAG SAG RAG</p>
C26	BLANK	dictation - rhyming 'ed' words with different onset	<p><i>Listen carefully to the following words: bed, led, fed</i> <i>Now can you type:</i> BED LED FED</p> <p><i>Listen carefully to the following words: ben, len, fen</i> <i>Now can you type:</i> BEN LEN FEN</p>
C27	BLANK	dictation - rhyming 'id' words with different onset	<p><i>Listen carefully to the following words: bid, lid, hid</i> <i>Now can you type:</i> BID LID HID</p> <p><i>Listen carefully to the following words: bit, lit, hit</i> <i>Now can you type:</i> BIT LIT HIT</p>
		dictation - rhyming 'it' words with different onset	

LESSON	STARS	RELEVANT NOTES	CONTENTS
C28	BLANK	dictation - rhyming 'og' words with different onset	<i>Listen carefully to the following words: hog, log, cog</i> <i>Now can you type:</i> HOG LOG COG
		dictation - rhyming 'ob' words with different onset	<i>Listen carefully to the following words: hob, lob, cob</i> <i>Now can you type:</i> HOB LOB COB
C29	BLANK	dictation - rhyming 'ub' words with different onset	<i>Listen carefully to the following words: rub, hub, cub</i> <i>Now can you type:</i> RUB HUB CUB
		dictation - rhyming 'ut' words with different onset	<i>Listen carefully to the following words: rut, hut, cut</i> <i>Now can you type:</i> RUT HUT CUT
C30	BLANK	dictation - short vowel sounds	ZEB IS HOT. HE CAN RUN AND GET A DIP.

LESSON	STARS	RELEVANT NOTES	CONTENTS
D1	F /F	punctuation - full stop	Ben met a dog. It had a pup.
D2	F /F		Sam is a pet dog. A rat bit him.
D3	F /F		Sam can hop. Ben can get a vet.
D4	F /F		Hop up on a van. Sit in it.
D5	F /F		Dad has a van. A bus has hit it.
D6	F /F		Tim and Tom had fun in a jet.
D7	F /F		Ted and Meg had a bat in a bag.
D8	F /F		Dan let an ant run up his leg.
D9	F /F		A big bug hid on a wet log.
D10	F /F	introduction of I	I got a bug. I had him in a tin box.
D11	F /F		Meg can get on a big red bus.
D12	F /F		A fox has a tan cub in its den.
D13	F /F		Mum got hot. Mum has a fan.
D14	F /F		I bet I can win. I bet I can get a cup.
D15	F /F		I had a hot pot. It had ham in it.
D16	F /F		Pam got in a tub. Pam got wet.
D17	F /F		Tim fed his pet hog. It had a bun.
D18	F /F		A jug is in a hut. Get a jug.

LESSON	STARS	RELEVANT NOTES	CONTENTS
D19	F / F		Dad set a cup and a mug on a box.
D20	F / F		Mum has a red rug. A fat cat sat on it.
D21	F / F		Bob got a bit hot. Bob had a nap.
D22	F / F		Tom had a big red pot in his van.
D23	F / 1	Words in <i>Black Italic</i> print are to be listened to only and do not appear on screen short vowel sound a	<i>The vowel here is a.</i> cat man rap sag pad dab
D24	F / 1	short vowel sound e	<i>The vowel here is e.</i> net web pen keg hem red
D25	F / 1	short vowel sound i	<i>The vowel here is i.</i> nip sit lid bib win fig
D26	F / 1	short vowel sound o	<i>The vowel here is o.</i> box nod pot mop fog top
D27	F / 1	short vowel sound u	<i>The vowel here is u.</i> hut jug fun mud rub bus
D28	F / 1		Len let a cat sit on his lap.
D29	F / 1		A tot had a nap in his cot.
D30	F / 1		A gas man set off in his van.
D31	F / 1	punctuation - question mark and comma	Can I cut a nut? Yes, I can cut it.

LESSON	STARS	RELEVANT NOTES	CONTENTS
D32	F / 1		A big ox can tip up a log.
D33	F / 1		I had ham and an egg at six.
D34	F / 1		Mum has a red rug. I had a nap on it.
D35	F / 1		Max hit his leg and bit his lip.
D36	BLANK	dictation - rhyming 'ap' words with different onset	<i>Listen carefully to the following words: lap, sap, rap</i> <i>Now can you type:</i> lap sap rap
		dictation - rhyming 'ag' words with different onset	<i>Listen carefully to the following words: lag, sag, rag</i> <i>Now can you type:</i> lag sag rag
D37	BLANK	dictation - rhyming 'eg' words with different onset	<i>Listen carefully to the following words: beg, leg, peg</i> <i>Now can you type:</i> beg leg peg
		dictation - rhyming 'et' words with different onset	<i>Listen carefully to the following words: bet, let, pet</i> <i>Now can you type:</i> bet let pet
D38	BLANK	dictation - rhyming 'id' words with different onset	<i>Listen carefully to the following words: bid, lid, hid</i> <i>Now can you type:</i> Bid lid hid
		dictation - rhyming 'it' words with different onset	<i>Listen carefully to the following words: bit, lit, hit</i> <i>Now can you type:</i> bit lit hit

LESSON	STARS	RELEVANT NOTES	CONTENTS
D39	BLANK	dictation - rhyming 'og' words with different onset	<p><i>Listen carefully to the following words: hog, log, cog</i> <i>Now can you type:</i> hog log cog</p> <p><i>Listen carefully to the following words: hob, lob, cob</i> <i>Now can you type:</i> hob lob cob</p>
D40	BLANK	dictation - rhyming 'ub' words with different onset	<p><i>Listen carefully to the following words: rub, hub, cub</i> <i>Now can you type:</i> rub hub cub</p> <p><i>Listen carefully to the following words: rut, hut, cut</i> <i>Now can you type:</i> rut hut cut</p>
D41	F / 1		Max can rub his leg and dab his cut lip.
D42	F / 1		A pup got a box and sat on it.
D43	F / 1	non-phonetic word THE	A big bug hid on the wet log.
D44	F / 1		Ron dug the big pit. Ron got hot.
D45	F / 1		Sal can get a pin and fix the rip in the rug.
D46	F / 1	non-phonetic word TO	I can ask Jan to get the hat.
D47	F / 1		Sam is in the mud. Ask Dad to dip him in the tub.
D48	F / 1		The pet has got wet. Dad is hot and wet.

LESSON	STARS	RELEVANT NOTES	CONTENTS
E1	BLANK	dictation - rhyming 'ag' words with different onset	<p><i>Listen carefully to the following words: rag, sag, bag</i></p> <p><i>Now can you type:</i></p> <p>rag sag bag</p> <p><i>Listen carefully to the following words: tag, wag, lag</i></p> <p><i>Now can you type:</i></p> <p>tag wag lag</p>
E2	BLANK	dictation - rhyming 'en' words with different onset	<p><i>Listen carefully to the following words: den, pen, ten,</i></p> <p><i>Now can you type:</i></p> <p>den pen ten</p> <p><i>Listen carefully to the following words: hen, fen, men</i></p> <p><i>Now can you type:</i></p> <p>hen fen men</p>
E3	BLANK	dictation - rhyming 'it' words with different onset	<p><i>Listen carefully to the following words: it, sit, bit</i></p> <p><i>Now can you type:</i></p> <p>it sit bit</p> <p><i>Listen carefully to the following words: fit, wit, lit</i></p> <p><i>Now can you type:</i></p> <p>fit wit lit</p>
E4	BLANK	dictation - rhyming 'ot' words with different onset	<p><i>Listen carefully to the following words: pot, lot, cot</i></p> <p><i>Now can you type:</i></p> <p>pot lot cot</p> <p><i>Listen carefully to the following words: got, rot, hot</i></p> <p><i>Now can you type:</i></p> <p>got rot hot</p>

LESSON	STARS	RELEVANT NOTES	CONTENTS
E5	BLANK	dictation - rhyming 'ut' words with different onset	<p><i>Listen carefully to the following words: nut, hut, cut</i> <i>Now can you type:</i> Nut hut cut</p> <p><i>Listen carefully to the following words: but, gut, rut</i> <i>Now can you type:</i> but gut rut</p>
E6	F / 1		Dot got on the web to get a map.
E7	F / 1	non-phonetic word HE	Ask Sid if he has a pen to jot on the pad.
E8	F / 1		The sun is hot on Zeb and he has a nap.
E9	F / 1	non-phonetic word MY	I had my kit and a map in my bag.
E10	F / 1		My cat has a bad cut. The vet has to jab him.
E11	F / 1		Meg and Pip ran to get a dip. Meg is not wet yet.
E12	F / 1	non-phonetic word OF	The ant sat on the rim of my mug. He had a sip.
E13	F / 1		The fog hid the top of the jet.
E14	BLANK	dictation - short vowel sounds	Meg got a jug and a cup and sat on a log.
E15	BLANK	dictation - short vowel sounds	Zeb is hot. He can run and get a dip.
E16	F / 2		Pip sat on a log and got a tan.
E17	F / F / B		let lap sit log got tan
E18	F / 2		Nan can tip the tin of cod in the pan.

LESSON	STARS	RELEVANT NOTES	CONTENTS
E19	F / F / B		in tip cod nan yes pan
E20	F / 2		The pet got wet. I had to get a mop.
E21	F / F / B		fin to the wet mop pet
E22	F / 2		Ask if I can run to the hut to get a box.
E23	F / F / B		get up hut can run box
E24	F / 2		Sid sat on a tin and had a jam bun.
E25	F / F / B		sat jig tin hid jam bun
E26	F / 2		The imp got mad as the elk sat on him.
E27	F / F / B		Imp on as him mad elk
E28	F / 2		Bob has got red pop. He has it in a tin can.
E29	F / F / B		pop has it ram bob red
E30	F / 2		He can sip his pop and jog in the sun.
E31	F / F / B		mug he pot ham jog fan
E32	F / 2		My hat has a rip on its rim. I get a pin and fix it.

LESSON	STARS	RELEVANT NOTES	CONTENTS
E33	F / F / B		Hat its fix rim hum pin
E34	F / 2		Pam got a big pig and led it up to my van.
E35	F / F / B		led pig my got van big
E36	F / 2		Max has an ink pen. The nib is the tip.
E37	F / F / B		tip nib an pen has ink
E38	F / 2		Ted has a cab. He has a tin of wax to rub on it.
E39	F / F / B		hip cab of bin wax rub

LESSON	STARS	RELEVANT NOTES	CONTENTS
F1	F / 2	non-phonetic word GO	Get set and go to the sun. Hop on a jet.
F2	F / F / B		sun jet go hop the set
F3	F / 2		As I sat in my den, an ant ran up my leg.
F4	F / F / B		ran wit sat ant leg den
F5	F / 2		Dot and I ask if we can go and act.
F6	F / F / B		we beg if dot and ask
F7	BLANK	dictation - short vowel sounds	Jim has a hen in a hut. It is a fat hen.
F8	F / 2		I act as a fox cub and Dot is a red bug.
F9	F / F / B		din gun act cub bug fox
F10	F / 2		The ant ran to the end of the log and hid.
F11	F / F / B		ran log the sum hum end
F12	F / 2	non-phonetic word BY	Meg the nun sat by the bed and had pop in a cup.
F13	F / F / B		bed had by wed nun pop
F14	F / 2		Jim did not let the fox get in the hen pen.

LESSON	STARS	RELEVANT NOTES	CONTENTS
F15	F / F / B		not let get pen hen did
F16	F / 2		Jim has an egg in his egg cup but it is hot.
F17	F / F / B		jut his hot cup but egg
F18	F / 2		I bit the pen and got red ink on my lip.
F19	F / F / B		set lip bit got rot peg
F20	BLANK	dictation - same onset, different middle vowel 3 sets of rhyming vertical pairs	<i>Listen carefully to the following words: tan, ten, tin</i> <i>Now can you type:</i> tan ten tin <i>Listen carefully to the following words: pan, pen, pin</i> <i>Now can you type:</i> pan pen pin
F21	BLANK	dictation - same onset, different middle vowel 3 sets of rhyming vertical pairs	<i>Listen carefully to the following words: bed, bad, bid</i> <i>Now can you type:</i> bed bad bid <i>Listen carefully to the following words: led, lad, lid</i> <i>Now can you type:</i> led lad lid
F22	BLANK	dictation - same onset, different middle vowel 3 sets of rhyming vertical pairs	<i>Listen carefully to the following words: hit, hot, hat</i> <i>Now can you type:</i> hit hot hat <i>Listen carefully to the following words: pit, pot, pat</i> <i>Now can you type:</i> pit pot pat

LESSON	STARS	RELEVANT NOTES	CONTENTS
F23	BLANK	dictation - same onset, different middle vowel 3 sets of rhyming vertical pairs	<p><i>Listen carefully to the following words: bug, bog, bag</i> <i>Now can you type:</i></p> <p>bug bog bag</p> <p><i>Listen carefully to the following words: lug, log, lag</i> <i>Now can you type:</i></p> <p>lug log lag</p>
F24	BLANK	dictation - same onset, different middle vowel 3 sets of rhyming vertical pairs	<p><i>Listen carefully to the following words: set, sit, sat</i> <i>Now can you type:</i></p> <p>set sit sat</p> <p><i>Listen carefully to the following words: bet, bit, bat</i> <i>Now can you type:</i></p> <p>bet bit bat</p>
F25	F / 1	s as final sound	My Dad has a bad cut and he dabs it.
F26	F / 1		Did Mum get Bob his bib?
F27	F / F / B	b and d words	<p>bib bob did</p> <p>bed dab dad</p>
F28	F / 1		The fox cubs ran into the dens and hid.
F29	F / 1		The kit bag is red. It has red zips.
F30	F / F / B		<p>kit into zips</p> <p>cubs dens fox</p>
F31	F / 1		My pals and I cut six logs into bits.
F32	F / 1		Sal gets onto the bed and nods off.

LESSON	STARS	RELEVANT NOTES	CONTENTS
F33	F / F / B		logs bits gets nods onto pals
F34	F / 1	punctuation - apostrophe	Dad's egg is hot. He pops it in a cup.
F35	F / 1		Mum fed the pets. The cats had cod.
F36	F / F / B		cats cod cup egg pets pops
F37	BLANK	dictation - s as final sound	Max runs by me to get his bag. He zips up his bag. He has got his pens in it.
F38	F / 1	initial blends	We stop and plan a trip up the glen.
F39	F / 1		I grab the map from Stan and pat it flat.
F40	F / F / B		plan flat trip flap glen grab
F41	F / 1		I am glad Fran met me at the club.
F42	F / 1		Fran and I swim to get trim and fit.
F43	F / F / B		swim glad trim club trap flip
F44	F / 1		Fred is glum. He trod in the mud and slid.
F45	F / 1		Brad grabs Fred and drags him from the mud.
F46	F / F / B		drag glum slid trod plus from

LESSON	STARS	RELEVANT NOTES	CONTENTS
G1	F / 1	final blends	The imp asks the elf to help him mend his vest.
G2	F / 1		The elf went to get his best pins.
G3	F / F / B		asks help sent mend went vest
G4	F / 1		The mink sat on the damp sand by the pond.
G5	F / 1	punctuation - comma	Next, it went off to hunt. The mist hid the mink.
G6	F / F / B		mink mist hunt bank sand next
G7	F / 1		The task is to set up camp by dusk.
G8	F / 1		The west wind has kept up and bent the tent pegs.
G9	F / F / B		task kept camp dusk west bent
G10	BLANK	dictation - double consonant onset 'fl'	<i>Listen carefully to the following words: lip, flip</i> <i>Now can you type:</i> lip flip <i>Listen carefully to the following words: lap, flap</i> <i>Now can you type:</i> lap flap <i>Listen carefully to the following words: lop, flop</i> <i>Now can you type:</i> lop flop

LESSON	STARS	RELEVANT NOTES	CONTENTS
G11	BLANK	dictation - double consonant onset 'sl'	<p><i>Listen carefully to the following words: lip, slip</i> <i>Now can you type:</i> lip slip</p> <p><i>Listen carefully to the following words: lap, slap</i> <i>Now can you type:</i> lap slap</p> <p><i>Listen carefully to the following words: lop, slop</i> <i>Now can you type:</i> lop slop</p>
G12	BLANK	dictation - double consonant onset 'sk'	<p><i>Listen carefully to the following words: lip, slip</i> <i>Now can you type:</i> lip slip</p> <p><i>Listen carefully to the following words: lap, slap</i> <i>Now can you type:</i> lap slap</p> <p><i>Listen carefully to the following words: lop, slop</i> <i>Now can you type:</i> lop slop</p>
G13	BLANK	dictation - double consonant onset 'cl'	<p><i>Listen carefully to the following words: lip, clip</i> <i>Now can you type:</i> lip clip</p> <p><i>Listen carefully to the following words: lop, clop</i> <i>Now can you type:</i> lop clop</p> <p><i>Listen carefully to the following words: lap, clap</i> <i>Now can you type:</i> lap clap</p>

LESSON	STARS	RELEVANT NOTES	CONTENTS						
G14	BLANK	dictation - double consonant onset 'tr'	<p><i>Listen carefully to the following words: rot, trot</i> <i>Now can you type:</i> rot trot</p> <p><i>Listen carefully to the following words: rip, trip</i> <i>Now can you type:</i> rip trip</p> <p><i>Listen carefully to the following words: rap, trap</i> <i>Now can you type:</i> rap trap</p>						
G15	BLANK	dictation - double consonant onset 'tr'	<p><i>Listen carefully to the following words: rim, trim</i> <i>Now can you type:</i> rim trim</p> <p><i>Listen carefully to the following words: ram, tram</i> <i>Now can you type:</i> ram tram</p> <p><i>Listen carefully to the following words: rap, trap</i> <i>Now can you type:</i> rap trap</p>						
G16	F / 2		Frank has a gulp of drink from his flask.						
G17	F / 2		The flask tilts and the drink is spilt.						
G18	F / F / B		<table border="0"> <tr> <td>drink</td> <td>gulp</td> <td>spilt</td> </tr> <tr> <td>flask</td> <td>flint</td> <td>crust</td> </tr> </table>	drink	gulp	spilt	flask	flint	crust
drink	gulp	spilt							
flask	flint	crust							
G19	F / 2		The raft drifts and Glenda swims fast to get it.						
G20	F / 2		Glenda gets cramp but just grabs the mast.						

LESSON	STARS	RELEVANT NOTES	CONTENTS
G21	F / F / B		fast mast raft drift cramp glint
G22	F / 2	punctuation - exclamation mark	Gavin is a scamp! He plans a grand prank.
G23	F / 2		As Gavin plots, he rubs his hands and grins.
G24	F / F / B		scamp stump grins grand prank plots
G25	F / 2		Robin scans the snaps from his last trip.
G26	F / 2		The seven best prints get sent to the web.
G27	F / F / B		snaps scans last seven print blunt
G28	BLANK	dictation - double consonant onset 'cr'	<i>Listen carefully to the following words: rib, crib</i> <i>Now can you type:</i> rib crib <i>Listen carefully to the following words: ram, cram</i> <i>Now can you type:</i> ram cram <i>Listen carefully to the following words: rag, crag</i> <i>Now can you type:</i> rag crag

LESSON	STARS	RELEVANT NOTES	CONTENTS
G29	BLANK	dictation - double consonant onset 'gr' and 'sl'	<p><i>Listen carefully to the following words: rip, grip, grin</i> <i>Now can you type:</i> rip grip grin</p> <p><i>Listen carefully to the following words: lap, slap, slam</i> <i>Now can you type:</i> lap slap slam</p>
G30	BLANK	dictation - double consonant onset 'dr' and 'fl'	<p><i>Listen carefully to the following words: rip, drip, drop</i> <i>Now can you type:</i> rip drip drop</p> <p><i>Listen carefully to the following words: lip, flip, flop</i> <i>Now can you type:</i> lip flip flop</p>
G31	BLANK	dictation - double consonant onset 'tr' and 'bl'	<p><i>Listen carefully to the following words: rug, trug</i> <i>Now can you type:</i> rug trug</p> <p><i>Listen carefully to the following words: led, bled</i> <i>Now can you type:</i> led bled</p> <p><i>Listen carefully to the following words: lot, blot</i> <i>Now can you type:</i> lot blot</p>
G32	BLANK	dictation - initial and final blends	Fred the plump frog jumps from the bank into the pond.
G33	F / 2	ck	Jack kept sand in the back of his truck.
G34	F / 2		The sand spilt and Jack swept up the mess.
G35	F / F / B		back kept spilt mess swept less

LESSON	STARS	RELEVANT NOTES	CONTENTS						
G36	F / 2	ff, ll and ss	The boss tells Miss Ross and the staff to sell all the stuff.						
G37	F / 2	ck, ff, ll and ss	Bill sells the brass clock and Bess sells a doll in a stiff pink dress.						
G38	F / F / B		<table border="0"> <tr> <td>yell</td> <td>stuff</td> <td>all</td> </tr> <tr> <td>clock</td> <td>dress</td> <td>sells</td> </tr> </table>	yell	stuff	all	clock	dress	sells
yell	stuff	all							
clock	dress	sells							
G39	F / 2		The smells from the grill drift across to Mick.						
G40	F / 2		Mick snacks on the cress as he adds it to the egg salad.						
G41	BLANK	dictation - double consonant onset 'fl', 'tr' and 'st' with end blend rhyme 'ick'	<p><i>Listen carefully to the following words: lick, flick</i> <i>Now can you type:</i> lick flick</p> <p><i>Listen carefully to the following words: rick, trick</i> <i>Now can you type:</i> rick trick</p> <p><i>Listen carefully to the following words: tick, stick</i> <i>Now can you type:</i> tick stick</p>						
G42	F / F / B		<table border="0"> <tr> <td>grill</td> <td>snack</td> <td>spell</td> </tr> <tr> <td>salad</td> <td>across</td> <td>gruff</td> </tr> </table>	grill	snack	spell	salad	across	gruff
grill	snack	spell							
salad	across	gruff							
G43	BLANK	dictation - ck, ll, ss, ff endings	Bill stamps off. He is cross and grim. His truck is still stuck in the soft black mud.						

LESSON	STARS	RELEVANT NOTES	CONTENTS						
H1	F / 2	triple blends	Brenda packs the scrap and junk from the loft onto a truck.						
H2	F / 2		At the dump Brenda splits up the junk to drop into the skips.						
H3	F / F / B		<table border="0"> <tr> <td>strap</td> <td>strip</td> <td>junk</td> </tr> <tr> <td>packs</td> <td>truck</td> <td>split</td> </tr> </table>	strap	strip	junk	packs	truck	split
strap	strip	junk							
packs	truck	split							
H4	F / 2		At dusk the twins sprint up the track on the hill.						
H5	F / 2		The lads stand and gasp at the splendid sunset.						
H6	BLANK	dictation - end blend rhymes 'ant' and 'and'	<p><i>Listen carefully to the following words: ant, rant, grant</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>ant</td> <td>rant</td> <td>grant</td> </tr> </table> <p><i>Listen carefully to the following words: and, rand, grand</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>and</td> <td>rand</td> <td>grand</td> </tr> </table>	ant	rant	grant	and	rand	grand
ant	rant	grant							
and	rand	grand							
H7	BLANK	dictation - end blend rhymes 'end' and 'ent'	<p><i>Listen carefully to the following words: end, lend, spend</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>end</td> <td>lend</td> <td>spend</td> </tr> </table> <p><i>Listen carefully to the following words: sent, rent, brent</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>sent</td> <td>rent</td> <td>brent</td> </tr> </table>	end	lend	spend	sent	rent	brent
end	lend	spend							
sent	rent	brent							
H8	BLANK	dictation - end blend rhymes 'ink' and 'int'	<p><i>Listen carefully to the following words: ink, rink, brink</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>ink</td> <td>rink</td> <td>brink</td> </tr> </table> <p><i>Listen carefully to the following words: lint, glint, flint</i></p> <p><i>Now can you type:</i></p> <table border="0"> <tr> <td>lint</td> <td>glint</td> <td>flint</td> </tr> </table>	ink	rink	brink	lint	glint	flint
ink	rink	brink							
lint	glint	flint							

LESSON	STARS	RELEVANT NOTES	CONTENTS
H9	BLANK		<p><i>Listen carefully to the following words: bump, jump, dump</i> <i>Now can you type:</i> bump jump dump</p> <p><i>Listen carefully to the following words: lump, clump, plump</i> <i>Now can you type:</i> lump clump plump</p>
H10	BLANK		<p>Listen carefully to the following words: strip, strap, strut Now can you type: strip strap strut</p> <p>Listen carefully to the following words: scam, scrap, scrub Now can you type: scam scrap scrub scrub splint track twins sunset skips sprint splendid stand</p>
H11	F / F / B		
H12	F / 1	short vowel sounds	<p>All English words have at least one vowel. The five short vowel sounds are a e i o u</p>
H13	F / 1		<p>The sounds a e i o and u are short vowels. bat men rip dog cub rub</p>
H14			<p>ram tram end lend kip skip lot blot fun fund</p>
H15	F / 1	y as a vowel	<p>The letter y can be used as a vowel as well. my by try spy fly sky</p>
H16	F / 2		<p>The lid falls off my black box. I try to fix it back on. Dennis mends it.</p>

LESSON	STARS	RELEVANT NOTES	CONTENTS									
H17	F / F / B	punctuation - speech marks	I slip into the box and try to sit still. The lock clicks. I am stuck. I cry, "Help me."									
H18	F / F / B		<table border="0"> <tr> <td>black</td> <td>stick</td> <td>fall</td> </tr> <tr> <td>stuck</td> <td>click</td> <td>skill</td> </tr> <tr> <td>plump</td> <td>block</td> <td>help</td> </tr> </table>	black	stick	fall	stuck	click	skill	plump	block	help
black	stick	fall										
stuck	click	skill										
plump	block	help										
H19	F / 2		Dennis sprints back to help me. He grips the box lid but cannot lift it.									
H20	F / 2		The problem is in the lock so Dennis drills the clasp off. I clap and jump up to hug him.									
H21	F / F / B		<table border="0"> <tr> <td>grip</td> <td>slack</td> <td>lift</td> </tr> <tr> <td>crest</td> <td>stump</td> <td>drill</td> </tr> <tr> <td>twist</td> <td>unlock</td> <td>grand</td> </tr> </table>	grip	slack	lift	crest	stump	drill	twist	unlock	grand
grip	slack	lift										
crest	stump	drill										
twist	unlock	grand										
H22	F / 2	sh	<p>The letters s and h together make the sound sh.</p> <table border="0"> <tr> <td>ship</td> <td>she</td> <td>shut</td> </tr> <tr> <td>dash</td> <td>fish</td> <td>smash</td> </tr> </table>	ship	she	shut	dash	fish	smash			
ship	she	shut										
dash	fish	smash										
H23	F / 2		The men from the ship land fresh fish on the dock. Gulls fly in and try to grab the scraps.									
H24	F / 2		The bulk of the fish is sent to the Midlands. The rest is sent to the shops.									
H25	F / F / B		<table border="0"> <tr> <td>shell</td> <td>bulk</td> <td>gull</td> </tr> <tr> <td>crash</td> <td>hush</td> <td>fresh</td> </tr> <tr> <td>splash</td> <td>shop</td> <td>smack</td> </tr> </table>	shell	bulk	gull	crash	hush	fresh	splash	shop	smack
shell	bulk	gull										
crash	hush	fresh										
splash	shop	smack										
H26	F / 2		The vixen digs a den. She picks up the fox cub and drops him onto the soft dry sand.									
H27	F / 2		The cub is fed lots of milk by the vixen. He gets big and plump.									

LESSON	STARS	RELEVANT NOTES	CONTENTS
H28	F / F / B		dry speck milk silk vixen picks mask plump swish
H29	BLANK	dictation - end blend rhyme ish and est	<i>Listen carefully to the following words: wish, dish, fish</i> <i>Now can you type:</i> wish dish fish <i>Listen carefully to the following words: rest, best, vest</i> <i>Now can you type:</i> rest best vest
H30	F / 2	ch	The letters c and h together make the sound ch. chop chin chum much bunch such
H31	F / 2		We get lunch. I grill the chicken and fry the chips. Sandra chops a carrot into the fresh salad.
H32	F / 2		Sandra and I sit on my bench in the sun. We finish the chicken and munch on melon chunks.
H33	F / F / B		fry chick melon crush lunch crunch chunk bench munch
H34	F / 2		We collect the nets and set off to hunt crabs and shrimps. I spot a crab just hidden by the kelp.
H35	F / 2		I try to catch the crab but it nips me so I let it go. In a flash it digs itself back into the sand.
H36	F / F / B		kelp nips rock hunt catch crab itself shrimp flash

LESSON	STARS	RELEVANT NOTES	CONTENTS									
H37	F / 2		Cliff and Bess check the rabbit hutch at seven o'clock. Bess gets a shock. The latch is off.									
H38	F / 2		Floss, the rabbit, is in luck. She has not met the fox yet. We shut the hatch and fix the latch.									
H39	F / F / B		<table border="0"> <tr> <td>shut</td> <td>latch</td> <td>shock</td> </tr> <tr> <td>clock</td> <td>mend</td> <td>hutch</td> </tr> <tr> <td>rabbit</td> <td>seven</td> <td>hatch</td> </tr> </table>	shut	latch	shock	clock	mend	hutch	rabbit	seven	hatch
shut	latch	shock										
clock	mend	hutch										
rabbit	seven	hatch										
H40	BLANK	dictation - double consonant onset ch	<p><i>Listen carefully to the following words: hug, chug</i> <i>Now can you type:</i> hug chug</p> <p><i>Listen carefully to the following words: hip, chip</i> <i>Now can you type:</i> hip chip</p> <p><i>Listen carefully to the following words: hat, chat</i> <i>Now can you type:</i> hat chat</p>									
H41	BLANK	dictation - double consonant onset sh	<p><i>Listen carefully to the following words: hop, shop</i> <i>Now can you type:</i> hop shop</p> <p><i>Listen carefully to the following words: hot, shot</i> <i>Now can you type:</i> hot shot</p> <p><i>Listen carefully to the following words: hod, shod</i> <i>Now can you type:</i> hod shod</p>									
H42	BLANK	dictation - ch and sh	We went to check if the shop had much fresh cod left. The man had sold all the fresh fish so we got a tin of crab from the shelf.									

LESSON	STARS	RELEVANT NOTES	CONTENTS
11	F / 2	th	The letters t and h together make the sound th. this that thank with moth cloth
12	F / 2	non-phonetic word SO	The thin batsman thinks the pitch is so wet that the cricket match must end.
13	F / 2		The man picks up the stumps and packs them back into the box with a thick cloth on top.
14	F / F / B		them then thin think thick theft stump match thump
15	F / 2	wh	The letters w and h together make the sound wh. when whack which whisk whiff whip
16	F / 2		Sharon gets a whisk and whips up the eggs. When the mix is stiff she adds it to the Alaska.
17	F / 2	ng	The letters n and g together make the sound ng. king bang long wing sang lung
18	F / 2	punctuation - hyphen	The ping-pong champs whack the ball. It whizzes into the net so fast that the mesh twangs.
19	F / 2		This stops the match but then the net is mended. Wham! The last shot is a smash hit and wins the match.
110	F / F / B		wham rang ping string whizz thing twang swing asking

LESSON	STARS	RELEVANT NOTES	CONTENTS									
I11	BLANK	dictation - double consonant onset 'st', 'br' and 'sw' with end blend rhyme 'ing'	<p><i>Listen carefully to the following words: sing, sting</i> <i>Now can you type:</i> sing sting</p> <p><i>Listen carefully to the following words: ring, bring</i> <i>Now can you type:</i> ring bring</p> <p><i>Listen carefully to the following words: wing, swing</i> <i>Now can you type:</i> wing swing</p>									
I12	F / 2	long a sound	<p>The long a sound has three main letter patterns.</p> <table> <tr> <td>gate</td> <td>cape</td> <td>wake</td> </tr> <tr> <td>paid</td> <td>raid</td> <td>train</td> </tr> <tr> <td>day</td> <td>stay</td> <td>play</td> </tr> </table>	gate	cape	wake	paid	raid	train	day	stay	play
gate	cape	wake										
paid	raid	train										
day	stay	play										
I13	F / 2	a - magic e	<p>Magic e makes the vowel sound long. Cap becomes cape. Rat becomes rate. Plan becomes plane.</p>									
I14	F / 2		<p>Jake bakes a flan. It has a cake base and a chocolate topping. He grates flakes of chocolate onto his flan.</p>									
I15	F / 2		<p>Next Jake takes a plate and lifts his flan onto it. He shifts the plate onto a shelf. It is safe in the kitchen.</p>									
I16	F / F / B		<table> <tr> <td>late</td> <td>plate</td> <td>grate</td> </tr> <tr> <td>lake</td> <td>flake</td> <td>snake</td> </tr> <tr> <td>fade</td> <td>wade</td> <td>blade</td> </tr> </table>	late	plate	grate	lake	flake	snake	fade	wade	blade
late	plate	grate										
lake	flake	snake										
fade	wade	blade										
I17	F / 2		<p>Kate takes the children to a maze. Kate asks Helen to take a flag to wave in case she gets lost.</p>									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
I18	F / 2		The gang chase along the path. The tall plants make Helen vanish and she gets hidden in the shade.									
I19	F / F / B		<table border="0"> <tr> <td>maze</td> <td>laze</td> <td>blaze</td> </tr> <tr> <td>wave</td> <td>brave</td> <td>shave</td> </tr> <tr> <td>cane</td> <td>lane</td> <td>plane</td> </tr> </table>	maze	laze	blaze	wave	brave	shave	cane	lane	plane
maze	laze	blaze										
wave	brave	shave										
cane	lane	plane										
I20	F / 2		The pals think Helen is lost and rush back. We call to Helen to be brave and she waves the flag.									
I21	F / 2		When she spots the flag, Kate sprints off along the path to pick up Helen. What a smashing game!									
I22	F / F / B		<table border="0"> <tr> <td>chase</td> <td>plants</td> <td>along</td> </tr> <tr> <td>stand</td> <td>sudden</td> <td>vanish</td> </tr> <tr> <td>smash</td> <td>smashing</td> <td>hidden</td> </tr> </table>	chase	plants	along	stand	sudden	vanish	smash	smashing	hidden
chase	plants	along										
stand	sudden	vanish										
smash	smashing	hidden										
I23	BLANK	dictation - a with magic e	The grass snake made me jump but it did not stop. It slid off up the hill and I went back to the lake.									
I24	F / 2	ai	<p>The letters a and i together make the sound ai.</p> <table border="0"> <tr> <td>aid</td> <td>raid</td> <td>paid</td> </tr> <tr> <td>fail</td> <td>trail</td> <td>snail</td> </tr> <tr> <td>rain</td> <td>train</td> <td>brain</td> </tr> </table>	aid	raid	paid	fail	trail	snail	rain	train	brain
aid	raid	paid										
fail	trail	snail										
rain	train	brain										
I25	F / 2		Kali, Cliff and Janet take the forest trail again. The main path twists and animal tracks run across it.									
I26	F / 2		Kali spots a stag by a distant rock. It is afraid and dashes back again to blend in with the long grass.									
I27	F / F / B		<table border="0"> <tr> <td>again</td> <td>forest</td> <td>trail</td> </tr> <tr> <td>animal</td> <td>afraid</td> <td>main</td> </tr> <tr> <td>distant</td> <td>dashes</td> <td>waist</td> </tr> </table>	again	forest	trail	animal	afraid	main	distant	dashes	waist
again	forest	trail										
animal	afraid	main										
distant	dashes	waist										

LESSON	STARS	RELEVANT NOTES	CONTENTS
I28	F / 2		We fly to Madrid in Spain then go on by rail. The Spanish train whizzes us to Malaga.
I29	F / 2		The train travels across hot dry plains. A taxi awaits us in Malaga and Estela takes us to the quaint villa.
I30	F / F / B		faint aim stain Spain snail brain quaint claim await
I31	F / 2	ay	The letters a and y together make the sound ay. ray tray stray lay clay play bay crayon sway
I32	F / 2		Today it is raining and Bev stays in to play. She lays crayons on a plastic tray on the desk.
I33	F / 2		Bev takes a crayon and shades in the petal shapes. Next she paints on a stem and may add a clay pot to finish.
I34	F / F / B		stay may flame plastic spray paint raining today shape
I35	F / 2	consolidation of long a patterns	On Sunday six lads play a game of paintball. Dan's aim is rubbish. He aims away from Greg but hits him by mistake.
I36	F / 2		Greg says it is painful but he stays in the game. In the last attack all the lads make a raid from the ditch and win.
I37	F / F / B		hay bay say pain sprain nail game mistake gale

LESSON	STARS	RELEVANT NOTES	CONTENTS									
I38	BLANK	dictation - long a patterns	Mum and I make plans to go on the train to stay with Gran. We will spend the day helping to paint the brick shed.									
I39	BLANK	dictation - long a patterns	Gran lets me play in the hay. A hen has laid an egg in the hay. I ask Gran if we can save the egg to bake a cake.									
I40	F / 2	long e sound	The long e sound has three main letter patterns. <table border="0"> <tr> <td>eel</td> <td>keep</td> <td>speed</td> </tr> <tr> <td>eat</td> <td>leap</td> <td>teach</td> </tr> <tr> <td>very</td> <td>happy</td> <td>chilly</td> </tr> </table>	eel	keep	speed	eat	leap	teach	very	happy	chilly
eel	keep	speed										
eat	leap	teach										
very	happy	chilly										
I41	F / 2	ee	The letters e and e together make the sound ee. <table border="0"> <tr> <td>see</td> <td>feel</td> <td>heel</td> </tr> <tr> <td>eel</td> <td>seek</td> <td>week</td> </tr> <tr> <td>bee</td> <td>free</td> <td>eef</td> </tr> </table>	see	feel	heel	eel	seek	week	bee	free	eef
see	feel	heel										
eel	seek	week										
bee	free	eef										
I42	F / 2	Question and Answer: Words in <i>Black Italic</i> are to be listened to only and do not appear on screen Answers to be typed are in Bold Black Q: <i>What colour are the fish tails?</i> A: green	Petra is keen on keeping tropical fish. She has a tank teeming with small tetras with green tails.									
I43	F / 2		Small fish can be difficult to see. Petra thinks she can see sixteen but wait, she can also see three between the weeds.									
I44	F / F / B		<table border="0"> <tr> <td>feel</td> <td>small</td> <td>tetra</td> </tr> <tr> <td>keen</td> <td>sixteen</td> <td>weed</td> </tr> <tr> <td>think</td> <td>between</td> <td>green</td> </tr> </table>	feel	small	tetra	keen	sixteen	weed	think	between	green
feel	small	tetra										
keen	sixteen	weed										
think	between	green										
I45	F / 2		When the fish need feeding Petra takes flakes from a tin to drop into the tank. The fish swim up at top speed.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
146	F / 2	Q: <i>Which word means the opposite of begin?</i> A: end	A pet shop is at the end of the steep street. Petra has seen tetras on sale. Wait until next week Petra!									
147	F / F / B		<table border="0"> <tr> <td>seen</td> <td>from</td> <td>week</td> </tr> <tr> <td>drop</td> <td>until</td> <td>steep</td> </tr> <tr> <td>need</td> <td>street</td> <td>speed</td> </tr> </table>	seen	from	week	drop	until	steep	need	street	speed
seen	from	week										
drop	until	steep										
need	street	speed										

LESSON	STARS	RELEVANT NOTES	CONTENTS
J1	F / 2	ea	The letters e and a together make the sound ea. eat meat seat meal tea beat leaf mean leap
J2	F / 2	Q: <i>What kind of beans does Grandpa grow?</i> A: French	Grandpa takes me to his allotment each week. He has French beans, peas, pumpkin plants and a tall plum tree.
J3	F / 2		The plot of land is so neat. Grandpa keeps it weed free. To help him, I take the weeds to the compost heap.
J4	F / F / B		each clean pea neat bean heap steam cheat speak
J5	F / 2		Today we pick peas, mint leaves, green beans and plums. We need to reach up to get the sweet plums.
J6	F / 2	Q: <i>Which word means 'big meal'?</i> A: feast	As a treat Grandma makes Grandpa and me a meal from all this season's greens. It is a real feast!
J7	F / F / B		real reach steal leaf leaves feast teach season beach
J8	F / 2	y - long e sound	The letter y at the end of a word can make the sound y. very silly jelly foggy rainy leafy merry funny teddy
J9	F / 2	Q: <i>How does Daddy feel when he gets back?</i> A: sleepy	The traffic is bad and Daddy is very sleepy when he gets back. Mummy makes him a creamy, frothy cup of coffee.
J10	F / 2		As Daddy drifts off to sleep in his seat, he begins to dream. I bet Daddy is dreaming he's on a sunny beach.

LESSON	STARS	RELEVANT NOTES	CONTENTS
J11	F / F / B		penny chilly easy muddy cherry frothy creamy poppy hobby
J12	F / 2	Q: <i>Which word means the opposite of sad?</i> A: happy	Mandy has a very sweet dolly with messy golden locks. She names the doll Goldilocks and she is very happy.
J13	F / 2		Mandy plays with Goldilocks a lot so she gets grubby and a bit tatty. Sally sits the dolly in the bath to be scrubbed.
J14	F / F / B		dolly ferry lolly tatty Mandy happy messy Mummy grubby
J15	F / 2	Q: <i>Who sits on the blanket?</i> A: Dave	Mum lays the picnic blanket on the grass. She sits Dave on it and passes him a sandwich and a box of raisins to eat.
J16	F / 2		By the blanket is a daisy. Mum picks it and then picks a second. She strings lots of them into a daisy chain and hands it to Dave.
J17	F / F / B		Dave daisy lays chain raisin second string picnic blanket
J18	BLANK	dictation - ee, ea and y	If I am lucky I will go to play on the beach this week. I will be very happy if I can make a big heap of sand and keep jumping on it.
J19	BLANK	dictation - ai, ay, ee and y	It is very foggy today. I need to take the green lorry to pick up plenty of hay to feed the sheep. I think I will wait, as it is not safe to go yet.
J20	BLANK	dictation - ea and a with magic e	Jean made us a feast. We ate lean meat, beans, peas and chips. Next we had a peach and grape flan with cream.

LESSON	STARS	RELEVANT NOTES	CONTENTS
J21	F / 2	long i sound	The long i sound has three main letter patterns. like five smile fly shy style high sight light
J22	F / 2	i - magic e	Magic e makes the vowel sound long. Bit becomes bite. Hid becomes hide. Pin becomes pine.
J23	F / 2		On fine days we all go on a bike ride to stay in shape. We wipe the bikes clean and check the brakes. I like to be safe.
J24	F / 2		The children take fishing lines as we often try to catch pike in the deep, wide lake. We keep maggots as bait.
J25	F / F / B		line ride like hike wife bike wipe pike wide
J26	F / 2	Q: <i>How many miles away is the lake?</i> A: five	It takes a long time to reach the lake - it is five miles away. I make piles of beef sandwiches to eat when we arrive.
J27	F / 2	punctuation - dash	The children like to stand and fish by the side of the lake. To get a bite we must wait but the pike can be quite wise!
J28	F / F / B		pile mile five bite wise side time arrive quite
J29	BLANK	dictation - i with magic e	We have to hike five miles today. Clive takes long strides and I ask him to wait for me. He smiles and says we have plenty of time.

LESSON	STARS	RELEVANT NOTES	CONTENTS
J30	F / 2	y - long i sound	The letter y at the end of a short word makes the sound y. my fry try shy fly why
J31	F / 2		A sly fox sits by the side of the pigsty. He waits and waits. He likes to spy on chickens and ducks. He licks his lips.
J32	F / 2	Q: <i>Which word means 'to get away'?</i> A: escape	The sly fox will try to catch the ducks. Last week he gave chase. Luckily, with a quick flap and a cry, the duck made its escape.
J33	F / F / B		by spy sly cry dry sky sty style type
J34	F / 2		If it is fine I often play on my bike with my mates. Last time we went up the track a fox with its cubs ran by us.
J35	F / 2	Q: <i>What is the opposite of weak?</i> A: strong	Today we ask Colin if he can make us a ramp. I help Colin to get lots of planks. We chop up the long planks and make a strong ramp.
J36	F / F / B		Colin last just plank long fine mates went strong
J37	F / 2		Colin and I make the bike ramp. It is very steep and a bit on the wobbly side. I ring Kit and Josh to tell them to bring the bikes.
J38	F / 2	Q: <i>How many people ride their bikes?</i> A: three	I put on my safety helmet. The three of us ride the bikes up the hill and onto the ramp. We all try to be the best at staying on the longest.
J39	F / F / B		helmet ramp tell wobbly three Josh staying bring steep

LESSON	STARS	RELEVANT NOTES	CONTENTS									
J40	F / 2		Josh is riding much too fast. He falls off into the deep mud, splat! Kit and I think it's funny, but Josh isn't smiling. His hand is bleeding.									
J41	F / 2	Q: <i>Which word describes the mud?</i> A: soft	Kit and I rush to help Josh. We slip and slide in the soft mud. We reach Josh and help him to his feet. His cut is small but he's had a shock.									
J42	F / F / B		<table border="0"> <tr> <td>reach</td> <td>falls</td> <td>slide</td> </tr> <tr> <td>riding</td> <td>splat</td> <td>small</td> </tr> <tr> <td>smiling</td> <td>much</td> <td>shock</td> </tr> </table>	reach	falls	slide	riding	splat	small	smiling	much	shock
reach	falls	slide										
riding	splat	small										
smiling	much	shock										
J43	F / 2		At dusk we all ride back tired but happy. We've had plenty of fun and can't wait to do it all again next weekend.									

LESSON	STARS	RELEVANT NOTES	CONTENTS
K1	F / 2	igh	The letters i g h together make the sound igh. high sigh fight light right might
K2	F / 2	Q: <i>Which word means cold?</i> A: chilly	It is late night shopping tonight and Santa will switch on the lights. It's chilly but we sit tight and wait.
K3	F / 2		Suddenly all is bright and the lights shine in the street. A splendid sight to see in the night sky.
K4	F / F / B		sight night tight flight slight fright bright tonight delight
K5	F / 2		I got a second hand kite at the sale on Sunday. My mates and I like to fly kites high up on the hill when it's windy.
K6	F / 2	Q: <i>What kind of metal is the frame made of?</i> A: aluminium	The style of my kite is right up to date. It has a light aluminium frame and the nylon is bright red with white stripes.
K7	F / F / B		fly right thigh kite white nylon high typist stripe
K8	BLANK	dictation - i with magic e, y and igh	I have made a kite and I try to fly it. I hold the string tight and the strong wind takes my red and green kite up high.
K9	F / 2	long o sound	The long o sound has three main letter patterns. home rope joke oak road float mow low tow

LESSON	STARS	RELEVANT NOTES	CONTENTS									
K10	F / 2	o - magic e	Magic e makes the vowel sound long. Cod becomes code. Hop becomes hope. Not becomes note.									
K11	F / 2	Q: <i>Which word describes how the man acted?</i> A: oddly	I went to a hidden cove. As I lay on the beach, I spotted a man acting oddly. He hid an envelope in a hole in a stone.									
K12	F / 2		The lone man came up to me and spoke in odd tones - I froze but then he left me alone and strode off up the slope.									
K13	F / F / B		<table border="0"> <tr> <td>hole</td> <td>tone</td> <td>home</td> </tr> <tr> <td>slope</td> <td>froze</td> <td>spoke</td> </tr> <tr> <td>stone</td> <td>globe</td> <td>strode</td> </tr> </table>	hole	tone	home	slope	froze	spoke	stone	globe	strode
hole	tone	home										
slope	froze	spoke										
stone	globe	strode										
K14	F / 2		I got a stick and poked at the envelope. I broke the wax seal on it. I gazed at the note inside which had been typed in code.									
K15	F / 2	Q: <i>Can you type the word that means 'light sleep'?</i> A: doze	The man came back with a rope. He strode up to me and spoke again. I had a real fright and awoke from my doze.									
K16	F / F / B		<table border="0"> <tr> <td>pole</td> <td>rope</td> <td>note</td> </tr> <tr> <td>code</td> <td>robe</td> <td>doze</td> </tr> <tr> <td>awoke</td> <td>stole</td> <td>broke</td> </tr> </table>	pole	rope	note	code	robe	doze	awoke	stole	broke
pole	rope	note										
code	robe	doze										
awoke	stole	broke										
K17	BLANK	dictation - long o with magic e	The tide rose fast in the rocky cove. The three men strove to fix the thick rope onto the raft to keep it safe from the high waves.									
K18	F / 2	oa	The letters o and a together make the sound oa. <table border="0"> <tr> <td>oak</td> <td>coat</td> <td>road</td> </tr> <tr> <td>boat</td> <td>goal</td> <td>moan</td> </tr> </table>	oak	coat	road	boat	goal	moan			
oak	coat	road										
boat	goal	moan										
K19	F / 2		My home is close to a campsite near the coast. We have a pet foal and also a goat called Billy. We give Billy oats to eat.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
K20	F / 2	Q: <i>What is the goat called?</i> A: Billy	Billy the goat also likes toast and poached eggs! He nibbled on Emily's coat as it hung on the line. Goats can be like that.									
K21	F / F / B		<table border="0"> <tr> <td>soak</td> <td>oats</td> <td>foal</td> </tr> <tr> <td>goat</td> <td>toast</td> <td>roast</td> </tr> <tr> <td>coast</td> <td>coach</td> <td>poach</td> </tr> </table>	soak	oats	foal	goat	toast	roast	coast	coach	poach
soak	oats	foal										
goat	toast	roast										
coast	coach	poach										
K22	F / 2	Q: <i>How did Billy roam?</i> A: freely	Billy always roamed freely until a man with a caravan left his soap floating in the sink. Billy ate the soap and got a foamy nose!									
K23	F / F / B		<table border="0"> <tr> <td>roam</td> <td>loaf</td> <td>road</td> </tr> <tr> <td>foam</td> <td>soap</td> <td>float</td> </tr> <tr> <td>croak</td> <td>moat</td> <td>throat</td> </tr> </table>	roam	loaf	road	foam	soap	float	croak	moat	throat
roam	loaf	road										
foam	soap	float										
croak	moat	throat										
K24	BLANK	dictation - long o and magic e, oa	Val drove the green van along the main road. She had been to get a box of nails and a load of rails to make a goat pen.									
K25	F / 2	ow	The letters o and w together can make the sound ow. <table border="0"> <tr> <td>low</td> <td>tow</td> <td>bow</td> </tr> <tr> <td>row</td> <td>mow</td> <td>glow</td> </tr> </table>	low	tow	bow	row	mow	glow			
low	tow	bow										
row	mow	glow										
K26	F / 2	Q: <i>Which word means the opposite of above?</i> A: below	I grow my own marrows. In spring I sow the seeds in a shallow tray. I keep them below the window and give them lots to drink.									
K27	F / 2		When the seedlings grow big I cannot keep them inside. Dad shows me the best way to replant them, all in a row.									
K28	F / F / B		<table border="0"> <tr> <td>own</td> <td>grow</td> <td>snow</td> </tr> <tr> <td>yellow</td> <td>show</td> <td>grown</td> </tr> <tr> <td>window</td> <td>elbow</td> <td>marrow</td> </tr> </table>	own	grow	snow	yellow	show	grown	window	elbow	marrow
own	grow	snow										
yellow	show	grown										
window	elbow	marrow										
K29	F / 2		Tomorrow, my family and I will spend a week on a narrow boat. My job is to stow all the clothes we need below deck.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
K30	F / 2	Q: <i>Whose net is it?</i> A: Jake's	The canal flows slowly and we spot shoals of fish called minnows in the shallows. I borrow Jake's net to catch them.									
K31	F / F / B		<table border="0"> <tr> <td>slow</td> <td>flow</td> <td>stow</td> </tr> <tr> <td>shoal</td> <td>borrow</td> <td>below</td> </tr> <tr> <td>narrow</td> <td>minnow</td> <td>shallow</td> </tr> </table>	slow	flow	stow	shoal	borrow	below	narrow	minnow	shallow
slow	flow	stow										
shoal	borrow	below										
narrow	minnow	shallow										
K32	BLANK	dictation - ow as in grow	I am going to plant a row of snowdrop bulbs in my yellow window box. If they grow well I may pick a bunch of them for Betty.									
K33	F / 2	long u sound	<p>The long u sound has three main letter patterns.</p> <table border="0"> <tr> <td>use</td> <td>tube</td> <td>prune</td> </tr> <tr> <td>boo</td> <td>roof</td> <td>shoot</td> </tr> <tr> <td>new</td> <td>grew</td> <td>flew</td> </tr> </table>	use	tube	prune	boo	roof	shoot	new	grew	flew
use	tube	prune										
boo	roof	shoot										
new	grew	flew										
K34	F / 2	Q: <i>Can Luke play the flute well?</i> A: no	Luke has a flute. As a rule flutes cost a lot so Luke borrows it. He cannot play a tune yet but he refuses to give up trying.									
K35	F / 2		June has music lessons and can play the flute well. She is amused by Luke's squeaky tones so she teaches him the right notes to use.									
K36	F / F / B		<table border="0"> <tr> <td>flute</td> <td>Luke</td> <td>rule</td> </tr> <tr> <td>tune</td> <td>cube</td> <td>June</td> </tr> <tr> <td>mute</td> <td>rude</td> <td>duke</td> </tr> </table>	flute	Luke	rule	tune	cube	June	mute	rude	duke
flute	Luke	rule										
tune	cube	June										
mute	rude	duke										
K37	BLANK	dictation - long u with magic e	June hums a tune as she waits for Luke to get home. He is going to help her prune the rose bush by the high gate.									
K38	F / 2	oo	<p>The letters o and o together can make the sound oo.</p> <table border="0"> <tr> <td>too</td> <td>boot</td> <td>room</td> </tr> <tr> <td>zoo</td> <td>hoot</td> <td>zoom</td> </tr> </table>	too	boot	room	zoo	hoot	zoom			
too	boot	room										
zoo	hoot	zoom										
K39	F / 2		The helmsman of the boat makes a loop in the rope and throws it to his mate. The mate soon catches it and ties it onto the pontoon.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
K40	F / 2	Q: <i>What is the opposite of sinks?</i> A: floats	The sun and the moon make the tides of the sea rise and fall. The pontoon floats so the boat is quite safe.									
K41	F / F / B		<table border="0"> <tr> <td>loop</td> <td>root</td> <td>hoof</td> </tr> <tr> <td>scoop</td> <td>soon</td> <td>moon</td> </tr> <tr> <td>spoon</td> <td>balloon</td> <td>swoop</td> </tr> </table>	loop	root	hoof	scoop	soon	moon	spoon	balloon	swoop
loop	root	hoof										
scoop	soon	moon										
spoon	balloon	swoop										
K42	F / 2	ew	<p>The letters e and w together can make the sound ew.</p> <table border="0"> <tr> <td>dew</td> <td>drew</td> <td>chew</td> </tr> <tr> <td>few</td> <td>view</td> <td>crew</td> </tr> </table>	dew	drew	chew	few	view	crew			
dew	drew	chew										
few	view	crew										
K43	F / 2	Q: <i>Which word describes the gales?</i> A: strong	The boat crew have sailed a long way in strong gales and need a rest soon. Hot stew is made and tea brews below in the cabin.									
K44	F / 2		A few of the crew eat and drink, the rest have jobs to do. When the gales blew, a rope broke and a sail became loose.									
K45	F / F / B		<table border="0"> <tr> <td>new</td> <td>yew</td> <td>mew</td> </tr> <tr> <td>stew</td> <td>blew</td> <td>threw</td> </tr> <tr> <td>grew</td> <td>brew</td> <td>shrew</td> </tr> </table>	new	yew	mew	stew	blew	threw	grew	brew	shrew
new	yew	mew										
stew	blew	threw										
grew	brew	shrew										
K46	BLANK	dictation - ew and oo	The new moon rose high and the strong wind blew the snow into drifts. The thin fox needed food soon. He dug up an old bone to chew.									
K47	F / 2	ui as long u sound	<p>A few words use the letters u and i together to make the long u sound.</p> <table border="0"> <tr> <td>suit</td> <td>fruit</td> <td>cruise</td> </tr> <tr> <td>bruise</td> <td>juice</td> <td>recruit</td> </tr> </table>	suit	fruit	cruise	bruise	juice	recruit			
suit	fruit	cruise										
bruise	juice	recruit										
K48	F / 2	homophones - hear and here	<p>A homophone is a word that sounds the same as another. Look at this example.</p> <p>I hear the dog bark. Here he comes.</p>									
K49	F / 2	homophones - heel and heal	<p>James has a bad cut on his heel and another on his knee. Both cuts are taking a long time to heal.</p> <p>The words heel and heal are homophones.</p>									

LESSON	STARS	RELEVANT NOTES	CONTENTS
L1	F / 3	hard and soft c	The letter c has two sounds. Hard c as in cat and soft c as in ice. camel cool case ace lace rice
L2	F / 3		Reece visits his local shop to get fresh produce. He notices a few reduced prices. Reece decides to get sliced ham and processed cheese.
L3	F / 3	Question and Answer: Words in Black Italic are to be listened to only and do not appear on screen Answers to be typed are in Bold Black Q: <i>Who went to Greece?</i> A: Reece	On his way home Reece calls in at Celia's place. He hasn't had a chance to see Celia since he flew back from Greece.
L4			ice face fence slice pencil prince pence recent decide
L5	BLANK	dictation - ui and soft c	It is a hot day and we relax in the shade of the fruit tree. Mum brings a jug of fruit juice. She has added a few ice cubes to make it nice and cool.
L6	F / 3	hard and soft g	The letter g has two sounds. Hard g as in goat and soft g as in age. gate glow goose page rage stage
L7	F / 3	Q: <i>Which word means every day?</i> A: daily	Gemma is an Olympic gymnast. The training programme is rigid. She must attend practices twice daily to gain peak fitness.
L8	F / 3		The Olympic team uses a huge range of equipment at the gym. The coach gives advice on balancing well to prevent accidents.

LESSON	STARS	RELEVANT NOTES	CONTENTS
L9	F / F / B		age gym huge rigid stage range damage garage manage
L10	F / 3	rhyme	Words that rhyme sound the same at the end. Sit rhymes with bit. Sit and bit both end in it. The hen is in a pen. Hen rhymes with pen.
L11	F / 3	rhyme Q: <i>Can you type the word that rhymes with ace?</i> A: place Q: <i>Can you type the word that rhymes with test?</i> A: best	Here is a rhyme I'm happy today, I'll see my team play, The goalie is ace, He'll be there in his place, When put to the test, He's one of the best.
L12	F / 3		Andrew took a good kick at his football. It flew too high and went splash into the brook. Andrew took off his boots and socks and waded in.
L13	F / 3	Q: <i>Which word means the same as stream?</i> A: brook	The brook felt good on Andrew's feet so he stood a while to cool off. Soon he got hungry and raced back to the village to have tea.
L14	F / F / B		took good foot crook shook stood brook wooden mistook
L15	F / F	homophones - main and mane	The main aim of every rider was to win the race. I rode a horse with a brown mane.
L16	F / 3	ar	The letters a and r together make the sound ar. bar far star scar start garden

LESSON	STARS	RELEVANT NOTES	CONTENTS									
L17	F / 3	Q: <i>Which word tells us that the barn is big?</i> A: large	It is a dark night and the stars shine brightly. My dog gives a bark as Dad parks his car in the farmyard by the large barn.									
L18	F / 3		Dad keeps his go-kart in the barn. It has a broken wheel arch and a spoke is missing. Dad has a new part so he starts to mend it.									
L19	F / F / B		<table border="0"> <tr> <td>dark</td> <td>bark</td> <td>park</td> </tr> <tr> <td>go-kart</td> <td>barn</td> <td>large</td> </tr> <tr> <td>farmyard</td> <td>chart</td> <td>shark</td> </tr> </table>	dark	bark	park	go-kart	barn	large	farmyard	chart	shark
dark	bark	park										
go-kart	barn	large										
farmyard	chart	shark										
L20	F / 3		Steve and Rick stop playing to eat a snack. Steve reaches into his pocket to get a cereal bar and a packet of salt and vinegar crisps.									
L21	F / 3	Q: <i>Who eats the fruit salad?</i> A: Rick	Rick isn't fond of crisps. He likes fruit salad made with bananas, peaches, oranges and grapes. He opens the carton and tucks in.									
L22	F / F / B		<table border="0"> <tr> <td>fruit</td> <td>packet</td> <td>jacket</td> </tr> <tr> <td>reach</td> <td>reaches</td> <td>orange</td> </tr> <tr> <td>pocket</td> <td>banana</td> <td>peaches</td> </tr> </table>	fruit	packet	jacket	reach	reaches	orange	pocket	banana	peaches
fruit	packet	jacket										
reach	reaches	orange										
pocket	banana	peaches										
L23	BLANK	dictation - ar	It was dark and the dog gave a bark. Dad will park the car in the yard at the farm. He has a part for the cart that is kept in the large barn.									
L24	BLANK	dictation - ar, oo and soft g	Mark looks at his two pet mice. They live in a large cage in his bedroom. Last week he hid the black one in his pocket and took it to school.									
L25	F / F	homophones - weak and week	My sister said, "This tea is too weak. Please make it stronger when I come to see you next week. I hate weak tea."									
L26	F / 3	syllables	To help us spell long words, we can cut them into bits called syllables. For example the words carton and salad have two syllables, car-ton and sa-lad.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
L27	F / 3	syllables	The words banana and yesterday each have three syllables. Listen and count the syllables or beats, ba-na-na, yes-ter-day.									
L28	F / 3		When the lads finish eating they go off across the park. They find a stream and dig sticky black clay from the bank to make models.									
L29	F / 3	Q: <i>Who starts the mud fight?</i> A: Steve	The two lads start to make clay models but then Steve flicks a tiny lump at Rick. Rick smiles then throws a big wet chunk at Steve.									
L30	F / F / B		<table border="0"> <tr> <td>throw</td> <td>chunk</td> <td>Steve</td> </tr> <tr> <td>finish</td> <td>across</td> <td>sticky</td> </tr> <tr> <td>stream</td> <td>models</td> <td>smiles</td> </tr> </table>	throw	chunk	Steve	finish	across	sticky	stream	models	smiles
throw	chunk	Steve										
finish	across	sticky										
stream	models	smiles										
L31	F / 3		Steve ducks but the wet clay lands in his fringe. Soon the two of them fling so much clay that they end up completely coated in mud!									
L32	F / 3	Q: <i>How many syllables does the word giggle have?</i> A: two	It's late. Rick suggests they go home. When they arrive, Rick's mum giggles and says they look like giant space aliens from Mars!									
L33	F / F / B		<table border="0"> <tr> <td>two</td> <td>says</td> <td>when</td> </tr> <tr> <td>fling</td> <td>twins</td> <td>giant</td> </tr> <tr> <td>Mars</td> <td>arrive</td> <td>fringe</td> </tr> </table>	two	says	when	fling	twins	giant	Mars	arrive	fringe
two	says	when										
fling	twins	giant										
Mars	arrive	fringe										
L34	F / F	homophones - two, too and to punctuation - semi-colon	The two boys are twins. I am not too sure who is who. I ask them to smile; only Calvin has a gap in his teeth.									
L35	F / 3	syllables	When we say the syllables of a word, we can clap the number of beats. For fun we can clap five times for the word hip-po-pot-a-mus.									
L36	F / 3	er, ir, ur	The sound er has three main letter patterns which are er, ir and ur. <table border="0"> <tr> <td>her</td> <td>verb</td> <td>after</td> </tr> <tr> <td>sir</td> <td>girl</td> <td>dirty</td> </tr> <tr> <td>fur</td> <td>burn</td> <td>burst</td> </tr> </table>	her	verb	after	sir	girl	dirty	fur	burn	burst
her	verb	after										
sir	girl	dirty										
fur	burn	burst										

LESSON	STARS	RELEVANT NOTES	CONTENTS									
L37	F / 3	Q: <i>What is another name for a gun?</i> A: revolver	Yesterday I happened to glance at my local newspaper. I read a film review. Last night I watched the film. A person entered a jewellery shop carrying a revolver.									
L38	F / 3		In the film a robber held up the jeweller and her assistant with a gun. The robber had the nerve to steal a number of diamond rings and silver necklaces.									
L39	F / F / B		<table border="0"> <tr> <td>paper</td> <td>enter</td> <td>litter</td> </tr> <tr> <td>robber</td> <td>serve</td> <td>nerve</td> </tr> <tr> <td>person</td> <td>silver</td> <td>under</td> </tr> </table>	paper	enter	litter	robber	serve	nerve	person	silver	under
paper	enter	litter										
robber	serve	nerve										
person	silver	under										
L40	F / 3	Q: <i>What was sold in the shop?</i> A: jewellery	The film showed customers in the jewellery shop. They were in a lot of danger so left the crook well alone. Nobody stopped the raider.									
L41	BLANK	dictation - er	Peter has asked his sister to supper. He adds a bit of herb butter to the runner beans. He serves them with tender beef.									
L42	F / 3		Just after the robbery a girl set off the alarm. The police were alerted. Two patrol cars arrived first, then a third backup car came.									
L43	F / F / B		<table border="0"> <tr> <td>shirt</td> <td>stir</td> <td>third</td> </tr> <tr> <td>chirp</td> <td>bird</td> <td>thirst</td> </tr> <tr> <td>birth</td> <td>first</td> <td>squirt</td> </tr> </table>	shirt	stir	third	chirp	bird	thirst	birth	first	squirt
shirt	stir	third										
chirp	bird	thirst										
birth	first	squirt										
L44	BLANK	dictation - er and ir	Oliver is a welder with a local firm. The rest of the workers come to Oliver for first aid if they suffer any small grazes.									
L45	F / F	homophones - groan and grown	I try not to groan when Granny tells me how much I have grown. She says the same thing every time she visits us.									

LESSON	STARS	RELEVANT NOTES	CONTENTS
L46	F / 3	<p>Q: <i>Can you type the word that has four syllables?</i></p> <p>A: helicopter</p>	<p>Further help was needed. A police helicopter turned up and surveyed the district. A tall figure ran past the church and jumped into a getaway car.</p>
L47	F / 3		<p>I liked the helicopter chase best. It was really exciting. Finally the pursuit ended when police officers circled the villain's car.</p>

LESSON	STARS	RELEVANT NOTES	CONTENTS									
M1	F / F / B		<table border="0"> <tr> <td>turn</td> <td>figure</td> <td>curl</td> </tr> <tr> <td>surface</td> <td>purple</td> <td>church</td> </tr> <tr> <td>Thursday</td> <td>Saturday</td> <td>surname</td> </tr> </table>	turn	figure	curl	surface	purple	church	Thursday	Saturday	surname
turn	figure	curl										
surface	purple	church										
Thursday	Saturday	surname										
M2	F / 3		Today is a holiday. Robert and Richard decide to go and play in the den. It is a long way. They sing a song as they ride along the road.									
M3	F / 3	Q: <i>Can you type the word that tells us what time of day it is?</i> A: morning	It's Thursday morning. Rob and Rich meet up again. They see a puppy and think it's a stray. The puppy runs into a garden. Perhaps it's his home.									
M4	F / F / B		<table border="0"> <tr> <td>again</td> <td>stray</td> <td>puppy</td> </tr> <tr> <td>Richard</td> <td>along</td> <td>Robert</td> </tr> <tr> <td>morning</td> <td>perhaps</td> <td>garden</td> </tr> </table>	again	stray	puppy	Richard	along	Robert	morning	perhaps	garden
again	stray	puppy										
Richard	along	Robert										
morning	perhaps	garden										
M5	F / F	homophones - which and witch	Which frog will turn into a prince? Which frog shall I kiss? The wicked witch has a room full of frogs!									
M6	F / 3		The children go to visit the puppy on Saturday. He has thick curly fur. They all play together and the puppy runs after the sticks they throw.									
M7	F / 3		The puppy also likes to play chase with the children. What a playful little fellow he is. After all the games the puppy flops into a heap and sleeps.									
M8	F / F / B		<table border="0"> <tr> <td>little</td> <td>heap</td> <td>fur</td> </tr> <tr> <td>visit</td> <td>sticks</td> <td>curly</td> </tr> <tr> <td>after</td> <td>playful</td> <td>chase</td> </tr> </table>	little	heap	fur	visit	sticks	curly	after	playful	chase
little	heap	fur										
visit	sticks	curly										
after	playful	chase										
M9	BLANK	dictation - er and ur	The nurse treats the man's arm for a burn. The burn has formed blisters and one has burst. It hurts when the nurse cleans it.									
M10	F / 3	syllables punctuation - colon	The word carpet has two syllables: car-pet. Think about the following words and decide how many syllables, or beats, each word has. <table border="0"> <tr> <td>holiday</td> <td>market</td> <td>park</td> </tr> <tr> <td>marmalade</td> <td>carpenter</td> <td>plate</td> </tr> </table>	holiday	market	park	marmalade	carpenter	plate			
holiday	market	park										
marmalade	carpenter	plate										

LESSON	STARS	RELEVANT NOTES	CONTENTS									
M11	F / 3	Q: <i>Which month is it?</i> A: November	It's November and Susan and Harry help Mum to make a bonfire. They take it in turns to carry sticks. They add leaves and make a huge pile to burn.									
M12	F / 3		Mum lights the bonfire and the flames reach up high. The smoke begins to curl up into the sky in whirls and patterns. Later on there is a good blaze going.									
M13	F / F / B		<table border="0"> <tr> <td>later</td> <td>pile</td> <td>fire</td> </tr> <tr> <td>Susan</td> <td>burn</td> <td>flame</td> </tr> <tr> <td>bonfire</td> <td>blaze</td> <td>lights</td> </tr> </table>	later	pile	fire	Susan	burn	flame	bonfire	blaze	lights
later	pile	fire										
Susan	burn	flame										
bonfire	blaze	lights										
M14	F / 3		When all the wood and leaves have burnt, Mum tells Susan and Harry to throw a bucket of water onto the embers of the fire. Remember safety first.									
M15	F / 3	Q: <i>Which word means the same as more?</i> A: extra	The bonfire is still hot. They add extra water to it. Mum wants it to be quite safe so that they can leave it. She checks again and there's no heat coming from the embers.									
M16	F / F / B		<table border="0"> <tr> <td>wood</td> <td>quite</td> <td>leave</td> </tr> <tr> <td>check</td> <td>burnt</td> <td>safety</td> </tr> <tr> <td>water</td> <td>bucket</td> <td>embers</td> </tr> </table>	wood	quite	leave	check	burnt	safety	water	bucket	embers
wood	quite	leave										
check	burnt	safety										
water	bucket	embers										
M17	F / F	homophones - been and bean, ate and eight	It has not been easy to get my little brother to eat his bean salad. He ate the first eight beans then pulled a face.									
M18	F / 3	or and aw	The sound or has two main letter patterns which are or and aw. <table border="0"> <tr> <td>or</td> <td>for</td> <td>form</td> </tr> <tr> <td>saw</td> <td>paw</td> <td>draw</td> </tr> </table>	or	for	form	saw	paw	draw			
or	for	form										
saw	paw	draw										
M19	F / 3		As dawn broke, I saw a big jackdaw land on my lawn. It had a large grey head. I wanted to get closer to it so I watched it from my porch.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
M20	F / 3	Q: <i>Which word describes how the jackdaw walked?</i> A: easily	The jackdaw was clever. It had twigs and straw in its beak and claws but still walked easily. I expect it was going to use them for a nest.									
M21	F / F / B		<table border="0"> <tr> <td>jaw</td> <td>fork</td> <td>corn</td> </tr> <tr> <td>claw</td> <td>more</td> <td>force</td> </tr> <tr> <td>yawn</td> <td>storm</td> <td>sport</td> </tr> </table>	jaw	fork	corn	claw	more	force	yawn	storm	sport
jaw	fork	corn										
claw	more	force										
yawn	storm	sport										
M22	BLANK	dictation - or and aw	There was a storm last night just before dawn. In the morning, I saw that the force of the wind had torn twigs from the trees.									
M23	F / 3	oar	<p>The letters o a r together also make the sound or in words. There are only a few.</p> <table border="0"> <tr> <td>oar</td> <td>roar</td> <td>boar</td> </tr> <tr> <td>soar</td> <td>board</td> <td>hoard</td> </tr> </table> <p>The old man kept a hoard of gold in his cupboard.</p>	oar	roar	boar	soar	board	hoard			
oar	roar	boar										
soar	board	hoard										
M24	F / 3	Q: <i>Which word means the opposite of quickly?</i> A: slowly	Three chimps have slept at the base of an old tree trunk. Slowly they wake up and begin to blink in the sun. They start to hunt for food.									
M25	F / 3		One chimp swings onto a branch and picks fresh green shoots for lunch. His twin grabs a bent twig and pokes it into a hole to get at the ants inside.									
M26	F / F / B		<table border="0"> <tr> <td>one</td> <td>blink</td> <td>poke</td> </tr> <tr> <td>start</td> <td>begin</td> <td>slept</td> </tr> <tr> <td>wake</td> <td>branch</td> <td>trunk</td> </tr> </table>	one	blink	poke	start	begin	slept	wake	branch	trunk
one	blink	poke										
start	begin	slept										
wake	branch	trunk										

LESSON	STARS	RELEVANT NOTES	CONTENTS									
M27	F / 3	<p>Question and Answer:</p> <p>Words in <i>Black Italic</i> are to be listened to only and do not appear on screen</p> <p>Answers to be typed are in Bold Black</p> <p>Q: <i>Can you type the word that rhymes with steady?</i> A: ready</p> <p>Q: <i>Can you type the word that rhymes with pool?</i> A: fool</p>	<p><i>Here's a fun rhyme</i></p> <p>Sam's water gun is good and ready His aim is good; his arm is steady Eddie's lying in the sun "Boo!" yells Sam - but Ed's no fool He pushes Sam into the pool!</p>									
M28	F / F	<p>homophones - by and buy, meet and meat, some and sum</p>	<p>Guy and Imaan meet by the supermarket. They buy some fresh meat and beans for supper. They add up the sum they spend and agree to pay half each.</p>									
M29	F / 3		<p>It was very rainy on Friday. The sky was dull and grey. We wanted to go to the forest but we had to stay in nearly all day. I didn't want to stay in.</p>									
M30	F / 3	<p>Q: <i>Can you type the word that tells us what the children saw?</i> A: rainbow</p>	<p>When the rain had finally stopped, we took Timmy for a walk. The sun began to shine and we saw a rainbow. The different shades were wonderful.</p>									
M31	F / F / B		<table border="0"> <tr> <td>grey</td> <td>sky</td> <td>walk</td> </tr> <tr> <td>stay</td> <td>very</td> <td>nearly</td> </tr> <tr> <td>shade</td> <td>forest</td> <td>Friday</td> </tr> </table>	grey	sky	walk	stay	very	nearly	shade	forest	Friday
grey	sky	walk										
stay	very	nearly										
shade	forest	Friday										
M32	F / 3		<p>The rainbow was an arc of red, orange, yellow, green, blue, indigo and violet. It stayed in the sky and got brighter and brighter.</p>									
M33	F / 3		<p>We stood looking at the rainbow and did not see Timmy sneak off. He must have gone for a swim in the brook. Some dogs love to swim. He did not come back.</p>									

LESSON	STARS	RELEVANT NOTES	CONTENTS		
M34	F / F / B		gone stood yellow	five over brook	some green stayed
M35	F / 3		I called "Come here Timmy, Timmy" lots of times. We didn't find my little dog. I began to think he was lost. Then, I saw him in the water doing doggy paddle!!		
M36	F / 3	Q: <i>Can you type the word that tells us Timmy was very wet?</i> A: soaked	We both called his name again. He came back. His fur was soaked. He ran over to greet us then he shook himself. We got soaked too but we didn't mind.		
M37	F / F / B		mind Timmy himself	greet again soaked	find shock paddle
M38	F / F	homophones - whole and hole, knew and new	The whole family help to fill in the hole in the garden. They knew the fox might come back to dig a new hole.		
M39	F / 3	grammar - verbs Q: <i>Can you type the verb in sentence number one?</i> A: run Q: <i>Can you type the verb in sentence number two?</i> A: ride Q: <i>Can you type the verb in sentence number three?</i> A: swim	A verb is a doing word. 1. I run to school. 2. I ride my bike. 3. I swim in the pool.		

LESSON	STARS	RELEVANT NOTES	CONTENTS									
N1	F / 3	the two ow sounds	The letters o and w together make two sounds. In the word low we can hear the sound ow but in the word cow we can hear the sound ow.									
N2	F / 3		It's circus time! The clown shows off his yellow and brown bow tie. Then he makes his purple flower squirt a shower of water over the crowd.									
N3	F / F / B		<table border="0"> <tr> <td>cow</td> <td>now</td> <td>power</td> </tr> <tr> <td>clown</td> <td>towel</td> <td>crowd</td> </tr> <tr> <td>shower</td> <td>flower</td> <td>powder</td> </tr> </table>	cow	now	power	clown	towel	crowd	shower	flower	powder
cow	now	power										
clown	towel	crowd										
shower	flower	powder										
N4	F / 3	Q: <i>Which word is the past tense of ring?</i> A: rang	Mum drove slowly in the snow but we still got stuck. We slipped and slid in the powdery snow. It was fun! Mum rang the garage in town to come and give us a tow.									
N5	F / 3	Q: <i>Which word is the past tense of take?</i> A: took	We took it in turns to throw snowballs at Mum. I made a slide. Mum slid down and ended up in a snowdrift below. Soon the truck arrived to tow us home.									
N6	F / F / B		<table border="0"> <tr> <td>tow</td> <td>slow</td> <td>home</td> </tr> <tr> <td>slide</td> <td>ended</td> <td>throw</td> </tr> <tr> <td>come</td> <td>rainbow</td> <td>below</td> </tr> </table>	tow	slow	home	slide	ended	throw	come	rainbow	below
tow	slow	home										
slide	ended	throw										
come	rainbow	below										
N7	BLANK	dictation - ow as in down	A big crowd followed the clown down to the beach to see a free show. Wow, what a show! Now that the show is over, the crowds stroll back into town.									
N8	F / 3		Last week, when we were playing with my new Frisbee it got stuck up a tree. "I must get it back," I said. "Let's push and pull the tree. If we all heave at once the Frisbee might fall down."									
N9	F / 3	Q: <i>Can you type the word that means friend?</i> A: pal	Two or three twigs dropped from the tree but the Frisbee stayed up! Next we got a stick but it was too short. My pal said "It's too tricky to get." We almost gave up trying.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
N10	F / F / B		<table border="0"> <tr> <td>week</td> <td>must</td> <td>pull</td> </tr> <tr> <td>stayed</td> <td>short</td> <td>push</td> </tr> <tr> <td>playing</td> <td>there</td> <td>once</td> </tr> </table>	week	must	pull	stayed	short	push	playing	there	once
week	must	pull										
stayed	short	push										
playing	there	once										
N11	F / 3	<p>Q: <i>What is the cat's name?</i> A: Sooty</p>	<p>Finally, I had a good plan. I had one more try. I decided to send my cat Sooty up the tree. Sooty likes going up trees, so she soon ran up the tree.</p>									
N12	F / 3		<p>Sooty just sat in the tree. She did not seem to want to get the Frisbee for us. I called, "Come on Sooty, help us get the Frisbee." Then a little sparrow flew onto a branch and Sooty stood up.</p>									
N13	F / F / B		<table border="0"> <tr> <td>more</td> <td>try</td> <td>little</td> </tr> <tr> <td>Frisbee</td> <td>flew</td> <td>final</td> </tr> <tr> <td>sparrow</td> <td>bird</td> <td>called</td> </tr> </table>	more	try	little	Frisbee	flew	final	sparrow	bird	called
more	try	little										
Frisbee	flew	final										
sparrow	bird	called										
N14	F / 3		<p>Sooty always wants to catch birds. She saw the sparrow hop along the branch. Sooty crept right up to the top of the tree, then, she sprang at the bird, claws open.</p>									
N15	F / 3	<p>Q: <i>Did the sparrow escape?</i> A: yes</p>	<p>The sparrow took off just in time and the Frisbee fell down with some twigs. Thank goodness I didn't have to tell Mum and Dad I had lost my birthday present.</p>									
N16	F / F / B		<table border="0"> <tr> <td>thank</td> <td>claws</td> <td>right</td> </tr> <tr> <td>present</td> <td>catch</td> <td>open</td> </tr> <tr> <td>birthday</td> <td>sprang</td> <td>always</td> </tr> </table>	thank	claws	right	present	catch	open	birthday	sprang	always
thank	claws	right										
present	catch	open										
birthday	sprang	always										
N17	F / F	homophones - brake and break	<p>John was in a hurry. He had to brake hard to slow down as he drove into the village. He did not want to break the speed limit.</p>									
N18	F / 3	ou	<p>The letters o and u together can make the sound ou.</p> <table border="0"> <tr> <td>out</td> <td>loud</td> <td>noun</td> </tr> <tr> <td>house</td> <td>cloud</td> <td>mouth</td> </tr> </table>	out	loud	noun	house	cloud	mouth			
out	loud	noun										
house	cloud	mouth										

LESSON	STARS	RELEVANT NOTES	CONTENTS									
N19	F / 3	Q: <i>What is the opposite of up?</i> A: down	My hamster, Howard, has a pouch on each side of his mouth. He has found a brown nut down a hole. Now Howard has put the round nut in his pouch.									
N20	F / 3	Q: <i>Which word means fly down?</i> A: swoop	The barn owl is white and brown. It does not make a sound if it sees a mouse. The owl wants to swoop down and grab the mouse if it can.									
N21	F / F / B		<table border="0"> <tr> <td>found</td> <td>count</td> <td>south</td> </tr> <tr> <td>sound</td> <td>pouch</td> <td>shout</td> </tr> <tr> <td>mouth</td> <td>round</td> <td>mouse</td> </tr> </table>	found	count	south	sound	pouch	shout	mouth	round	mouse
found	count	south										
sound	pouch	shout										
mouth	round	mouse										
N22	BLANK	dictation - ou	I found the toy mouse and wound it up. The mouse ran round and round the room. The spring inside it made a loud clicking sound.									
N23	F / 3	grammar - nouns Q: <i>Can you type the noun in sentence number one?</i> A: cat Q: <i>Can you type the noun in sentence number two?</i> A: bike Q: <i>Can you type the noun in sentence number three?</i> A: sea	A noun is a word used as the name of a person or thing. 1. I have a cat. 2. I ride my bike. 3. I like to swim in the sea.									
N24	F / F	homophones - blue and blew, whole and hole	We filled the blue wheelbarrow with leaves but the strong wind blew the whole lot out again. Some of the leaves went down a rabbit hole.									
N25	F / 3		Jamail and Joe are Scouts. They are going fishing. Today they take a large bucket to hold the trout. Joe has some bits of meat in the pouch of his rucksack.									
N26	F / 3	Q: <i>In which country is Mount Snowdon?</i> A: Wales	The friends have paid to fish in a lake near the foot of Mount Snowdon in Wales. They follow a trail round the mountain. The hike is about a mile.									

LESSON	STARS	RELEVANT NOTES	CONTENTS									
N27	F / F / B		<table border="0"> <tr> <td>near</td> <td>trout</td> <td>trail</td> </tr> <tr> <td>scout</td> <td>about</td> <td>mount</td> </tr> <tr> <td>follow</td> <td>rucksack</td> <td>friend</td> </tr> </table>	near	trout	trail	scout	about	mount	follow	rucksack	friend
near	trout	trail										
scout	about	mount										
follow	rucksack	friend										
N28	F / 3		The two friends find a good place to fish from and put all the kit on the ground. Jamail and Joe bait up the hooks then make themselves a round of sandwiches.									
N29	F / 3	<p>Q: <i>Which word describes the breeze?</i> A: fresh</p>	As the lads eat lunch they wait to see if the floats go under. They like fishing even if they don't catch anything. They love to be out in the fresh breeze just gazing at the clouds.									
N30	F / F / B		<table border="0"> <tr> <td>fresh</td> <td>cloud</td> <td>bait</td> </tr> <tr> <td>breeze</td> <td>ground</td> <td>wait</td> </tr> <tr> <td>gazing</td> <td>anything</td> <td>float</td> </tr> </table>	fresh	cloud	bait	breeze	ground	wait	gazing	anything	float
fresh	cloud	bait										
breeze	ground	wait										
gazing	anything	float										
N31	F / 3		Joe gets a bite and reels in a brown trout. He takes the hook out of its mouth and puts it in the bucket. Jamail is not so lucky, he just catches an old boot!									
N32	F / 3		After a while the friends decide to pack up. As they walk home they skim pebbles across the surface of the water. Jamail counts seven bounces of his pebble.									
N33	F / F / B		<table border="0"> <tr> <td>walk</td> <td>old</td> <td>lucky</td> </tr> <tr> <td>brown</td> <td>water</td> <td>while</td> </tr> <tr> <td>decide</td> <td>bucket</td> <td>bounce</td> </tr> </table>	walk	old	lucky	brown	water	while	decide	bucket	bounce
walk	old	lucky										
brown	water	while										
decide	bucket	bounce										
N34	F / 3	wh	<p>The letters w and h together make the sound wh. We often use these letters at the beginning of words that ask a question.</p> <table border="0"> <tr> <td>who</td> <td>why</td> <td>which</td> </tr> <tr> <td>what</td> <td>when</td> <td>where</td> </tr> </table>	who	why	which	what	when	where			
who	why	which										
what	when	where										

LESSON	STARS	RELEVANT NOTES	CONTENTS
N35	F / 3	Q: <i>Who asked six questions?</i> A: Kit	Kit said, "Who is coming? When will they arrive? Why are they late? Which train did they catch? What will they bring? Where are they?" Mum said, "Do you ever stop asking questions?"
N36	F / F	homophones - find and fined, their and there	Mr and Mrs Donovan find a parking ticket stuck to the windscreen of their car. They have been fined for leaving the car there for more than two hours.
N37	F / 3	air and are	The letter patterns a i r and a r e can both make the sound air. fair hair stairs dare mare spare
N38	F / 3	Q: <i>Which word tells that there are two hares?</i> A: pair	It is winter and the trees are bare. Clare and her parents spot a pair of hares on the lawn by the stone fairy. They all stare but take care not to scare the timid hares.
N39	F / 3		Hares are becoming quite rare. Clare stands on a chair to get a better view. She has never seen a sight like this in her garden before. Suddenly the hares are aware of Clare and hop off.
N40	F / F / B		pair chair hare care Clare view bare stare fairy lawn timid aware
N41	BLANK	dictation - air, are and oar	The thin man hoards rare stamps in a cardboard box under his chair. When he lifts the lid, a cloud of dust rises into the air. He stares at his stamps.
N42	F / 3		Gordon drives one of the forklift trucks at the warehouse. He is on the night shift at the moment. He has to get to work by nine o'clock in the evening and works until seven a.m.

LESSON	STARS	RELEVANT NOTES	CONTENTS												
N43	F / 3	Q: <i>Which word means very big?</i> A: huge	The warehouse belongs to a clothing company. Gordon transfers huge boxes to the despatch bay where they will be sorted and loaded. The firm exports thousands of pairs of jeans to Italy.												
N44	F / F / B		<table border="0"> <tr> <td>night</td> <td>export</td> <td>load</td> </tr> <tr> <td>seven</td> <td>forklift</td> <td>firm</td> </tr> <tr> <td>belongs</td> <td>moment</td> <td>Italy</td> </tr> <tr> <td>evening</td> <td>thousand</td> <td>boxes</td> </tr> </table>	night	export	load	seven	forklift	firm	belongs	moment	Italy	evening	thousand	boxes
night	export	load													
seven	forklift	firm													
belongs	moment	Italy													
evening	thousand	boxes													
N45	F / F	homophones - hare and hair	A hare looks a bit like a rabbit but it is much bigger and it has black hair on the tips of its ears.												
N46	F / 3	Q: <i>What type of aircraft is flown by the Red Arrows?</i> A: Hawk	The Red Arrows are a team of highly skilled pilots flying Hawk aircraft. The team consists of nine display pilots, including the Team Leader. They put on displays all over England.												
N47	F / 3		The trails of smoke from the Red Arrows aren't just decorative. They serve a useful purpose too. The trails allow the Team Leader to calculate the speed and movement of the wind.												
N48	F / F / B		<table border="0"> <tr> <td>skill</td> <td>over</td> <td>pilot</td> </tr> <tr> <td>useful</td> <td>allow</td> <td>highly</td> </tr> <tr> <td>smoke</td> <td>serve</td> <td>speed</td> </tr> <tr> <td>movement</td> <td>arrow</td> <td>display</td> </tr> </table>	skill	over	pilot	useful	allow	highly	smoke	serve	speed	movement	arrow	display
skill	over	pilot													
useful	allow	highly													
smoke	serve	speed													
movement	arrow	display													

LESSON	STARS	RELEVANT NOTES	CONTENTS
O1	F / 3	oi and oy	The letters o i and o y both make the sound oy as in boy. oil soil join boy toy royal
O2	F / 3	punctuation - colon Q: <i>Can you type the word that means having a job?</i> A: employed	Leroy and Joyce are husband and wife. Leroy is making a surprise dinner for his wife's birthday. Joyce is at work: she's a postwoman and employed by the Royal Mail.
O3	F / 3		Leroy enjoys cooking. Tonight he's preparing oysters and prawns as a starter. The main dish is a joint of beef with a choice of roasted peppers and onions, along with carrots and spinach.
O4	F / F / B		joy joyful enjoy join joined joint coin point carrot prawn dinner employ
O5	F / 3	Q: <i>Which vegetable is steamed?</i> A: spinach	Leroy prepares the vegetables for roasting. He arranges them on a foil tray then adds a few splashes of olive oil. The carrots need to be boiled and the spinach will be steamed.
O6	F / 3		Joyce finishes work and takes the back roads home to avoid the heavy traffic. When Joyce enters the house Leroy gives her a bunch of flowers. Leroy spoils Joyce.
O7	F / F / B		oil foil boil avoid spoil noise annoy destroy royal roast splashes heavy
O8	F / F	homophones - fare and fair	Harry heard that the bus fare had gone up. He said, "Oh no, not again, that's not fair!"
O9	F / 3		We're bound for the south of France. My family and I join the ferry. The captain prepares to leave the shore. A sailor carefully coils the spare rope avoiding the patch of oil close to him.

LESSON	STARS	RELEVANT NOTES	CONTENTS
O10	F / 3	Q: <i>Which word describes the sea?</i> A: choppy	The last passengers board the ferry. We stroll around the deck. I'm glad I took a tablet to prevent seasickness as the ocean appears rather choppy. We're very excited about this voyage.
O11	F / F / B		spare shore close sailor around tablet board voyage France ocean captain appear
O12	F / 3		The engines begin to roar and the ferry glides out of the harbour. Seagulls soar overhead. The glare of the sun on the waves dazzles me. I put on my sunglasses and sun cream.
O13	F / 3	Q: <i>Which country are we travelling to?</i> A: France	I relax and start to enjoy my first trip abroad. When we get to France my French penfriend will be waiting for us. She's good at English but I like to practise speaking French as much as I can.
O14	F / F / B		roar glide first ferry waiting relax English speaking French dazzles overhead seagull
O15	BLANK	dictation - oi and oy	Roy takes good care of his royal blue car. He enjoys checking the oil and water. He wipes the windows with a moist cloth and shakes the soil off the mats.
O16	F / F	homophones - pair and pear	Martin puts on a pair of trainers to take his puppy for a walk. He packs sandwiches and a pear for himself and some treats for his puppy.

LESSON	STARS	RELEVANT NOTES	CONTENTS
O17	F / 3	nouns - y to ies	<p>Look at the following nouns to see how the letter pattern changes.</p> <p>lady ladies copy copies policy policies</p> <p>We change the y to i, and add es.</p>
O18	F / 3	<p>Q: <i>What kind of fruit does Simon take to school?</i> A: blackberries</p>	<p>In my cookery class at school we make smoothies. I took in frozen strawberries, my friend Vikram took in raspberries and Simon had picked some blackberries. Fresh berries make a healthy drink.</p>
O19	F / 3		<p>We washed the fruit well. I made my smoothie by adding ice cubes, lemonade and strawberry yogurt. Vikram invented a raspberry and peach smoothie. Simon made a Blackberry Burst.</p>
O20	F / F / B		<p>cube Simon fruit berry berries burst yogurt cookeryschool invent invented frozen</p>
O21	F / 3	verbs - y to ies or ied	<p>Look at the following verbs to see how the letter pattern changes.</p> <p>cry cries cried copy copies copied hurry hurries hurried</p> <p>We change the y to i, and add es or ed.</p>
O22	F / F	homophones - where and wear	<p>Where have you left your coat? There it is! Wear your hat and scarf as well.</p>
O23	BLANK	dictation - ies	<p>The small girl spies some brown butterflies and points at them. She cries when they fly away. She hurries down the path and tries to find them again.</p>

LESSON	STARS	RELEVANT NOTES	CONTENTS
O24	F / 3	Q: <i>How many baby crocodiles went into the old crocodile's mouth?</i> A: three	The old crocodile seemed hungry. She slid across the mud towards some baby crocodiles. We were worried when the first tiny crocodile went into her mouth! Then two more met the same fate.
O25	F / 3		The crocodile swam off to an island. We didn't understand much about the habits of crocodiles. Slowly she opened her jaws. Out scurried her babies! She had moved them to safety.
O26	F / F / B		habit babies tiny hungry worriedsafely crocodile towards island understand scurried safety
O27	BLANK	dictation - ied	The baby tried to reach the toy. He cried until his mother hurried in. She picked it up for him. He gave her a satisfied smile.
O28	F / 3	tricky words - said and talk	To help us spell tricky words we can make up fun reminders. Look at the following examples. To help us spell the word SAID, we can say "Sally Ann Is Dancing." To help us spell the word TALK, we can say "Talk About Lazy Kangaroos."
O29		homophones - night and knight, tale and tail	Dad reads the children a story every night. They like the tale about the knight on a white horse and the one about the puppy that could not stop wagging its tail.
O30	F / 3	dge	The letters d g e together make the sound dge, like j. lodge ledge ridge wedge budge judge badge badger hedge
O31	F / 3		The old man trudged along the edge of the road. He was dressed in the oldest clothes you ever saw and had a long untidy beard. As he walked he hummed a merry tune.

LESSON	STARS	RELEVANT NOTES	CONTENTS
O32	F / 3	Q: <i>What drink did the tramp ask for?</i> A: water	The tramp was pushing an old pram that contained all his belongings. After a while he became thirsty and stopped to ask for some water at a house near a bridge.
O33	F / F / B		house edge tune beard trudge bridge oldest clothes untidy dressed thirsty stopped
O34	F / 3	Q: <i>What is the opposite of quiet?</i> A: noisy	At the house there was a noisy dog. It barked at the tired old tramp. The owner felt sorry for the tramp so she gave him a drink and some fudge. With a big smile, the tramp headed off again.
O35	F / 3		Towards the evening the tramp felt hungry. He found some dry sticks in the hedge and made a little fire. He boiled some water and brewed a mug of tea. He ate a pasty and the fudge for his supper.
O36	F / F / B		fudge little tired noisy smile pasty hedge boiled again supper evening brewed
O37	BLANK	dictation - dge	The children ran over the bridge and along the path by the high hedge. They sat down at the edge of the track and ate some fudge.

LESSON	STARS	RELEVANT NOTES	CONTENTS												
P1	F / 4	tricky words - could, would and should	The words could, would and should all end in the letters o u l d. A good way to remember this is to say, "Could Old Umbrellas Leak Drips? Would Old Umbrellas Leak Drips? Should Old Umbrellas Leak Drips?"												
P2	F / 4		In December the shops get busy because people want to buy gifts. Last Thursday I went shopping to find something that my little sister Mulan would like. She is eleven and a half.												
P3	F / 4	<p>Question and Answer:</p> <p>Words in Black Italic are to be listened to only and do not appear on screen</p> <p>Answers to be typed are in Bold Black</p> <p>Q: <i>Which word describes the range of colours?</i> A: fantastic</p>	The first shop was too crowded: about twenty people stood in a long line right up to the door. I walked along to a store selling T-shirts. There was a fantastic range of colours.												
P4	F / F / B		<table border="0"> <tr> <td>people</td> <td>half</td> <td>busy</td> </tr> <tr> <td>twenty</td> <td>range</td> <td>colours</td> </tr> <tr> <td>because</td> <td>strange</td> <td>walked</td> </tr> <tr> <td>December</td> <td>Thursday</td> <td>crowded</td> </tr> </table>	people	half	busy	twenty	range	colours	because	strange	walked	December	Thursday	crowded
people	half	busy													
twenty	range	colours													
because	strange	walked													
December	Thursday	crowded													
P5	F / F	homophones - would and wood, knew and new	Victoria asked Mary if she would join her for a walk in the wood. She knew they would need to wear their new wellies if they were going anywhere muddy.												
P6	F / 4		The shirts were all much too large for my sister Mulan. They were for thirteen to fourteen year old girls. When I had looked in three more crowded shops, I was tired but tried just one more.												
P7	F / 4		There were all sorts of super presents for young people. I saw a pair of teddy bear slippers costing eight pounds and ninety-nine pence. I was in luck! I could get those.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
P8	F / F / B		<table border="0"> <tr> <td>large</td> <td>tired</td> <td>pair</td> </tr> <tr> <td>eight</td> <td>ninety</td> <td>super</td> </tr> <tr> <td>could</td> <td>present</td> <td>slippers</td> </tr> <tr> <td>pence</td> <td>fourteen</td> <td>thirteen</td> </tr> </table>	large	tired	pair	eight	ninety	super	could	present	slippers	pence	fourteen	thirteen
large	tired	pair													
eight	ninety	super													
could	present	slippers													
pence	fourteen	thirteen													
P9	F / 4	<p>Q: <i>What kind of bear did the slippers have on them?</i></p> <p>A: koala</p>	Mulan loves bears and the koala slippers were cute with big ears. I spotted some with pink and white bows around their necks. I bought a pair of size twelve slippers.												
P10	F / 4		I noticed some matching socks in the bargain basket so I bought two pairs. Then I felt ready for a break. I thought I would treat myself to a hot chocolate.												
P11	F / F / B		<table border="0"> <tr> <td>cute</td> <td>white</td> <td>treat</td> </tr> <tr> <td>would</td> <td>bought</td> <td>koala</td> </tr> <tr> <td>twelve</td> <td>bargain</td> <td>ready</td> </tr> <tr> <td>matching</td> <td>chocolate</td> <td>thought</td> </tr> </table>	cute	white	treat	would	bought	koala	twelve	bargain	ready	matching	chocolate	thought
cute	white	treat													
would	bought	koala													
twelve	bargain	ready													
matching	chocolate	thought													
P12	F / F	homophones - their and there	The girls lost their toys over there by the tree. The next day, they ask their mothers to help them find the toys.												
P13	F / 4		At the restaurant I saw at least eighteen people waiting to be served. I changed my mind about the hot chocolate. I would carry on Christmas shopping but only for another forty-five minutes.												
P14	F / 4		I chose a travel book for my aunt and uncle. With all my shopping finished, I hurried to the bus stop. I saw the bus disappearing around the corner. I should have got there earlier!												
P15	F / F / B		<table border="0"> <tr> <td>early</td> <td>share</td> <td>aunt</td> </tr> <tr> <td>hurried</td> <td>travel</td> <td>should</td> </tr> <tr> <td>Christmas</td> <td>earlier</td> <td>corner</td> </tr> <tr> <td>disappear</td> <td>eighteen</td> <td>minute</td> </tr> </table>	early	share	aunt	hurried	travel	should	Christmas	earlier	corner	disappear	eighteen	minute
early	share	aunt													
hurried	travel	should													
Christmas	earlier	corner													
disappear	eighteen	minute													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
P16	BLANK	dictation - could, should and would	Martin asked if he could leave work promptly. The traffic should not delay him too much as long as he leaves by five. He would like to go to the match in the evening.												
P17	F / 4	Q: <i>Which word describes the longships' sails?</i> A: striped	The village lookout was on top of the cliff at dawn. As the light grew brighter, the striped sails of Viking longships became visible on the horizon. It was clear that the Vikings intended to raid the settlement.												
P18	F / 4		The young lookout was frightened. He sprinted towards the village to warn everyone. The people bravely prepared to defend their homes and families. They had been expecting the fierce raiders.												
P19	F / F / B		<table border="0"> <tr> <td>expect</td> <td>intend</td> <td>clear</td> </tr> <tr> <td>defend</td> <td>horizon</td> <td>warn</td> </tr> <tr> <td>families</td> <td>brighter</td> <td>sight</td> </tr> <tr> <td>sprinted</td> <td>everyone</td> <td>dawn</td> </tr> </table>	expect	intend	clear	defend	horizon	warn	families	brighter	sight	sprinted	everyone	dawn
expect	intend	clear													
defend	horizon	warn													
families	brighter	sight													
sprinted	everyone	dawn													
P20	F / F	homophones - you, ewe and yew	You must make sure the ewe and her lambs cannot get to the yew tree. The yew tree's berries are poisonous and might kill the sheep.												
P21	F / 4		The Viking longships sailed further inshore using their oars to go faster. On arriving at the seashore the Vikings jumped out of their longships. They dragged the shallow, light vessels up the beaches.												
P22	F / 4	Q: <i>What were the Viking axes made from?</i> A: iron	The raiders charged into the village waving their iron axes. The wise locals offered the Vikings bribes of food and treasure to leave. Luckily, this time the bribery worked: there was no fighting.												
P23	F / F / B		<table border="0"> <tr> <td>iron</td> <td>oars</td> <td>vessel</td> </tr> <tr> <td>axes</td> <td>Viking</td> <td>charge</td> </tr> <tr> <td>luckily</td> <td>treasure</td> <td>village</td> </tr> <tr> <td>seashore</td> <td>longship</td> <td>arrival</td> </tr> </table>	iron	oars	vessel	axes	Viking	charge	luckily	treasure	village	seashore	longship	arrival
iron	oars	vessel													
axes	Viking	charge													
luckily	treasure	village													
seashore	longship	arrival													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
P24	F / 4	ph	<p>The letters p and h together make the sound ph, like f.</p> <table border="0"> <tr> <td>graph</td> <td>elephant</td> <td>photo</td> </tr> <tr> <td>phone</td> <td>telephone</td> <td>trophy</td> </tr> </table> <p>My nephew Philip won a trophy with his photograph of an elephant.</p>	graph	elephant	photo	phone	telephone	trophy						
graph	elephant	photo													
phone	telephone	trophy													
P25	BLANK	dictation - ph	<p>The old photo album contained some photographs of a pod of dolphins. I asked my nephew if he would make me photocopies of the best ones.</p>												
P26	F / 4		<p>Have you ever wondered where squirrels live? They live in something called a drey, which is similar to a bird's nest, and usually found in trees. If you are quiet, you may see a squirrel squeeze into its drey.</p>												
P27	F / 4		<p>Squirrel babies are called kittens. They squeak when hungry and are fed on milk just like a cat's kittens. They grow quickly but only leave the drey when they are adults.</p>												
P28	F / F / B		<table border="0"> <tr> <td>leave</td> <td>usual</td> <td>adult</td> </tr> <tr> <td>squeak</td> <td>equal</td> <td>similar</td> </tr> <tr> <td>quickly</td> <td>squeeze</td> <td>equally</td> </tr> <tr> <td>squirrel</td> <td>something</td> <td>kittens</td> </tr> </table>	leave	usual	adult	squeak	equal	similar	quickly	squeeze	equally	squirrel	something	kittens
leave	usual	adult													
squeak	equal	similar													
quickly	squeeze	equally													
squirrel	something	kittens													
P29	F / F	homophones - bare and bear	<p>Polar bears have to hunt their prey on the bare ice. Each female bear has to catch plenty of food to keep her cubs alive.</p>												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
P30	F / 4	grammar-adjectives Q: <i>Can you type the adjective in sentence number one?</i> A: large Q: <i>Can you type the adjective in sentence number two?</i> A: tiny Q: <i>Can you type the adjective in sentence number three?</i> A: cloudy	Polar bears have to hunt their prey on the bare ice. Each female bear has to catch plenty of food to keep her cubs alive. 1. I saw a large elephant. 2. A tiny mouse ate the seed. 3. The sky is cloudy today.												
P31	F / 4	consolidation of soft c	Celia decided to ride her bicycle home after work. She left her office in the central part of the city. As she cycled by the cinema an ambulance and a police car raced past her.												
P32	F / 4	Q: <i>Which word tells us that the accident wasn't serious?</i> A: minor	In the distance, Celia could see that a minor accident had happened. Where the council were cementing the road, a car had hit the fence and skidded into the wet cement.												
P33	F / F / B		<table border="0"> <tr> <td>cycle</td> <td>council</td> <td>fence</td> </tr> <tr> <td>police</td> <td>bicycle</td> <td>decide</td> </tr> <tr> <td>office</td> <td>accident</td> <td>central</td> </tr> <tr> <td>distance</td> <td>ambulance</td> <td>cinema</td> </tr> </table>	cycle	council	fence	police	bicycle	decide	office	accident	central	distance	ambulance	cinema
cycle	council	fence													
police	bicycle	decide													
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distance	ambulance	cinema													
P34	F / 4	Q: <i>Which family do killer whales belong to?</i> A: dolphin	The killer whale is black with white patches over the eyes and below the jaw, extending to the belly and sides. The males can grow to eight metres long. They are the largest of the dolphin family.												
P35	F / 4	Q: <i>Which word describes the shape of the whales' teeth?</i> A: conical	Killer whales are at the top of the food chain in the sea. They have no natural predators, only man. They have about forty-eight conical shaped teeth that are curved backwards and inwards.												
P36	F / F / B		<table border="0"> <tr> <td>jaw</td> <td>forty</td> <td>conical</td> </tr> <tr> <td>curve</td> <td>extend</td> <td>natural</td> </tr> <tr> <td>patch</td> <td>patches</td> <td>dolphin</td> </tr> <tr> <td>largest</td> <td>predator</td> <td>inwards</td> </tr> </table>	jaw	forty	conical	curve	extend	natural	patch	patches	dolphin	largest	predator	inwards
jaw	forty	conical													
curve	extend	natural													
patch	patches	dolphin													
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LESSON	STARS	RELEVANT NOTES	CONTENTS												
P37	F / F	homophones - horse and hoarse	Jim fell off his horse and it trotted away. He called the horse, then shouted loudly. Jim's shouting made him hoarse but the horse just ignored him.												
P38	F / 4		Whales are warm-blooded mammals. Killer whales can also be called orca whales. They travel in family groups called pods. The three different types of orca pods are resident, transient and offshore.												
P39	F / 4	Q: <i>Which kind of orca pod feeds on migrating fish?</i> A: resident	Resident orca pods, of up to fifty whales, feed on migrating fish. Transient orcas travel in smaller pods of one to five, feeding on seals and sea birds. Offshore orcas live in the open ocean and only eat fish.												
P40	F / F / B		<table border="0"> <tr> <td>travel</td> <td>migrate</td> <td>type</td> </tr> <tr> <td>family</td> <td>mammals</td> <td>blood</td> </tr> <tr> <td>offshore</td> <td>transient</td> <td>whale</td> </tr> <tr> <td>resident</td> <td>travelling</td> <td>group</td> </tr> </table>	travel	migrate	type	family	mammals	blood	offshore	transient	whale	resident	travelling	group
travel	migrate	type													
family	mammals	blood													
offshore	transient	whale													
resident	travelling	group													
P41	F / 4		Killer whales inhabit all the oceans but prefer cooler, coastal waters. Orcas are successful hunters because they work together to catch their prey. They prey on squid, sea lions and even blue whales.												
P42	F / 4	Q: <i>What is another name for a killer whale?</i> A: orca	The young of a killer whale is born after seventeen months. The whale calf is about one and a half metres long. Orca whales have a similar lifespan to that of a human, about fifty to eighty years.												
P43	F / F / B		<table border="0"> <tr> <td>calf</td> <td>calves</td> <td>prey</td> </tr> <tr> <td>squid</td> <td>similar</td> <td>prefer</td> </tr> <tr> <td>ocean</td> <td>success</td> <td>coastal</td> </tr> <tr> <td>human</td> <td>inhabit</td> <td>lifespan</td> </tr> </table>	calf	calves	prey	squid	similar	prefer	ocean	success	coastal	human	inhabit	lifespan
calf	calves	prey													
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LESSON	STARS	RELEVANT NOTES	CONTENTS												
Q1	F / F	homophones - bored and board	Jessica knew the children would get bored on the long journey so she packed a couple of their favourite board games.												
Q2	F / 4	silent letters	Some words include silent letters. Here are just a few. <table border="0"> <tr> <td>comb</td> <td>lamb</td> <td>limb</td> </tr> <tr> <td>know</td> <td>knot</td> <td>knife</td> </tr> <tr> <td>ghost</td> <td>rhyme</td> <td>honest</td> </tr> </table>	comb	lamb	limb	know	knot	knife	ghost	rhyme	honest			
comb	lamb	limb													
know	knot	knife													
ghost	rhyme	honest													
Q3	F / 4	Q: <i>Which word tells us that John did not panic?</i> A: calm	It was autumn and the road was very slippery. John the plumber took a wrong turning and hit a road sign. He cut his knee and wrist a little and his thumb went numb. He stayed calm.												
Q4	F / 4		John was in no doubt that he was lucky to have climbed out of the wreckage of his vehicle. John phoned his customer to say he would be there in an hour, but there was no answer.												
Q5	F / F / B		<table border="0"> <tr> <td>hour</td> <td>sign</td> <td>knee</td> </tr> <tr> <td>calm</td> <td>wrist</td> <td>climb</td> </tr> <tr> <td>wrong</td> <td>doubt</td> <td>whistle</td> </tr> <tr> <td>wreckage</td> <td>vehicle</td> <td>answer</td> </tr> </table>	hour	sign	knee	calm	wrist	climb	wrong	doubt	whistle	wreckage	vehicle	answer
hour	sign	knee													
calm	wrist	climb													
wrong	doubt	whistle													
wreckage	vehicle	answer													
Q6	F / 4	Q: <i>Which word means the same as chase?</i> A: pursuit	It is time to round up the cattle. Suddenly three cows break through the boundary fence. The cows pound away in a cloud of dust. The mounted cowboys shout loudly as they urge their horses in pursuit.												
Q7	F / 4		The cowboys speed off towards the mountains after the escaped cows. The men dismount and crouch down behind a mound to hide. They do not make a sound. They are astounded by what they see.												
Q8	F / F / B		<table border="0"> <tr> <td>round</td> <td>break</td> <td>cattle</td> </tr> <tr> <td>mound</td> <td>horses</td> <td>joined</td> </tr> <tr> <td>crouch</td> <td>boundary</td> <td>certain</td> </tr> <tr> <td>towards</td> <td>mountain</td> <td>cowboys</td> </tr> </table>	round	break	cattle	mound	horses	joined	crouch	boundary	certain	towards	mountain	cowboys
round	break	cattle													
mound	horses	joined													
crouch	boundary	certain													
towards	mountain	cowboys													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
Q9	F / F	homophones - flour and flower	Mario is trying a new biscuit recipe. He sifts the plain flour and adds baking powder. Mario combines the dry ingredients with butter and eggs. He cuts the dough into flower shapes.												
Q10	F / 4	Q: <i>How many syllables does the word canyon have?</i> A: two	The cowboys peek over the mound. The three cattle have joined up with a herd of wild brown horses. The animals stop at the mouth of a huge deep canyon. The horses toss their manes and snort.												
Q11	F / 4		The gang gallop back to the ranch to get more help. The rancher assembles as many cowboys and cowgirls as possible. They all saddle up and collect their lassoes to catch the escaped cows.												
Q12	F / F / B		<table border="0"> <tr> <td>herd</td> <td>mane</td> <td>wild</td> </tr> <tr> <td>mouth</td> <td>many</td> <td>collect</td> </tr> <tr> <td>possible</td> <td>snort</td> <td>saddle</td> </tr> <tr> <td>assemble</td> <td>paddle</td> <td>escape</td> </tr> </table>	herd	mane	wild	mouth	many	collect	possible	snort	saddle	assemble	paddle	escape
herd	mane	wild													
mouth	many	collect													
possible	snort	saddle													
assemble	paddle	escape													
Q13	F / 4		The riders gallop to the canyon but the horses and cattle are nowhere to be seen. The search party splits up. Half the cowhands look in the canyon and the rest check the dry riverbed.												
Q14	F / 4	Q: <i>What drove the cattle back to the corral?</i> A: thirst	After a long day on horseback, both search parties head home. When they arrive they find the runaway cattle trying to reach the water inside the corral. Thirst has driven the cattle home again.												
Q15	F / F / B		<table border="0"> <tr> <td>horse</td> <td>earth</td> <td>half</td> </tr> <tr> <td>search</td> <td>ranch</td> <td>gallop</td> </tr> <tr> <td>parties</td> <td>cowhand</td> <td>thirst</td> </tr> <tr> <td>runaway</td> <td>horseback</td> <td>canyon</td> </tr> </table>	horse	earth	half	search	ranch	gallop	parties	cowhand	thirst	runaway	horseback	canyon
horse	earth	half													
search	ranch	gallop													
parties	cowhand	thirst													
runaway	horseback	canyon													
Q16	F / F	homophones - aloud and allowed	Grandad likes Luke to read the newspaper aloud for him. Grandad is not allowed to interrupt when Luke is reading!												

LESSON	STARS	RELEVANT NOTES	CONTENTS
Q17	F / 4	i before e rule	Remember this useful rule: i before e, except after c. chief field thief achieve diesel piece belief niece relief receive ceiling receipt
Q18	F / 4		It was a relief when I found the piece of china I had given my niece. We believe that the thief had set out to deceive her when he went to the house to repair her ceiling.
Q19	BLANK	dictation - ie rule	The thief stole the bracelets. Then he ran off across the field to retrieve his diesel van. A fierce bull charged towards the thief whose chief aim was to escape.
Q20	F / 4	Q: <i>Which word means the opposite of older?</i> A: younger	I believe my Grandpa and his brothers got up to lots of mischief when they were boys. Their parents were poor so outgrown clothes were handed down to the younger children whenever possible.
Q21	F / 4	Q: <i>What time of year did Grandpa get his new suit?</i> A: autumn	One autumn Grandpa's parents bought him a brand new woollen suit. It was far too big. The trousers touched the floor and the jacket sleeves reached to the end of his fingers.
Q22	F / F / B		autumn touch jacket believe sleeves bought reached younger fingers outgrown mischief brother
Q23	F / 4		The following Sunday the whole family walked down the road to visit relatives. The boys wore their best clothes. Grandpa and his cousins were delighted when they were allowed out to play.
Q24	F / 4		The brothers searched for blackberries in the hedgerows. Then, the children came to a pond. They were amazed to see, just out of reach, a pair of football boots!

LESSON	STARS	RELEVANT NOTES	CONTENTS												
Q25	F / F / B		<table border="0"> <tr> <td>whole</td> <td>clothes</td> <td>wore</td> </tr> <tr> <td>visitor</td> <td>relative</td> <td>follow</td> </tr> <tr> <td>amazed</td> <td>families</td> <td>cousin</td> </tr> <tr> <td>hedgerow</td> <td>delighted</td> <td>allowed</td> </tr> </table>	whole	clothes	wore	visitor	relative	follow	amazed	families	cousin	hedgerow	delighted	allowed
whole	clothes	wore													
visitor	relative	follow													
amazed	families	cousin													
hedgerow	delighted	allowed													
Q26	F / F	homophones - hire and higher, hour and our	We hire a car and drive away from the coast for about an hour. Our route takes us higher and higher up into arid, mountainous countryside.												
Q27	F / 4	<p>Q: <i>Which word tells us that the log was heavy?</i> A: heaved</p>	The boys were desperate to get the boots. Grandpa was the boldest and the strongest so he heaved a log into the water. He carefully edged his way along the log towards the boots.												
Q28	F / 4		Grandpa knelt down to retrieve the floating boots but he lost his balance and toppled into the murky water. Up came a triumphant Grandpa covered in weed but clutching the football boots.												
Q29	F / F / B		<table border="0"> <tr> <td>float</td> <td>balance</td> <td>knelt</td> </tr> <tr> <td>boldest</td> <td>covered</td> <td>clutch</td> </tr> <tr> <td>retrieve</td> <td>discover</td> <td>heave</td> </tr> <tr> <td>strongest</td> <td>desperate</td> <td>murky</td> </tr> </table>	float	balance	knelt	boldest	covered	clutch	retrieve	discover	heave	strongest	desperate	murky
float	balance	knelt													
boldest	covered	clutch													
retrieve	discover	heave													
strongest	desperate	murky													
Q30	F / 4	<p>Q: <i>What did Grandpa put in his shoes?</i> A: newspaper</p>	What about the suit? Well, Grandpa had a brilliant idea. He sneaked back home and put his wet woollen suit in the oven to dry. He put newspaper in his shoes to soak up the water then he waited.												
Q31	F / 4		Grandpa was worried in case his parents missed him. However, the suit soon dried. He put on the trousers. Oh dear! The trouser legs didn't even reach his ankles! Now he wished he had never seen the pond.												
Q32	F / F / B		<table border="0"> <tr> <td>worried</td> <td>ankle</td> <td>suit</td> </tr> <tr> <td>trousers</td> <td>waited</td> <td>idea</td> </tr> <tr> <td>however</td> <td>woollen</td> <td>brilliant</td> </tr> <tr> <td>sneaked</td> <td>parents</td> <td>Grandpa</td> </tr> </table>	worried	ankle	suit	trousers	waited	idea	however	woollen	brilliant	sneaked	parents	Grandpa
worried	ankle	suit													
trousers	waited	idea													
however	woollen	brilliant													
sneaked	parents	Grandpa													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
Q33	BLANK	dictation -ain	The owner of the vintage car found that it was difficult to maintain. He thought that the car was a bargain until he tried to buy spare parts to repair it.												
Q34	F / F	homophones - war and wore	Frank and Sally got married during the war. Sally wore her best dress and Frank wore his uniform. After the wedding, they had a party in the village hall.												
Q35	F / 4	Q: <i>Which word means very old?</i> A: ancient	About five thousand years ago, in ancient Egypt, powerful kings called pharaohs ruled. The ancient Egyptians believed in life after death so they built great burial monuments called pyramids.												
Q36	F / 4		The pyramids were built from limestone. It came from quarries near the site. Large teams of workers hauled massive rocks up a wide ramp that ran around the outside of the pyramid.												
Q37	F / F / B		<table border="0"> <tr> <td>built</td> <td>Egypt</td> <td>haul</td> </tr> <tr> <td>massive</td> <td>ancient</td> <td>death</td> </tr> <tr> <td>powerful</td> <td>limestone</td> <td>pharaoh</td> </tr> <tr> <td>thousand</td> <td>monument</td> <td>pyramid</td> </tr> </table>	built	Egypt	haul	massive	ancient	death	powerful	limestone	pharaoh	thousand	monument	pyramid
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powerful	limestone	pharaoh													
thousand	monument	pyramid													
Q38	F / 4	punctuation - brackets Q: <i>How many syllables does the word pyramid have?</i> A: three	The largest pyramid in Egypt took about twenty years to construct. It was built by Pharaoh Khufu (Cheops). He was buried inside the pyramid along with furniture, food and valuable treasure.												
Q39	F / 4		Even living servants may have been sealed in the pyramid with Pharaoh Khufu. They probably knew all about the secret passages that were designed to protect the tomb from thieves.												
Q40	F / F / B		<table border="0"> <tr> <td>design</td> <td>thief</td> <td>tomb</td> </tr> <tr> <td>protect</td> <td>buried</td> <td>thieves</td> </tr> <tr> <td>probably</td> <td>servant</td> <td>passage</td> </tr> <tr> <td>construct</td> <td>furniture</td> <td>valuable</td> </tr> </table>	design	thief	tomb	protect	buried	thieves	probably	servant	passage	construct	furniture	valuable
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LESSON	STARS	RELEVANT NOTES	CONTENTS												
Q41	F / F	homophones - stares and stairs, sighs and size	Kojo stares at his shopping list, he still needs jeans. He strides up the stairs to the fashion department. He sighs. Unfortunately, there are no decent jeans in his size.												
Q42	F / 4		The ancient Egyptians farmed the fertile soil on the banks of the River Nile. They grew wheat, barley and beans in the hot climate. This communal work formed a strong society.												
Q43	F / 4	Q: <i>Can you type the word that means exchange?</i> A: barter	The people of ancient Egypt did not use money: they paid for everything by barter (exchange). The pharaoh demanded taxes. These were calculated according to how much land a person owned.												
Q44	F / F / B		<table border="0"> <tr> <td>barter</td> <td>Nile</td> <td>taxes</td> </tr> <tr> <td>society</td> <td>fertile</td> <td>wheat</td> </tr> <tr> <td>calculate</td> <td>climate</td> <td>barley</td> </tr> <tr> <td>everything</td> <td>Egyptian</td> <td>demand</td> </tr> </table>	barter	Nile	taxes	society	fertile	wheat	calculate	climate	barley	everything	Egyptian	demand
barter	Nile	taxes													
society	fertile	wheat													
calculate	climate	barley													
everything	Egyptian	demand													
Q45	F / 4	Q: <i>Can you type the adjective that describes the drill?</i> A: electric	Maria and Ricky went to the shopping centre. They bought a new iron and an electric drill at a stall where everything was reduced by fifty percent. They were quite certain that their purchases were bargains.												
Q46	F / 4		When Maria used the drill, it worked perfectly. However, when Ricky ironed his trousers there was a blue flash and all the lights went out. The main fuse had blown. The bargain iron was faulty.												
Q47	F / F / B		<table border="0"> <tr> <td>reduce</td> <td>fuse</td> <td>faulty</td> </tr> <tr> <td>bought</td> <td>iron</td> <td>perfect</td> </tr> <tr> <td>percent</td> <td>centre</td> <td>electric</td> </tr> <tr> <td>purchase</td> <td>certain</td> <td>bargain</td> </tr> </table>	reduce	fuse	faulty	bought	iron	perfect	percent	centre	electric	purchase	certain	bargain
reduce	fuse	faulty													
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purchase	certain	bargain													
Q48	F / F	homophones - drawer and draw, fir and fur	Pablo fetches pencils and paper from the drawer and goes to the park. He draws a squirrel eating a fir cone. It is difficult to draw its fur correctly.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
R1	F / 4	Q: <i>Who cooked supper?</i> A: Fran	Last August my friends and I decided to go camping in my uncle's field. We chose a sheltered hollow and pitched our tents. Fran cooked sausages for supper. They were slightly burnt but tasted wonderful.												
R2	F / 4		We finally fell into a deep sleep around midnight. All was quiet then something suddenly woke me. I could hear a strange noise outside the tent. I was so scared! It sounded like heavy footsteps.												
R3	F / F / B		<table border="0"> <tr> <td>field</td> <td>noise</td> <td>quiet</td> </tr> <tr> <td>August</td> <td>scared</td> <td>decide</td> </tr> <tr> <td>sudden</td> <td>pitched</td> <td>strange</td> </tr> <tr> <td>sheltered</td> <td>suddenly</td> <td>sausage</td> </tr> </table>	field	noise	quiet	August	scared	decide	sudden	pitched	strange	sheltered	suddenly	sausage
field	noise	quiet													
August	scared	decide													
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sheltered	suddenly	sausage													
R4	F / 4	Q: <i>Which word means the same as woke up?</i> A: roused	I roused my friends. The sounds got closer and we huddled together. How could we protect ourselves? We found our torches and finally plucked up enough courage to peep outside.												
R5	F / 4		We came face to face with a sheep munching grass. It was more scared than us: it ran off into the darkness bleating. We managed to doze off again but the eventful night was not over yet!												
R6	F / F / B		<table border="0"> <tr> <td>scare</td> <td>doze</td> <td>pluck</td> </tr> <tr> <td>rouse</td> <td>huddle</td> <td>torches</td> </tr> <tr> <td>finally</td> <td>protect</td> <td>manage</td> </tr> <tr> <td>bleating</td> <td>ourselves</td> <td>eventful</td> </tr> </table>	scare	doze	pluck	rouse	huddle	torches	finally	protect	manage	bleating	ourselves	eventful
scare	doze	pluck													
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R7	F / 4	Q: <i>Which word tells us that there was a lot of rain?</i> A: torrential	Just before dawn we were all woken again. This time we knew exactly what the noise was. Thunder rumbled overhead and torrential rain drummed on the flysheet. A flash of lightning lit our campsite.												
R8	F / 4		Imagine how we felt when we saw our hollow rapidly filling with muddy water! It was getting deeper every minute. The sheep had all retreated to higher ground. We wondered what to do.												

LESSON	STARS	RELEVANT NOTES	CONTENTS
R9	F / F / B		dawn woken retreat exact exactly rapidly minute lightning thunder imagine imaginary drummed
R10	F / F	homophones - source and sauce	The Italian chef likes to get his ingredients from a local source. He makes his pasta sauce with tomatoes bought from the grower in the village.
R11	F / 4	Q: <i>Does the word refuge mean the same as shelter?</i> A: yes	We realised that we must abandon the tents and seek refuge in my uncle's barn. Our main concern was to reach safety. We gathered essential items and waded through the swirling water.
R12	F / 4		The water flooded our wellies. Squelch squelch. We paddled through the fields to the farm on the ridge. Two dogs barked fiercely by the buildings. Fortunately they recognised me and wagged their tails.
R13	F / F / B		fierce fiercely paddle refuge concern building realise difficult abandon fortune fortunate unfortunate
R14	F / 4	Q: <i>Which word means stopped?</i> A: ceased	Aunt Joan was up already. She invited us in for some warming soup. My cousins lent us dry clothes. The rain ceased and, after a hearty breakfast, we returned to the campsite to inspect the damage.
R15	F / 4		Oh dear, what a sight! Our campsite was almost completely submerged. We could just see the tent poles sticking up. Our firewood was floating around in an ash coloured pool.
R16	F / F / B		ready already cease invite invited inspect colour coloured damage breakfast submerge campsite

LESSON	STARS	RELEVANT NOTES	CONTENTS												
R17	F / 5	Q: <i>Which word means the same as very big?</i> A: vast	Benjamin lives on the outskirts of a major city. He has always wanted to try hang-gliding. Nearby is a vast hill where people practise their hang-gliding skills. It's an exciting sport.												
R18	F / 5		When the weather is calm, the colourful sails of dozens of hang-gliders drift silently across the sky. Ben watches them longingly and wishes he too, could be soaring like a bird.												
R19	F / F / B		<table border="0"> <tr> <td>soar</td> <td>across</td> <td>watches</td> </tr> <tr> <td>vast</td> <td>dozens</td> <td>weather</td> </tr> <tr> <td>calm</td> <td>gliding</td> <td>practise</td> </tr> <tr> <td>major</td> <td>majority</td> <td>outskirts</td> </tr> </table>	soar	across	watches	vast	dozens	weather	calm	gliding	practise	major	majority	outskirts
soar	across	watches													
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R20	F / F	homophones - guessed and guest	Richard had not guessed who would be the guest at the ceremony. He felt proud to be receiving his certificate from such a famous celebrity.												
R21	F / 5	Q: <i>What time of day does Benjamin stack shelves?</i> A: evening	Hang-gliding is an expensive hobby but Ben really wants to learn. He gets an evening job stacking shelves in his local supermarket. He intends to earn enough money to pay for a set of lessons.												
R22	F / 5		It takes months for Ben to save up for the lessons. Finally, by the following summer, he has banked enough cash to pay for the first course. His hard work has paid off and he can start hang-gliding.												
R23	F / F / B		<table border="0"> <tr> <td>earn</td> <td>learn</td> <td>hobby</td> </tr> <tr> <td>real</td> <td>really</td> <td>month</td> </tr> <tr> <td>shelf</td> <td>shelves</td> <td>money</td> </tr> <tr> <td>supermarket</td> <td>Benjamin</td> <td>intend</td> </tr> </table>	earn	learn	hobby	real	really	month	shelf	shelves	money	supermarket	Benjamin	intend
earn	learn	hobby													
real	really	month													
shelf	shelves	money													
supermarket	Benjamin	intend													
R24	F / 5	Q: <i>Which word means the same as trainer?</i> A: instructor	Minda is Benjamin's instructor. She is highly qualified. She teaches Ben how to use the hang-gliding equipment correctly. There are many safety measures in place to prevent accidents.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
R25	F / 5		It's all quite complicated at first but Minda is tolerant and explains carefully. She demonstrates each step in detail. After twelve days of intensive training Ben is ready for his first flight.												
R26	F / F / B		<table border="0"> <tr> <td>safety</td> <td>tolerant</td> <td>explain</td> </tr> <tr> <td>careful</td> <td>carefully</td> <td>measure</td> </tr> <tr> <td>correct</td> <td>equipment</td> <td>instructor</td> </tr> <tr> <td>accident</td> <td>accidental</td> <td>accidentally</td> </tr> </table>	safety	tolerant	explain	careful	carefully	measure	correct	equipment	instructor	accident	accidental	accidentally
safety	tolerant	explain													
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R27	F / F	homophones - boarder and border, so and sew	The boarder disliked the short, faded curtains in her room so much that she decided to change them. She planned to dye them and sew on a striped border.												
R28	F / 5	Q: <i>What is the opposite of later?</i> A: earlier	Ben is excited and wakes up earlier than usual. He drives straight to the gliding club. His instructor watches intently while her pupil rigs and inspects the hang-glider.												
R29	F / 5		When everything has been checked, Ben dons his safety helmet and special suit. He steps into the machine, fastens his harness and prepares for takeoff. Now Ben's nerves start to show.												
R30	F / F / B		<table border="0"> <tr> <td>early</td> <td>earlier</td> <td>earliest</td> </tr> <tr> <td>nerve</td> <td>fasten</td> <td>special</td> </tr> <tr> <td>excite</td> <td>excited</td> <td>exciting</td> </tr> <tr> <td>harness</td> <td>prepare</td> <td>straight</td> </tr> </table>	early	earlier	earliest	nerve	fasten	special	excite	excited	exciting	harness	prepare	straight
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excite	excited	exciting													
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R31	F / 5	Q: <i>Can you type the word that means 'increasing speed'?</i> A: accelerating	Ben takes a deep breath. He runs downhill, accelerating the hang-glider to flying speed. Ben launches himself off the ground. Once Ben is airborne, he feels less worried and relaxes.												
R32	F / 5		Ben enjoys being transported by the power of the wind. He leans back in the harness and steers by moving his weight in line with the control bar. Warm air currents, called thermals, raise Ben skywards.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
R33	F / F / B		<table border="0"> <tr> <td>power</td> <td>relax</td> <td>relaxes</td> </tr> <tr> <td>weight</td> <td>launch</td> <td>thermal</td> </tr> <tr> <td>airborne</td> <td>breath</td> <td>breathe</td> </tr> <tr> <td>transport</td> <td>current</td> <td>skyward</td> </tr> </table>	power	relax	relaxes	weight	launch	thermal	airborne	breath	breathe	transport	current	skyward
power	relax	relaxes													
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R34	F / 5	<p>Q: <i>How many syllables does the word patchwork have?</i> A: two</p>	Ben finds that directing the hang-glider is much easier than he expected it to be. As he glides, he gazes in wonder at the view. A patchwork of fields, linked by threads of road, lie below him.												
R35	F / 5		After about three quarters of an hour, Ben decides to return to the club. He begins to make his descent by guiding the nose of the hang-glider to point downwards. He feels the frame jolt slightly.												
R36	F / F / B		<table border="0"> <tr> <td>guide</td> <td>guiding</td> <td>slightly</td> </tr> <tr> <td>direct</td> <td>directing</td> <td>quarter</td> </tr> <tr> <td>wonder</td> <td>patchwork</td> <td>threads</td> </tr> <tr> <td>control</td> <td>controlling</td> <td>descent</td> </tr> </table>	guide	guiding	slightly	direct	directing	quarter	wonder	patchwork	threads	control	controlling	descent
guide	guiding	slightly													
direct	directing	quarter													
wonder	patchwork	threads													
control	controlling	descent													
R37	F / F	homophones - there and their	The homophones there and their sound the same but have different meanings. The possessive form of their can be remembered by saying, "Their husbands eat in restaurants."												
R38	F / 5	<p>Q: <i>What is the opposite of temporary?</i> A: permanent</p>	Air whistles past Ben's ears and the ground rushes towards him. He struggles with the controls and lands rather bumpily. No permanent damage is done: Ben and the machine are all in one piece.												
R39	F / 5		Minda congratulates Ben on his maiden flight. It has been a great success. Ben is thrilled - hang-gliding is even better than he imagined. It's exhilarating and has been an amazing adventure.												
R40	F / F / B		<table border="0"> <tr> <td>struggle</td> <td>piece</td> <td>great</td> </tr> <tr> <td>bumpily</td> <td>maiden</td> <td>thrilled</td> </tr> <tr> <td>adventure</td> <td>machine</td> <td>success</td> </tr> <tr> <td>permanent</td> <td>amazing</td> <td>imagined</td> </tr> </table>	struggle	piece	great	bumpily	maiden	thrilled	adventure	machine	success	permanent	amazing	imagined
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LESSON	STARS	RELEVANT NOTES	CONTENTS												
S1	F / 5	ous	<p>The letters o u s together make the sound ous.</p> <table border="0"> <tr> <td>famous</td> <td>jealous</td> <td>fabulous</td> </tr> <tr> <td>nervous</td> <td>dangerous</td> <td>poisonous</td> </tr> <tr> <td>generous</td> <td>mountainous</td> <td>marvellous</td> </tr> </table>	famous	jealous	fabulous	nervous	dangerous	poisonous	generous	mountainous	marvellous			
famous	jealous	fabulous													
nervous	dangerous	poisonous													
generous	mountainous	marvellous													
S2	F / 5		<p>The hockey practice had been disastrous: rain poured continuously. Eventually, the practice was cancelled. Anita came home early to an empty house. She shivered and wondered what to eat.</p>												
S3	F / 5	<p>Q: <i>Which word tells us that the spaghetti was stuck together?</i> A: congealed</p>	<p>Anita was ravenous. She proceeded to raid the fridge. Much to her disappointment, it was practically empty. Only various bits of meat and the previous day's congealed spaghetti remained.</p>												
S4	F / F / B		<table border="0"> <tr> <td>shiver</td> <td>ravenous</td> <td>various</td> </tr> <tr> <td>practice</td> <td>spaghetti</td> <td>proceed</td> </tr> <tr> <td>eventually</td> <td>disastrous</td> <td>previous</td> </tr> <tr> <td>continuous</td> <td>practically</td> <td>cancelled</td> </tr> </table>	shiver	ravenous	various	practice	spaghetti	proceed	eventually	disastrous	previous	continuous	practically	cancelled
shiver	ravenous	various													
practice	spaghetti	proceed													
eventually	disastrous	previous													
continuous	practically	cancelled													
S5	F / F	homophones - court and caught, sighed and side	<p>The ball bounced out of the tennis court and Lily caught it. She sighed when yet another tennis ball landed at her side.</p>												
S6	F / 5	<p>Q: <i>Did Anita find anything delicious in the fridge?</i> A: no</p>	<p>As Anita scanned the fridge, it was obvious that anything remotely delicious was long gone. She decided to make chips. She poured oil into the fryer and turned it on. She peeled the potatoes.</p>												
S7	F / 5		<p>The sudden shrill of the telephone surprised Anita. She abandoned the potatoes and dashed into the hall to answer it. It was her boyfriend, George. He told Anita of his adventurous climbing trip.</p>												
S8	F / F / B		<table border="0"> <tr> <td>fridge</td> <td>shrill</td> <td>poured</td> </tr> <tr> <td>answer</td> <td>George</td> <td>potatoes</td> </tr> <tr> <td>obvious</td> <td>telephone</td> <td>abandon</td> </tr> <tr> <td>surprise</td> <td>adventurous</td> <td>delicious</td> </tr> </table>	fridge	shrill	poured	answer	George	potatoes	obvious	telephone	abandon	surprise	adventurous	delicious
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LESSON	STARS	RELEVANT NOTES	CONTENTS												
S9	F / 5		Anita forgot all about the oil heating up in the fryer. She chatted to George and listened to the fabulous tales of his journey. Numerous minutes passed before she returned to the kitchen.												
S10	F / 5	Q: <i>What is the opposite of exhale?</i> A: inhale	When Anita opened the kitchen door great gusts of acrid black smoke belched out at her. She inhaled the smoke. It made her choke and cough. She was now in serious trouble.												
S11	F / F / B		<table border="0"> <tr> <td>serious</td> <td>acrid</td> <td>fryer</td> </tr> <tr> <td>listened</td> <td>inhale</td> <td>cough</td> </tr> <tr> <td>fabulous</td> <td>journey</td> <td>trouble</td> </tr> <tr> <td>numerous</td> <td>belched</td> <td>minutes</td> </tr> </table>	serious	acrid	fryer	listened	inhale	cough	fabulous	journey	trouble	numerous	belched	minutes
serious	acrid	fryer													
listened	inhale	cough													
fabulous	journey	trouble													
numerous	belched	minutes													
S12	F / F	homophones - caught and court	The thief was caught trying to sell the gold watches. He appeared in court the following month and claimed that he was not guilty.												
S13	F / 5	Q: <i>How many syllables does the word immediately have?</i> A: five	Having slammed the door, Anita immediately ran to the phone. Without hesitating, she dialled 999 and asked for the Fire Brigade. She stood anxiously in the rain, waiting for the Emergency Services.												
S14	F / 5		After what seemed like an eternity, but was actually only a few minutes, sirens could be heard. The fire engines sped up the road and screeched to a halt outside Anita's smoky house.												
S15	F / F / B		<table border="0"> <tr> <td>halt</td> <td>smoky</td> <td>sped</td> </tr> <tr> <td>actually</td> <td>eternity</td> <td>siren</td> </tr> <tr> <td>brigade</td> <td>emergency</td> <td>anxious</td> </tr> <tr> <td>immediate</td> <td>hesitating</td> <td>screeched</td> </tr> </table>	halt	smoky	sped	actually	eternity	siren	brigade	emergency	anxious	immediate	hesitating	screeched
halt	smoky	sped													
actually	eternity	siren													
brigade	emergency	anxious													
immediate	hesitating	screeched													
S16	F / 5	Q: <i>Can you type the adjective used to describe the firemen?</i> A: courageous	The courageous firemen extinguished the fire quickly. The Chief Fire Officer explained to Anita that deep fat fryers need constant supervision, as they are extremely dangerous.												

LESSON	STARS	RELEVANT NOTES	CONTENTS
S17	F / 5		Anita nervously returned to the house to inspect the kitchen. It was in a terrible mess, especially where the flames had ignited her new curtains. Anita burst into tears.
S18	F / F / B		ignite extreme terrible special curtains nervous constant especially dangerous courageous supervision extinguish
S19	BLANK	dictation - ous	The promotion was a tremendous success. The ambitious caterers had created a delicious buffet. The centrepiece was a marvellous swan made of white chocolate.
S20	F / F	homophones - wore and war, wear and where	The soldiers wore heavy boots during the war so they needed to wear thick socks. Their feet frequently became sore where the socks had worn thin as they marched.
S21	F / 5	tion	The letters t i o n together make the sound tion. nation action station fiction potion fraction portion suction mention
S22	F / 5	Q: <i>Can you type the first word from the passage that uses the 'i before e rule'?</i> A: chief	My cricket team has an exhibition match against our chief rivals. I've sprained my ankle so I'm just an enthusiastic supporter. Our fielders take their positions and the match commences.
S23	F / 5		The opposition's reputation is outstanding but our captain is certain we can win. Their opening batsman scores only fifteen runs before being caught out. His frustration shows in his reaction.
S24	F / F / B		rival captain caught ankle commence certain position reputation reaction frustration enthusiastic supporter

LESSON	STARS	RELEVANT NOTES	CONTENTS												
S25	F / 5	Q: <i>What is the opposite of decrease?</i> A: increase	Our rivals underestimate the speed of our fielders. Their next batsman takes a mighty swing and runs, but gets stumped. These early successes increase our confidence and we play exceptionally well.												
S26	F / 5		The rival team are all out for a mere eighty-two runs. Our innings starts well. Our runs increase steadily then the opposition changes bowlers. Now we're in trouble.												
S27	F / F / B		<table border="0"> <tr> <td>mere</td> <td>merely</td> <td>bowler</td> </tr> <tr> <td>steadily</td> <td>opposition</td> <td>success</td> </tr> <tr> <td>increase</td> <td>exceptional</td> <td>fielders</td> </tr> <tr> <td>estimate</td> <td>underestimate</td> <td>confidence</td> </tr> </table>	mere	merely	bowler	steadily	opposition	success	increase	exceptional	fielders	estimate	underestimate	confidence
mere	merely	bowler													
steadily	opposition	success													
increase	exceptional	fielders													
estimate	underestimate	confidence													
S28	F / F	homophones - check and cheque, right and write	The restaurant bill is much more than I expected. I check the addition and find that the total is actually right. I write out a cheque reluctantly.												
S29	F / 5	Q: <i>Which word rhymes with palm?</i> A: calm	My team has forty-seven runs. Menacing black clouds loom. Amrish joins Louis on the pitch. This match is crucial but they stay calm. They focus their attention and score another thirty runs.												
S30	F / 5		The light is fading and the added distraction of distant thunder puts pressure on the situation. The ball strikes Louis' wicket. We all sigh with relief when the umpire calls a no-ball.												
S31	F / F / B		<table border="0"> <tr> <td>calm</td> <td>forty</td> <td>sigh</td> </tr> <tr> <td>wicket</td> <td>crucial</td> <td>focus</td> </tr> <tr> <td>menace</td> <td>umpire</td> <td>situation</td> </tr> <tr> <td>distraction</td> <td>pressure</td> <td>attention</td> </tr> </table>	calm	forty	sigh	wicket	crucial	focus	menace	umpire	situation	distraction	pressure	attention
calm	forty	sigh													
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distraction	pressure	attention													
S32	F / 5	Q: <i>Which word describes how the audience waited?</i> A: patiently	A flash of lightning reminds us that the storm is imminent. We probably have less than ten minutes of play left. The audience waits patiently in anticipation. Silence descends.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
S33	F / 5		Louis faces the bowler with grim determination. The first raindrops fall. Louis swings his bat and the ball whizzes towards the distant boundary. Yes! We've won and caused a sensation!												
S34	F / F / B		<table border="0"> <tr> <td>silent</td> <td>silence</td> <td>probably</td> </tr> <tr> <td>cause</td> <td>patient</td> <td>audience</td> </tr> <tr> <td>anticipation</td> <td>descend</td> <td>boundary</td> </tr> <tr> <td>determination</td> <td>sensation</td> <td>imminent</td> </tr> </table>	silent	silence	probably	cause	patient	audience	anticipation	descend	boundary	determination	sensation	imminent
silent	silence	probably													
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S35	F / F	homophones - minor and miner	A minor road led to the deserted gold mine. Years ago a tunnel had collapsed. Fortunately one miner had sounded the alarm early and a major disaster was avoided.												
S36	F / 5	Q: <i>In which country is the ski resort?</i> A: Switzerland	Stefan and Zeta drove into Switzerland. The route took them through narrow, winding mountain passes to the ski resort. During the journey, Stefan had been teasing Zeta with stories of the abominable snowman.												
S37	F / 5		Zeta didn't believe Stefan's scary tales. However, the headlights sweeping across the snowdrifts created moving shadows, which made her slightly nervous. She was relieved when they reached their destination.												
S38	F / F / B		<table border="0"> <tr> <td>route</td> <td>tease</td> <td>scary</td> </tr> <tr> <td>during</td> <td>create</td> <td>resort</td> </tr> <tr> <td>abominable</td> <td>relieve</td> <td>believe</td> </tr> <tr> <td>destination</td> <td>Switzerland</td> <td>creation</td> </tr> </table>	route	tease	scary	during	create	resort	abominable	relieve	believe	destination	Switzerland	creation
route	tease	scary													
during	create	resort													
abominable	relieve	believe													
destination	Switzerland	creation													
S39	F / 5		After an excellent night's sleep and a continental breakfast Stefan and Zeta felt ready to tackle the slopes. They laughed as they pulled on their salopettes and Stefan jokingly used his socks as skis to slide around the chalet.												
S40	F / 5	Q: <i>Which word means the top of a mountain?</i> A: summit	The two friends ventured outside. The temperature on a thermometer read minus eight degrees. As experienced skiers, they caught the cable car to the mountain summit. A black run lay before them.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
S41	F / F / B		<table border="0"> <tr> <td>laugh</td> <td>venture</td> <td>chalet</td> </tr> <tr> <td>minus</td> <td>experience</td> <td>degree</td> </tr> <tr> <td>excellent</td> <td>continental</td> <td>summit</td> </tr> <tr> <td>temperature</td> <td>thermometer</td> <td>jokingly</td> </tr> </table>	laugh	venture	chalet	minus	experience	degree	excellent	continental	summit	temperature	thermometer	jokingly
laugh	venture	chalet													
minus	experience	degree													
excellent	continental	summit													
temperature	thermometer	jokingly													
S42	F / 5	<p>Q: <i>Which word means the same as hidden?</i> A: obscured</p>	<p>The conditions had seemed ideal but Zeta and Stefan misjudged how treacherous the slope was. The recent snowfall had obscured a layer of ice and they found themselves hurtling towards a precipice.</p>												
S43	F / 5		<p>Zeta managed to turn and stop safely on the ice. Stefan however, landed awkwardly, yelling in pain. He discovered he couldn't get to his feet. In these temperatures, immediate action is essential for survival.</p>												
S44	F / F / B		<table border="0"> <tr> <td>survival</td> <td>recent</td> <td>safely</td> </tr> <tr> <td>essential</td> <td>obscure</td> <td>awkward</td> </tr> <tr> <td>precipice</td> <td>hurtling</td> <td>misjudge</td> </tr> <tr> <td>themselves</td> <td>conditions</td> <td>treacherous</td> </tr> </table>	survival	recent	safely	essential	obscure	awkward	precipice	hurtling	misjudge	themselves	conditions	treacherous
survival	recent	safely													
essential	obscure	awkward													
precipice	hurtling	misjudge													
themselves	conditions	treacherous													
S45	F / F	homophones - heard and herd	<p>We have had a drought this summer and the grass has begun to die. I heard that a local farmer has had to buy an expensive load of hay to feed his herd of cows.</p>												
S46	F / 5	<p>Q: <i>Can you type the word that has five syllables?</i> A: particularly</p>	<p>Although Stefan was still conscious, he was in serious danger. Another skier saw the accident and contacted the mountain rescue team. They acted particularly quickly: avalanches in that location are frequent.</p>												
S47	F / 5		<p>Within minutes Zeta heard the familiar sound of a helicopter. A paramedic descended on a rope ladder to assess Stefan's injury. The patient was put on a stretcher and hoisted into the hovering helicopter.</p>												
S48	F / F / B		<table border="0"> <tr> <td>hoist</td> <td>injury</td> <td>assess</td> </tr> <tr> <td>patient</td> <td>rescue</td> <td>familiar</td> </tr> <tr> <td>frequent</td> <td>conscious</td> <td>stretcher</td> </tr> <tr> <td>helicopter</td> <td>particularly</td> <td>paramedic</td> </tr> </table>	hoist	injury	assess	patient	rescue	familiar	frequent	conscious	stretcher	helicopter	particularly	paramedic
hoist	injury	assess													
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frequent	conscious	stretcher													
helicopter	particularly	paramedic													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
T1	BLANK	dictation - tion	Louise reads lots of fiction. She prefers literature with plenty of exciting action. Her ambition is to be a writer and she has entered a competition for young authors.												
T2	F / 5	the two ch sounds	<p>The letters c and h together make two sounds. Study the following words.</p> <table border="0"> <tr> <td>chunk</td> <td>teacher</td> <td>perch</td> </tr> <tr> <td>chrome</td> <td>scheme</td> <td>ache</td> </tr> <tr> <td>chemical</td> <td>orchid</td> <td>stomach</td> </tr> </table>	chunk	teacher	perch	chrome	scheme	ache	chemical	orchid	stomach			
chunk	teacher	perch													
chrome	scheme	ache													
chemical	orchid	stomach													
T3	F / 5	<p>Q: <i>Can you type the word that means funny?</i> A: comical</p>	Christine usually plays the saxophone in an orchestra. This week she must miss a practice to audition for a part in a Christmas pantomime. She would love to be one of the comical characters in Cinderella.												
T4	F / 5		The audition is tough but Christine's unique style sways her audience. Christine will wear an outrageous costume and cause chaos on stage by echoing everything another character says.												
T5	F / F / B		<table border="0"> <tr> <td>tough</td> <td>chaos</td> <td>echo</td> </tr> <tr> <td>comical</td> <td>unique</td> <td>character</td> </tr> <tr> <td>audition</td> <td>audience</td> <td>Christine</td> </tr> <tr> <td>saxophone</td> <td>outrageous</td> <td>pantomime</td> </tr> </table>	tough	chaos	echo	comical	unique	character	audition	audience	Christine	saxophone	outrageous	pantomime
tough	chaos	echo													
comical	unique	character													
audition	audience	Christine													
saxophone	outrageous	pantomime													
T6	F / 5		The pantomime dress rehearsal is demanding and the choreography session is extremely tiring. Christine has butterflies in her stomach. She develops a headache when the cast and the choir rehearse together.												
T7	F / 5	<p>Q: <i>How does Prince Charming look?</i> A: gorgeous</p>	The lighting technicians at the theatre use a blue spotlight to make the scheming ugly sisters look even more grotesque. Prince Charming looks gorgeous and Cinderella, as ever, is enchanted by his charisma.												

LESSON	STARS	RELEVANT NOTES	CONTENTS
T8	F / F / B		rehearsal session choir headache gorgeous theatre grotesque scheming charisma technician enchanted butterflies
T9	BLANK	dictation - ch as sound k	Christopher has stomach ache. He has eaten an enormous Christmas dinner. Unfortunately he will not be able to sing in the choir tonight.
T10	F / 5	Q: <i>Does a snake have an internal skeleton?</i> A: yes	The animal kingdom is divided into vertebrates and invertebrates. The vertebrates have internal skeletons and take up a mere 2-3% of animal species. Wolves, parrots, goldfish, snakes and toads are vertebrates.
T11	F / 5		Approximately 97% of animal species have no internal skeleton and are therefore invertebrates. The classification of invertebrates is complex. For example, the insect class includes beetles, ants and flies.
T12	F / F / B		include internal external percent complex example vertebrates invertebrates classify unclassified classification skeleton
T13	F / 5	Q: <i>How many syllables does the word ecosystem have?</i> A: four	A natural pond has its own ecosystem: its plants support a wide variety of aquatic creatures. The majority of inhabitants are invertebrates, but fish, frogs and newts may also live there.
T14	F / 5		The vegetation in a pond is consumed by microscopic plant-eating herbivores. They are preyed upon by minute meat-eating carnivores. These in turn are eaten by larger carnivores such as pond-skaters.
T15	F / F / B		natural aquatic creature variety majority minority ecosystem carnivore consumed microscopic herbivore vegetation

LESSON	STARS	RELEVANT NOTES	CONTENTS												
T16	F / 5		Pond-skaters possess water-repellent hairs on their legs. These specially adapted hairs enable them to skate across the surface of still water to prey upon tiny insects caught in the surface film.												
T17	F / 5	Q: <i>Which adjective means defenceless?</i> A: vulnerable	Another inhabitant of aquatic environments is the dragonfly nymph that hatches from dragonfly eggs. These aquatic nymphs lurk underwater for up to five years, hunting and gorging on vulnerable small fish.												
T18	F / F / B		<table border="0"> <tr> <td>lurk</td> <td>enable</td> <td>gorge</td> </tr> <tr> <td>nymph</td> <td>surface</td> <td>hatches</td> </tr> <tr> <td>repellent</td> <td>possess</td> <td>adapted</td> </tr> <tr> <td>inhabitant</td> <td>environment</td> <td>vulnerable</td> </tr> </table>	lurk	enable	gorge	nymph	surface	hatches	repellent	possess	adapted	inhabitant	environment	vulnerable
lurk	enable	gorge													
nymph	surface	hatches													
repellent	possess	adapted													
inhabitant	environment	vulnerable													
T19	F / 5		A mature dragonfly nymph climbs up a plant stem, its exoskeleton cracks and a beautiful dragonfly emerges. This transformation is called metamorphosis. Another example of this is a caterpillar turning into a butterfly.												
T20	F / 5	Q: <i>Can you type the correct term for people who study rocks?</i> A: geologists	Dragonflies belong to a very ancient species. They existed in prehistoric times. Geologists have found the fossilized remains of giant dragonflies in sedimentary rocks in various parts of the world.												
T21	F / F / B		<table border="0"> <tr> <td>beautiful</td> <td>emerges</td> <td>ancient</td> </tr> <tr> <td>fossilized</td> <td>sedimentary</td> <td>existed</td> </tr> <tr> <td>caterpillar</td> <td>metamorphosis</td> <td>geologist</td> </tr> <tr> <td>exoskeleton</td> <td>transformation</td> <td>prehistoric</td> </tr> </table>	beautiful	emerges	ancient	fossilized	sedimentary	existed	caterpillar	metamorphosis	geologist	exoskeleton	transformation	prehistoric
beautiful	emerges	ancient													
fossilized	sedimentary	existed													
caterpillar	metamorphosis	geologist													
exoskeleton	transformation	prehistoric													
T22	F / 6	Q: <i>Which word means tiredness?</i> A: fatigue	The wrestler Muscles Mike twists his wrist when he throws his opponent Physical Phil. Mike knocks his knuckles on the corner bar too. The piercing whistle shrills. Both wrestlers know that fatigue is setting in.												
T23	F / 6		Physical Phil grapples with Muscles Mike in the central area. They wrestle until Mike's thumb goes numb; he begins to stagger about. Will this be the end of Muscles Mike's reign as champion?												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
T24	F / F / B		<table border="0"> <tr> <td>fatigue</td> <td>reign</td> <td>knock</td> </tr> <tr> <td>grapple</td> <td>numb</td> <td>thumb</td> </tr> <tr> <td>opponent</td> <td>pierce</td> <td>wrestle</td> </tr> <tr> <td>champion</td> <td>whistle</td> <td>central</td> </tr> </table>	fatigue	reign	knock	grapple	numb	thumb	opponent	pierce	wrestle	champion	whistle	central
fatigue	reign	knock													
grapple	numb	thumb													
opponent	pierce	wrestle													
champion	whistle	central													
T25	F / 6	<p>Q: <i>Which adjective tells you that Phil is brave?</i> A: valiant</p>	When the bell rings for the last encounter, Physical Phil feels as if every limb is numb. Muscles Mike throws Physical Phil again but finally, at the last moment, valiant Phil gets to his knees then climbs to his feet.												
T26	F / 6		Phil is winded and can barely breathe. He recovers his breath. He knocks Mike down and kneels on him. Mike wriggles desperately but fails to achieve his escape.												
T27	F / F / B		<table border="0"> <tr> <td>escape</td> <td>climb</td> <td>limb</td> </tr> <tr> <td>valiant</td> <td>breath</td> <td>kneel</td> </tr> <tr> <td>breathe</td> <td>achieve</td> <td>finally</td> </tr> <tr> <td>encounter</td> <td>physical</td> <td>wriggle</td> </tr> </table>	escape	climb	limb	valiant	breath	kneel	breathe	achieve	finally	encounter	physical	wriggle
escape	climb	limb													
valiant	breath	kneel													
breathe	achieve	finally													
encounter	physical	wriggle													
T28	F / F	homophones - mussels and muscles	Fishermen catch all sorts of seafood including mussels and lobsters. The men develop strong arm muscles hauling in the catch.												
T29	F / 6	<p>Q: <i>Which word means not moving?</i> A: immobile</p>	The referee counts to ten. Phil struts around the arena looking triumphant while Mike lies immobile and exhausted. The referee declares Physical Phil the undisputed champion.												
T30	F / 6		Ghastly Gertie cheers wildly and scrambles through the ropes. She hugs Phil until his ribs creak. Phil is not enthusiastic - he wonders if perhaps winning was not such a good idea!												
T31	F / F / B		<table border="0"> <tr> <td>arena</td> <td>idea</td> <td>wonders</td> </tr> <tr> <td>immobile</td> <td>ghastly</td> <td>declares</td> </tr> <tr> <td>undisputed</td> <td>exhausted</td> <td>scramble</td> </tr> <tr> <td>enthusiastic</td> <td>triumphant</td> <td>exhaustion</td> </tr> </table>	arena	idea	wonders	immobile	ghastly	declares	undisputed	exhausted	scramble	enthusiastic	triumphant	exhaustion
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undisputed	exhausted	scramble													
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LESSON	STARS	RELEVANT NOTES	CONTENTS												
T32	BLANK	dictation - silent letters	It was autumn and the road was very slippery. Robert took a wrong turning and hit a road sign. He cut his knee and wrist. Robert was in no doubt that he was lucky to have climbed out of the wreckage of his car.												
T33	F / 6		Nick Foster and his sister Clare have decided to go to a concert next February. They search for tickets on the Internet. The website has plenty of information about their favourite musicians.												
T34	F / 6	Q: <i>Which word means buy?</i> A: purchase	Both Nick and Clare would have preferred to purchase tickets for the band's performance in Manchester. They are disappointed to discover that there are no seats available for this venue.												
T35	F / F / B		<table border="0"> <tr> <td>purchase</td> <td>discover</td> <td>internet</td> </tr> <tr> <td>favourite</td> <td>available</td> <td>preferred</td> </tr> <tr> <td>musicians</td> <td>information</td> <td>Manchester</td> </tr> <tr> <td>disappointment</td> <td>disappointed</td> <td>performance</td> </tr> </table>	purchase	discover	internet	favourite	available	preferred	musicians	information	Manchester	disappointment	disappointed	performance
purchase	discover	internet													
favourite	available	preferred													
musicians	information	Manchester													
disappointment	disappointed	performance													
T36	F / 6	Q: <i>Can you type the adjective that describes the reductions?</i> A: special	"That's a nuisance," says Clare. "I'm still desperate to see the band. Let's take advantage of the special reductions on flights to Glasgow." Much to Clare's satisfaction, some seats still remain for February 2nd.												
T37	F / 6		The earliest flight is scheduled to arrive three hours before the concert - perfect! Nick and Clare make reservations. They receive confirmation of their bookings and Nick posts off the necessary cheques.												
T38	F / F / B		<table border="0"> <tr> <td>cheque</td> <td>schedule</td> <td>concert</td> </tr> <tr> <td>desperate</td> <td>reduction</td> <td>Glasgow</td> </tr> <tr> <td>reservation</td> <td>advantage</td> <td>nuisance</td> </tr> <tr> <td>confirmation</td> <td>satisfaction</td> <td>necessary</td> </tr> </table>	cheque	schedule	concert	desperate	reduction	Glasgow	reservation	advantage	nuisance	confirmation	satisfaction	necessary
cheque	schedule	concert													
desperate	reduction	Glasgow													
reservation	advantage	nuisance													
confirmation	satisfaction	necessary													
T39	F / 6	Q: <i>Who rings Clare?</i> A: Chloe	Nick's mates are extremely envious. Clare's friend Chloe telephones and implores her to get the entire group's autographs. Clare is not optimistic about her chances but she promises to do her best.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
T40	F / 6		Chloe arrives early on February 2nd and drives Clare and Nick to the airport terminal. The departure lounge is jam-packed. Clare queues at a kiosk to buy a couple of burgers. They settle down to wait.												
T41	F / F / B		<table border="0"> <tr> <td>terminal</td> <td>kiosk</td> <td>queue</td> </tr> <tr> <td>departure</td> <td>envious</td> <td>couple</td> </tr> <tr> <td>autograph</td> <td>extremely</td> <td>entire</td> </tr> <tr> <td>optimistic</td> <td>jam-packed</td> <td>February</td> </tr> </table>	terminal	kiosk	queue	departure	envious	couple	autograph	extremely	entire	optimistic	jam-packed	February
terminal	kiosk	queue													
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autograph	extremely	entire													
optimistic	jam-packed	February													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
U1	F / 6	Q: <i>Can you type the word that rhymes with sketch?</i> A: stretch	When Nick and Clare board, they ask the steward if there is any possibility of being upgraded to Business Class. Much to their amazement, there are spaces. They stretch out in luxurious comfort.												
U2	F / 6		The woman occupying the seat near Nick looks familiar. Clare whispers, "That's the group's new publicity manager, Samira Jackson." The woman overhears. She is not embarrassed and introduces herself.												
U3	F / F / B		<table border="0"> <tr> <td>familiar</td> <td>introduce</td> <td>occupy</td> </tr> <tr> <td>business</td> <td>embarrass</td> <td>steward</td> </tr> <tr> <td>publicity</td> <td>possibility</td> <td>upgrade</td> </tr> <tr> <td>luxurious</td> <td>amazement</td> <td>manager</td> </tr> </table>	familiar	introduce	occupy	business	embarrass	steward	publicity	possibility	upgrade	luxurious	amazement	manager
familiar	introduce	occupy													
business	embarrass	steward													
publicity	possibility	upgrade													
luxurious	amazement	manager													
U4	F / 6	Q: <i>What delayed Samira's flight from Geneva?</i> A: fog	Samira says, "I've been in Geneva arranging the next tour. My flight was delayed by fog and I missed my flight connections. Fortunately I got a seat on this flight - it must have been a cancellation."												
U5	F / 6		Just before the end of the flight Samira says, "I've really enjoyed our conversation. Would you like to go backstage during the interval?" Nick and Clare eagerly accept this fabulous invitation.												
U6	F / F / B		<table border="0"> <tr> <td>Geneva</td> <td>cancel</td> <td>tour</td> </tr> <tr> <td>connection</td> <td>arrange</td> <td>eager</td> </tr> <tr> <td>cancellation</td> <td>delayed</td> <td>accept</td> </tr> <tr> <td>conversation</td> <td>invitation</td> <td>interval</td> </tr> </table>	Geneva	cancel	tour	connection	arrange	eager	cancellation	delayed	accept	conversation	invitation	interval
Geneva	cancel	tour													
connection	arrange	eager													
cancellation	delayed	accept													
conversation	invitation	interval													
U7	F / 6		At the venue Nick and Clare buy souvenir programmes and find their seats. The lights are dimmed. The audience waits impatiently. The group appears. The screaming and applause is deafening.												
U8	F / 6	Q: <i>What instrument does the soloist play?</i> A: guitar	The group plays Nick's favourite song. There's an amazing guitar solo. The chords echo around the stadium. The soloist is brilliant! Enthusiastic fans clap, cheer and stamp their feet.												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
U9	F / F / B		<table border="0"> <tr> <td>chord</td> <td>soloist</td> <td>echo</td> </tr> <tr> <td>guitar</td> <td>applaud</td> <td>appear</td> </tr> <tr> <td>brilliant</td> <td>programme</td> <td>applause</td> </tr> <tr> <td>impatient</td> <td>enthusiastic</td> <td>souvenir</td> </tr> </table>	chord	soloist	echo	guitar	applaud	appear	brilliant	programme	applause	impatient	enthusiastic	souvenir
chord	soloist	echo													
guitar	applaud	appear													
brilliant	programme	applause													
impatient	enthusiastic	souvenir													
U10	F / 6	<p>Q: <i>Can you type the word that tells us the group didn't mind signing their autographs?</i> A: cheerfully</p>	<p>During the interval Clare and Nick find Samira and she takes them backstage. It is hectic in there but the group cheerfully autograph their photographs in the souvenir programme.</p>												
U11	F / 6		<p>The band entertains the fans for another hour but all too soon the spectacular performance ends. Clare and Nick have had an extraordinary day. It was definitely worth the expense and tiresome journey.</p>												
U12	F / F / B		<table border="0"> <tr> <td>definite</td> <td>entertain</td> <td>hour</td> </tr> <tr> <td>expense</td> <td>backstage</td> <td>Clare</td> </tr> <tr> <td>tiresome</td> <td>photograph</td> <td>worth</td> </tr> <tr> <td>spectacular</td> <td>extraordinary</td> <td>hectic</td> </tr> </table>	definite	entertain	hour	expense	backstage	Clare	tiresome	photograph	worth	spectacular	extraordinary	hectic
definite	entertain	hour													
expense	backstage	Clare													
tiresome	photograph	worth													
spectacular	extraordinary	hectic													
U13	F / 6	<p>Q: <i>Can you type the word that means enormous?</i> A: colossal</p>	<p>The colossal space station Juno circled in silent orbit above the earth. It was the quiet hour before daybreak. The night duty officers were beginning to relax as they came to the end of their nocturnal shifts.</p>												
U14	F / 6		<p>Suddenly red emergency lights began to flash throughout the station and piercing alarms sounded. The startled officers leapt to their feet and immediately made for their various departments.</p>												
U15	F / F / B		<table border="0"> <tr> <td>leapt</td> <td>circled</td> <td>various</td> </tr> <tr> <td>quiet</td> <td>quieter</td> <td>quietest</td> </tr> <tr> <td>startled</td> <td>emergency</td> <td>officers</td> </tr> <tr> <td>beginning</td> <td>immediately</td> <td>piercing</td> </tr> </table>	leapt	circled	various	quiet	quieter	quietest	startled	emergency	officers	beginning	immediately	piercing
leapt	circled	various													
quiet	quieter	quietest													
startled	emergency	officers													
beginning	immediately	piercing													

LESSON	STARS	RELEVANT NOTES	CONTENTS												
U16	F / 6		On the bridge, Colonel Fabre gave the order for the viewing screens to be activated. Meanwhile, the first lieutenant was concentrating on reading out significant information received from the station sensors.												
U17	F / 6	Q: <i>How many syllables are in the word gigantic?</i> A: three	"Two gigantic spherical objects approaching Juno, moving at a high velocity" said Lieutenant Angellini. "Construction of no known material. No radioactive emissions sensed. No human life forms on board."												
U18	F / F / B		<table border="0"> <tr> <td>sphere</td> <td>spherical</td> <td>colonel</td> </tr> <tr> <td>material</td> <td>materially</td> <td>velocity</td> </tr> <tr> <td>significant</td> <td>insignificant</td> <td>gigantic</td> </tr> <tr> <td>informative</td> <td>concentrating</td> <td>received</td> </tr> </table>	sphere	spherical	colonel	material	materially	velocity	significant	insignificant	gigantic	informative	concentrating	received
sphere	spherical	colonel													
material	materially	velocity													
significant	insignificant	gigantic													
informative	concentrating	received													
U19	F / 6		The approaching objects were unlike anything Fabre had previously encountered. An unwelcome thought flashed through his mind - they resembled the imaginary UFOs he'd seen pictured in old books.												
U20	F / 6	Q: <i>What is the name of the space ship?</i> A: Juno	A metallic sounding voice crackled through the loudspeakers - "Calling Juno - are you receiving me?" Obviously, the message emanated from the alien objects. How much did the extraterrestrials know?												
U21	F / F / B		<table border="0"> <tr> <td>through</td> <td>crackled</td> <td>alien</td> </tr> <tr> <td>metallic</td> <td>previous</td> <td>obvious</td> </tr> <tr> <td>approach</td> <td>commander</td> <td>imagine</td> </tr> <tr> <td>imaginary</td> <td>imaginative</td> <td>resemble</td> </tr> </table>	through	crackled	alien	metallic	previous	obvious	approach	commander	imagine	imaginary	imaginative	resemble
through	crackled	alien													
metallic	previous	obvious													
approach	commander	imagine													
imaginary	imaginative	resemble													
U22	F / 6	Q: <i>Can you type the noun that means extraterrestrials?</i> A: aliens	The incoming speech was artificially produced, probably electronically. The choice of language was significant, the aliens undoubtedly knew more about Juno than they should. The crew felt threatened.												
U23	F / 6		Commander Fabre broke out in a hot sweat but he managed to control his voice and answered calmly enough, "Message received, please identify yourselves."												

LESSON	STARS	RELEVANT NOTES	CONTENTS												
U24	F / F / B		<table border="0"> <tr> <td>aliens</td> <td>answer</td> <td>sweat</td> </tr> <tr> <td>calmly</td> <td>enough</td> <td>choice</td> </tr> <tr> <td>doubted</td> <td>language</td> <td>identify</td> </tr> <tr> <td>probably</td> <td>artificial</td> <td>answered</td> </tr> </table>	aliens	answer	sweat	calmly	enough	choice	doubted	language	identify	probably	artificial	answered
aliens	answer	sweat													
calmly	enough	choice													
doubted	language	identify													
probably	artificial	answered													
U25	F / 6	<p>Q: <i>Can you type the word that means the opposite of decreased?</i></p> <p>A: increased</p>	<p>The unearthly voice replied, "This is the intergalactic space mission Hermes." The crew gazed at the viewing screen and watched as the shuttles drew nearer and nearer. The shuttles' dimensions increased rapidly.</p>												
U26	F / 6		<p>The images of the approaching alien spheres were very curious. As the alien craft drew nearer, they also seemed to become fainter and it was more difficult to see the details of their construction.</p>												
U27	F / F / B		<table border="0"> <tr> <td>faint</td> <td>fainter</td> <td>faintest</td> </tr> <tr> <td>shuttle</td> <td>curious</td> <td>increase</td> </tr> <tr> <td>images</td> <td>viewing</td> <td>interview</td> </tr> <tr> <td>mission</td> <td>permission</td> <td>admission</td> </tr> </table>	faint	fainter	faintest	shuttle	curious	increase	images	viewing	interview	mission	permission	admission
faint	fainter	faintest													
shuttle	curious	increase													
images	viewing	interview													
mission	permission	admission													
U28	F / 6		<p>Lieutenant Angellini was puzzled, "Wouldn't you expect clearer definition at close quarters?" The commander replied, "Perhaps the individual molecules of the UFOs are becoming farther apart."</p>												
U29	F / 6	<p>Q: <i>Which word means the same as brightness?</i></p> <p>A: radiance</p>	<p>The molecules of the UFOs flowed like water around the knobbly protrusions on the surface of the space station Juno. Now, only a diffused radiance was visible on the viewing screen.</p>												
U30	F / F / B		<table border="0"> <tr> <td>reply</td> <td>replied</td> <td>vision</td> </tr> <tr> <td>visible</td> <td>invisible</td> <td>surface</td> </tr> <tr> <td>molecules</td> <td>molecular</td> <td>definite</td> </tr> <tr> <td>definition</td> <td>definitely</td> <td>radiance</td> </tr> </table>	reply	replied	vision	visible	invisible	surface	molecules	molecular	definite	definition	definitely	radiance
reply	replied	vision													
visible	invisible	surface													
molecules	molecular	definite													
definition	definitely	radiance													
U31	F / 6		<p>All the space station personnel wondered what damage Juno had sustained. "Your orbital station has suffered no damage," said the electronic voice, which seemed to echo around the control room.</p>												

LESSON	STARS	RELEVANT NOTES	CONTENTS		
U32	F / 6	Q: <i>Who commands Hermes?</i> A: Cronan	"My name is Cronan, captain of the intergalactic spacecraft Hermes. Our spacecraft has expanded and Juno has been absorbed by us." This was alarming news to Juno's crew.		
U33	F / F / B		orbit voice absorb expanded	sustain bargain absorbent spacecraft	certain seemed suffered alarming
U34	F / 6	Q: <i>How many syllables are there in the word experiments?</i> A: four	Almost as though their thoughts had been instantly read, the eerie voice continued, " Please don't be alarmed. We mean you no harm. We merely wish to check up on our earlier biological experiments."		
U35	F / 6		"To what biological experiments are you referring?" enquired Juno's commander. Cronan answered, "A few thousand years ago, some brain transplants were added to humanoids on planet Earth."		
U36	F / F / B		merely biology instantly continued	transplant biological experiment discontinued	eerie planet earlier continual
U37	F / 6		With the awful realisation of the consequences of this becoming widely known on Earth, Fabre made an instant decision. This knowledge had to be suppressed, whatever the cost.		
U38	F / 6	Q: <i>Can you type the word that tells us Fabre's prayer was short?</i> A: brief	Fabre closed his eyes momentarily, said a brief silent prayer and then with firm resolve, he unlocked the security panel and stared at the self-destruct button.		
U39	F / F / B		panel secure destruct stared	panelled insecure destruction consequence	brief security resolve awful

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X1	F / F / B	keywords - art	tan mix	pen pink	cut red
X2	F / F / B	keywords - art	brush black	wax mask	craft print
X3	F / F / B	keywords - art	jar card hang	gold lemon string	fold dark scarlet
X4	F / F / B	keywords - art	life stone frame	plate shape carving	line scale shade
X5	F / F / B	keywords - art	wood silver paper	hook glass plaster	still dull sharp
X6	F / F / B	keywords - art	form paint modern	clay poster yellow	border display shadow
X7	F / F / B	keywords - art	brown mount maroon	space artist shiny	logo pencil crayon
X8	F / F / B	keywords - art	draw green drawing	canvas crimson landscape	fawn peach cream
X9	F / F / B	keywords - art	wire hues grey pattern	glue statue rubber pottery	blue white puppet rubbings

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X10	F / F / B	keywords - art	tie knife sketch painters	icon image orange candle	fabric board primary abstract
X11	F / F / B	keywords - art	model purple picture secondary	light needle mirror structure	dye gallery texture emerald
X12	F / F / B	keywords - art	balance sculpture foreground perspective	olive tonal mural design	colour thread scissors museum
X13	F / F / B	keywords - art	easel observe material montage	pastel sponge exhibition transparent	motif collage opaque sculptor
X14	F / F / B	keywords - art	palette portrait frontage dimension	ceramics artefacts masterpiece impressionist	ochre mauve turquoise plasticine
X15	F / F / B	keywords - general	Sunday Wednesday Saturday tomorrow	Monday Thursday today morning	Tuesday Friday yesterday afternoon
X16	F / F / B	keywords – general	January April July October	February May August November	March June September December

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X17	F / F / B	keywords - geography	sun map	gas land	flat west
X18	F / F / B	keywords – geography	farm wind	park crops	hill stars
X19	F / F / B	keywords – geography	lakes parts charts	frost rocks shops	food trade goods
X20	F / F / B	keywords – geography	wood living slopes	home gales polar	plants stones winter
X21	F / F / B	keywords – geography	north storm summer	sea rivers sunny	east beach spring
X22	F / F / B	keywords – geography	town railway rainbow	garden mining rainfall	rain atlas roads
X23	F / F / B	keywords – geography	soil local houses tropical	area places forests holidays	snow south climate animals
X24	F / F / B	keywords – geography	city build county factory	world floods country transport	range island lagoon galaxy

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X25	F / F / B	keywords – geography	design humans buildings mountain	ocean planets weather compass	graph quarry villages seasons
X26	F / F / B	keywords - geography	deserts regions mineral seasonal	valley autumn families landscape	oasis locality physical direction
X27	F / F / B	keywords – geography	British Great United Northern	Isles Britain Kingdom Ireland	Wales Europe England Scotland
X28	F / F / B	keywords – geography	freezing journeys agriculture temperature	latitude bungalow continent conservation	universe longitude barometer electricity
X29	F / F / B	keywords - geography	erosion equator agricultural occupations	meander settlements navigation continental	volcano universal motorway geography
X30	F / F / B	keywords - history	ago plot time	life long king	fact maps ships
X31	F / F / B	keywords - history	old army queen	days trade farming	shops rapid homes
X32	F / F / B	keywords – history	town pilgrim timeline	raids railway modern	fairs family market

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X33	F / F / B	keywords – history	lords Rome house	Nile royal church	age Pope Drake
X34	F / F / B	keywords – history	new Spain Anglo Scotland	war Greek Saxon Cromwell	Peel local years Wales
X35	F / F / B	keywords – history	rulers before Holland industry	work James village Empire	sailor artists Romans England
X36	F / F / B	keywords – history	navy people temple middle	bible young Viking transport	battle Alfred manor change
X37	F / F / B	keywords - history	era canal photo census	legend money London maritime	events Robert period months
X38	F / F / B	keywords – history	Guy festivals gunpowder Wellington	Fawkes famous voyage Columbus	myth legion century Newton
X39	F / F / B	keywords – history	Tudor Nelson Armada merchant	Celts Egypt hundred explorers	world Greece France museum

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X40	F / F / B	keywords – history	Victoria Christians Protestant Edwardian	nobility Cleopatra Victorians Washington	jubilee Charles Catholics Egyptian
X41	F / F / B	keywords – history	clothes Britons gradual buildings	route plague culture George	wealth locality Ireland Georgian
X42	F / F / B	keywords – history	Europe cathedral inventors centenary	source invasion Parliament generation	Stuart Britain original pioneers
X43	F / F / B	keywords – history	soldier ancient peasants Napoleon	heroes galleon Elizabeth revolution	society Raleigh Pharaoh national
X44	F / F / B	keywords – history	artefacts medieval aristocracy millennium	priests settlements civilization archaeologist	heroines monarchs conqueror engineers
X45	F / F / B	keywords - maths	big add	six tens	ten cash
X46	F / F / B	keywords - maths	noon clock	less date	plus take
X47	F / F / B	keywords – maths	tall week small	two five seven	age one nine

LESSON	STARS	RELEVANT NOTES	CONTENTS		
X48	F / F / B	keywords – maths	pint most away	day three chart	copy miles times
Y1	F / F / B	keywords – maths	sort ninety sixteen	today morning yesterday	short place penny
Y2	F / F / B	keywords – maths	units pound evening	kilo odd twenty	more sixty count
Y3	F / F / B	keywords – maths	four large afternoon seventeen	solve subtract fourteen nineteen	hour year pence eleven
Y4	F / F / B	keywords – maths	light forty thirty heavy	fifty table eight minus	night share match eighty
Y5	F / F / B	keywords – maths	metre graph second change	litre least value tomorrow	little month divide fifteen
Y6	F / F / B	keywords – maths	single twelve medium thirteen	half inches million eighteen	whole decimal multiply hundred
Y7	F / F / B	keywords – maths	minute balance fraction millimetre	ratio quarter thousand centimetre	algebra measure diagram calculator

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Y8	F / F / B	keywords - music	clap stop	fast song	long drum
Y9	F / F / B	keywords - music	sing play	bells string	wind brass
Y10	F / F / B	keywords – music	low rests scale trumpet	slow short quick conduct	tune beat pace notes
Y11	F / F / B	keywords – music	cue high listen shape	silent dance louder melody	loud score pitch count
Y12	F / F / B	keywords - music	vocal symbol concert classical	sounds silence recorder instrument	softly opera pause compose
Y13	F / F / B	keywords – music	folk echo voice harmony	quiet choral triangle percussion	piano calypso orchestra castanets
Y14	F / F / B	keywords - music	violin xylophone traditional tambourine	chord rhythm duration composer	choir guitar timbre cymbals
Y15	F / F / B	keywords - PE	go hop	tap run	up sit

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Y16	F / F / B	keywords – PE	in net	leg box	bat win
Y17	F / F / B	keywords – PE	kit lift skip	jog tilt stop	trip mats jump
Y18	F / F / B	keywords – PE	left hand swim	tuck limp bend	rest next back
Y19	F / F / B	keywords – PE	all kick stand	tall pick cross	body twist press
Y20	F / F / B	keywords – PE	wall pull slide	balls arms strong	ring push wave
Y21	F / F / B	keywords – PE	bars under swing bench	line pool start games	roll dive ropes shape
Y22	F / F / B	keywords – PE	low over finish inside	foot grow close beside	rules relax posts fingers
Y23	F / F / B	keywords – PE	curl move throw behind	out turn team water	leap lead gym space

LESSON	STARS	RELEVANT NOTES	CONTENTS
Y24	F / F / B	keywords - PE	goal head down partner high wait shorts linesman lose score corner outside
Y25	F / F / B	keywords – PE	right patch match shallow light catch hoops choose walk float effort follow
Y26	F / F / B	keywords – PE	safety stretch middle balance ties rotate together movements crawl length dance umpire
Y27	F / F / B	keywords – PE	towel front width watch floor field climb dodge final touch depth forward
Y28	F / F / B	keywords - PE	weight backwards trampoline competition centre referee bounce apparatus whistle racquet straight direction
Y29	F / F / B	keywords - RE	cup font God nuns crib Lent
Y30	F / F / B	keywords – RE	gold king sing good old cross
Y31	F / F / B	keywords – RE	age song Adam Eve hope home life Hell pray

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Y32	F / F / B	keywords – RE	evil nave Islam	feast bride Moses	new Eden groom
Y33	F / F / B	keywords – RE	holy leader children	father forgive harvest	light child story
Y34	F / F / B	keywords – RE	Hindu Roman Advent	Koran Baptist Mahatma	Jesus Rome Easter
Y35	F / F / B	keywords – RE	Passover mankind goodness	spire vicar belfry	altar Mary mother
Y36	F / F / B	keywords – RE	faith feelings testament	obey Christ Christmas	saint spirit Diwali
Y37	F / F / B	keywords – RE	enemy pilgrim carnival	birth conduct religion	praise church wicked
Y38	F / F / B	keywords – RE	values prayer wedding	morals respect charity	friend temple family
Y39	F / F / B	keywords – RE	parable baptism Nativity Reverend	Shrove beliefs worship Protestant	Bible death Hebrew Bethlehem

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Y40	F / F / B	keywords – RE	Heaven symbols disciple community	saviour religious Muhammad anniversaries	myrrh Israel emotions salvation
Y41	F / F / B	keywords – RE	Sikh rituals spiritual christening	Jew priests manger standards	hymn Pilate chapel funeral
Y42	F / F / B	keywords – RE	Egypt sacred honour bereavement	secular chancel Christian monastery	miracle mosque Creator marriage
Y43	F / F / B	keywords – RE	festivals Jerusalem sacrament pilgrimage everlasting thanksgiving	Catholic believers Samaritan individual friendship commandments	
Y44	F / F / B	keywords – RE	choir Buddha Whitsun synagogue ceremonies frankincense	psalm Judaism obedience crucifixion celebration responsibilities	
Y45	F / F / B	keywords - science	tap gas	hot melt	stem wind
Y46	F / F / B	keywords – science	cool cold	body mass	star moon

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Y47	F / F / B	keywords - science	filter plant green spring	food flower carbon melting	life orbit organ compost
Y48	F / F / B	keywords – science	lens bulb heat solids	acid metal living atoms	drugs water human acidic
Z1	F / F / B	keywords – science	float power planet magnetic	axis decay higher sounds	air diet light larger
Z2	F / F / B	keywords – science	waste earth greater animals	ozone genes growth nature	lunar litmus fossils change
Z3	F / F / B	keywords – science	fuel forces kidney mineral	cycle energy weight squash	heart pollen health liquid
Z4	F / F / B	keywords – science	residue weather chemical conductor	sensors element stomach intestine	vapour solvent oxygen pressure
Z5	F / F / B	keywords – science	gravity electron seasonal properties	science dioxide materials chemistry	alkali medical moisture medicine

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Z6	F / F / B	keywords – science	positive microbes condensing investigate	alkaline dissolve biological temperature	physics biology reaction negative
Z7	F / F / B	keywords – science	motion current physical digestion	solution molecule sulphuric reduction	symbol species velocity nitrogen
Z8	F / F / B	keywords – science	soluble neutral circuits catalyst filtration thermometer	crystal hygiene nutrient indicator oxidation preparation	
Z9	F / F / B	keywords - science	apparatus absorbent electrolysis distillation hydrochloric photosynthesis	expansion respiration atmosphere experiment acceleration evaporation	
Z10	F / F / B	keywords - social	no yes	me men	in on
Z11	F / F / B	keywords - social	left shut	car park	go stop
Z12	F / F / B	keywords - social	out push cross name	off pull open pardon	date keep days thank

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Z13	F / F / B	keywords - social	you way year number	fire now entry doctor	halt exit wait town
Z14	F / F / B	keywords - social	birth ladies danger timetable	police please excuse address	right closed public vacant
Z15	F / F / B	keywords - social	county engaged calendar accident	country warning surname telephone	month women poison seasons
Z16	F / F / B	keywords - social	emergency ambulance department conveniences	helicopter gentlemen paramedic trespassing	siren toilets hospital casualty
Z17	F / F / B	keywords - technology	pan gun	up nuts	card plan
Z18	F / F / B	keywords – technology	food stick	fold shape	drill make
Z19	F / F / B	keywords – technology	tube hooks under	parts bands spring	junk brush string
Z20	F / F / B	keywords – technology	bolts bench fixing	tapes boxes closing	bulb over tools

LESSON	STARS	RELEVANT NOTES	CONTENTS		
Z21	F / F / B	keywords – technology	paint moving battery	saw nails hammer	down paper straws
Z22	F / F / B	keywords – technology	glue knife switch	join idea build	paste fabric elastic
Z23	F / F / B	keywords – technology	hinge colour electric sellotape	control circuit product drawing	screws energy design handsaw
Z24	F / F / B	keywords – technology	staple texture instruct fasteners	diagram structure instruction component	dowel fasten thread needle
Z25	F / F / B	keywords - technology	arrange assemble adhesives flexibility	system scissors mechanism appearance	pulleys strength hygiene materials